

PLINTH TO PODIUM

PRESENTATIONS
AUT Akoranga: AF114

WORKSHOPS
AUT Akoranga: AA119

8:00 AM Registration

8:30 AM Welcome

8:35 AM Keynote 1: Dr. Enda King:
"The Role of 3D biomechanics in rehabilitation and RTP decision making after ACLR" (Video link)

9:15 AM Questions

9:25 AM Keynote 2: Prof Chad Cook:
"Can experienced physiotherapists identify which patients are likely to succeed with physical therapy treatment?" (Video link)

10:05 AM Questions

10:15 AM Morning Tea & Trade Stalls

10:45 AM Keynote 3: Dr. Melanie Hayman:
"Evidence-Based Physical Activity Guidelines for Pregnant Women" (Video link)

11:25 AM Questions

11:35 AM Peter Gallagher:
"Return to play decision making" (Video link)

12:10 PM Questions

12:20 PM Lunch & Trade Stalls

1:00 PM Dr. Marion Kennedy:
"Clinical anatomy of the shoulder bursae and factors that influence the subacromial and subcoracoid spaces"

1:40 PM Questions

1:50 PM Dr. Chris Hanna:
"Hip and groin pain in young athletes "

2:30 PM Questions

2:40 PM Afternoon Tea & Trade Stalls

3:10 PM Angus Ross:
"The spinal engine and sprint mechanics - Latest update"

3:50 PM Questions

4:00 PM Steve August:
"Musculoskeletal Chest Pain - A simple problem commonly misunderstood"

4:40 PM Questions

4:50 PM Conclusion

5:00 PM Sponsored Networking & Social Hour

7:00 PM Dinner - (Regatta Bar and Eatery Takapuna)

****Workshop attendees will be provided with a link to videos of presentations that they miss by attending the workshop****

9:25 AM Workshop 1: Jacinta Horan:
"Foot and ankle rehab workshop - Tips, tricks and things not to miss in foot and ankle rehab"

10:15 AM Morning Tea & Trade Stalls

11:35 AM Workshop 2: Hannah Orr:
"Mind the gap: Exercise and the pelvic floor"

12:20 PM Lunch & Trade Stalls

1:50 PM Workshop 3: Dr. Mark Laslett:
"The young athletic back pain patient"

2:40 PM Afternoon Tea & Trade Stalls

4:00 PM Workshop 4: Angus Ross:
"Enhancing the spinal engine with exercise"



SEP NZ SPORTS & EXERCISE
PHYSIOTHERAPY
NEW ZEALAND
IAKARANGA ME KORI TIKANGI YHAKANGI KORIKI AKORANGA



NZMPA
leaders in musculoskeletal physiotherapy