



Participant Information Sheet

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Project Title

Understanding current physiotherapy management of adolescents and young adults with hip pain / injury in New Zealand; a qualitative survey and development of an evidence-based care pathway

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This research has been approved by UCL Research Ethics Committee. Ethics ID 20229/001. Department: Great Ormond Street Institute of Child Health

An Invitation

Thank you for considering the opportunity to participate in this study. My name is Michelle Rellis and along with my supervisor Jennifer McCahill we are conducting a study to understand and document how physiotherapists in New Zealand are managing young patients with hip related pain and injury. We are also providing an existing care pathway for participants to read and comment on. A report will be produced summarising current physiotherapy management practices for this condition in New Zealand and based on comments provided by clinicians, recommendations will be made in relation to a New Zealand specific care pathway for future research and implementation.

Participation in this study is completely voluntary. Should participants choose to participate or not, will neither advantage nor disadvantage them.

What is the purpose of this research?

The purpose of this study is to understand how private practice physiotherapists in New Zealand are currently managing young patients with hip-related pain. Additional to this we are providing an existing care pathway for participants to read and comment on.

This project will advance our understanding of current practices within the physiotherapy profession in New Zealand. If you do choose to participate, you will be contributing to the development of a New Zealand based clinical care pathway for the management of young patients with hip related pain and injury which can directly improve quality of care, patient experience and safety.

The findings of this research may be used for academic publications and presentations.

How was I identified and why am I being invited to participate in this research?

The study will be administered through Physiotherapy New Zealand (PNZ) and associated special interest groups such as The New Zealand Manipulative Physiotherapists Association (NZMPA). Physiotherapy specific social media platforms will also be included.

Ideally to be a representative group, there needs to be inclusion of a wide range of physiotherapists, from a range of years of clinical experience and from a wide geographical diversity. By advertising the study in different groups (PNZ, NZMPA and social media groups) it is expected that this diversity will be reflected in the survey.

How do I agree to participate in this research?

Your participation in this research is voluntary (it is your choice) and whether or not you choose to participate will neither advantage nor disadvantage you. By completing and submitting this survey you are agreeing to have your answers used in the study.

You can withdraw from the study during the survey. However, once responses from the survey have been submitted online, removal of your data may not be possible. Consent will be gained through completing the online Consent Form prior to commencing the survey.

Additionally, before commencing each round of the survey, you will be asked if they wish to proceed with the survey.

If you would like to participate in this study please click on the survey link.

What will happen in this research?

Advertisements will contain a direct hyperlink to the survey (using online survey software). Upon clicking the link, you will be required to complete a consent form. Once you have consented, you will be directed straight to the online survey where you will be asked to read a case example of a typical presenting patient with hip pathology. You will be asked six questions in relation to this case example. Details required from each respondent are non-identifiable and will include your number of years of physiotherapy practice, level of education, geographical location and area of practice (private/hospital based).

You will be asked if you wish to continue to the second phase of the study by way of a checked box. If you agree to continue and proceed to phase 2 of the study, you will be required to read an existing evidence-based care pathway and asked to comment on it.

These questions will be:

1. What would work well? Is there any information you would modify or add?
2. What would not work well? What barriers can you predict to implementing this into your clinical practice.

This method will enable full anonymous data. Participants will remain anonymous to each other and to the primary investigator enabling them to share their own thoughts without judgement. All data will be stored securely by the primary investigator and destroyed after a period of two years.

What are the discomforts and risks?

There are no anticipated discomforts or risks with completing this survey.

What are the benefits?

The nature of the study will allow individuals to reflect on their own practices in light of the report generated from all participant responses as well as the recommendations for future implementation of a New Zealand specific care pathway produced at the end of the study. Therefore, the results of this research may contribute to reshaping the scope of physiotherapists in their individual fields.

How will my privacy be protected?

There will be no personal information that could identify you as an individual in this study. All the information that is provided by you will be treated as confidential and strict access will only be available to the researchers and yourself upon request. All data will be anonymised. Participants will not be identified to the researcher but will be anonymised to other participants as well.

What are the costs of participating in this research?

There will be no financial cost to participants if you decide to participate in this research, other than your time.

What opportunity do I have to consider this invitation?

This is an online survey. Please make sure you thoroughly read the advertisement. You can ask questions by emailing the researcher prior to clicking on the link to continue to the next phase. After reading this information sheet, you are encouraged to email the researcher with any concerns or considerations again before you decide to participate.

What do I do if I have any complaints/concerns?

In first instance, you should contact the primary investigator. Then if you are not satisfied you can contact UCL Research Ethic Committee ethics@ucl.ac.uk

Whom do I contact for further information about this research?

Please keep this Information Sheet and a copy of the Consent Form for your future reference. You are also able to contact the researcher as follows:

Researcher Contact Details:

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Primary Investigator (project supervisor) Jennifer McCahill j.mccahill@ucl.ac.uk