# EFFECTIVE LEADERSHIP WITH VOLUNTEERS

Biddy Harford MNZM Chief Executive Te Omanga Hospice



### **Te Omanga Hospice**

- Providing services to the Hutt Valley community since 1979
- Registered as a Charitable Trust
- Our Vision
   Our Communities Receive Equitable, Responsive and Proactive Palliative
   Care Support
- Our Purpose
   To Provide or Facilitate Palliative Care Services to All People In Need
- Our Values
   Compassion, Learning, Partnership, Respect
- 60% funding from Government, 40% from Community



# **Te Omanga Hospice**





# What is Palliative Care?

**WHO Definition** 

- Provides relief from pain and other distressing symptoms
- Affirms life and regards dying as a normal process
- Intends neither to hasten nor postpone death
- Integrates the psychological and spiritual aspects of patient care
- Offers a support system to help patients live as actively as possible until death



# What is Palliative Care?

**WHO Definition** 

- Offers a support system to help the family cope during the patient's illness and in their own bereavement
- Uses a team approach to address the needs of patients and their families
- Will enhance quality of life and may also positively influence the course of illness
- Is applicable early in the course of illness, in conjunction with other therapies that are intended to prolong life



# Te Whare Tapa Wha

Sir Mason Durie 2011





#### **Our Services**

- Community Palliative Care Care of patients in their own home
- Inpatient Care Short-term Intensive Care for patients in our 8-bed Inpatient Unit
- Family Support Therapeutic support services
- Aged Residential Care Professional Clinical Support and education for staff in ARC by Clinical Nurse Specialists
- Primary Care Support Professional Clinical Support for GPs caring for their patients
- Education Patients, family and whānau, our workforce,
   Registered Nurses working in Aged Care, Primary Care, Hospital,
   Maori and Pacifica Services, Wellington Free Ambulance
- Specialist Consultancy Services Hutt Hospital, Wairarapa Palliative Care Service



# IN A YEAR...



28% SY OF PEOPLE OF PEOPLE OF PEOPLE OF HAD A NON-CANCER DIAGNOSIS















#### **Our Workforce**

#### 100 Paid Staff;

 Specialist Nurses, Doctors, Nurse Practitioner, Counsellors, Social Workers, Spiritual Carer, Occupational Therapist, Music Therapist, Art Therapist, Physiotherapist, Educators, Maori Liaison, Administration, Fundraising and Retail, Volunteer Management.

#### 500 Volunteer Staff;

 Housekeeping, kitchen support, gardening, patient, family & whanau support, bereavement and biography, retail and fundraising, reception and administration, maintenance, floral arrangers, palliative care assistants, drivers, governance







#### **Volunteers**

- Volunteers underpin and strengthen every aspect of our service
- Built on relationship person centred
- A vital part of our workforce complement and enhance the work of paid staff
- Understand the hospice philosophy
- Support the Vision, Purpose and Values of Te Omanga
- Are the 'ambassadors-at-large' for our service
- Bring diversity to our workforce
- Donate 38,000 hours of their time and talent
- Enable us to add in \$800,000 of additional services





# **Volunteer Employment Process**

- Application Form completed
- Interview with Manager Volunteer Services
- Ministry of Justice Police Check completed
- Referee Check completed
- Referral to appropriate Coordinator
- Invitation to next orientation workshop
- Entered into database
- Welcome pack sent
- Name Badge and Photo ID completed
- Appointed to position



# **Conducting Interview**

#### Purpose

To gain information about the volunteer -

- Motivation
- Abilities and skills
- Experience in related work
- Affiliations in the community
- Personality
- Physical capacity and emotional maturity
- Attitudes and feelings towards the position
- Willingness to accept the responsibilities of the role
- Organisational 'fit' with the hospice



### **Conducting Interview**

#### Purpose

To give the volunteer specific information -

- Outline of the role
- Place in the overall hospice volunteer programme
- Specific duties and skills
- Special training
- Time requirements
- Basic introduction to hospice philosophy and overview of local hospice organisational structure and services
- Help them to determine if they are a good 'fit' with the hospice





#### **Attributes**

Specific attributes for volunteers working with people at the end of their life –

- Empathy
- Openness to diversity
- Non-judgmental
- Self-awareness
- Work-life balance



#### **Attributes**

Negative indicators for volunteers wanting to work with patients –

- Lack of personal social support
- Unresolved past losses 1 year stand-down
- Concurrent personal stress
- Depressive and/or negative personality
- A strong need to preach (push own beliefs)
- Rigid beliefs





#### **New Workforce Orientation**

- Half Day Workshop held quarterly all new members of the team (paid and voluntary)
  - Mihi Whakatau welcomed to Te Omanga
  - Introduction to Te Omanga Hospice
  - What is Palliative Care Sensitive Communication, confidentiality & privacy
  - Infection Control, Patient Rights, Health & Safety & Wellbeing
  - Loss and Grief Self Care
  - Tour of Hospice



# **Training**

- Specific training in their chosen role
  - Family Support
  - Biography as a Therapy
  - Bereavement Support
  - Infection Control for House-keepers and Kitchen Support
  - Health & Safety for Gardeners including manual handling
  - Reception telephone, mail, Visitor Covid registration
  - Retail training using Eftpos and the cash register, safe handling of money, customer service, manual handling,
  - Truck-hands manual handling, health and safety





#### **Policies**

- Volunteers are specifically excluded from the Employment Relations Act.
- However, we follow good HR management principles for our volunteer workforce –
  - Employment agreements
  - Position descriptions
  - Training and supervision
  - Grievance handling advocating for volunteers
  - Performance appraisal by survey
- Volunteers are included in the Health & Safety in Employment Act and the Human Rights Act



# **Challenges**

- Aging volunteers who need to retire
- Breaking boundaries privacy and confidentiality
- Unreliability
- The grieving volunteer





# Recognition

- Monthly Newsletter
- Daily morning tea
- Volunteer Week small gift
- Regular meetings
- Supervision
- Ongoing training
- Birthday cards
- Christmas Party
- Annual Awards recognising years of service
- Exit Interview







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