

# WĀTAKA PROGRAMME



## Day Tahi / One – Rāmere 9 Mahuru 2022 / Friday 9 September 2022

TIME	SESSION		
7.30 – 8.30am	<b>Room: Sigma</b> NZ Journal of Physiotherapy <i>Editorial Team</i>		
9.00 – 10.00am		<b>Room: Skellerup</b> The art and science of health coaching <i>Prof Grant Schofield</i>	<b>Room: Opus International</b> Supporting the sting in the tail: Screening, assessment, and management of Long COVID <i>Sarah Rhodes and Fy Dunford</i>
10.00 – 10.30am	<b>Mihi Whakatau</b>		
10.30 – 11.00am	<b>Welcome and conference opening</b>		
	<b>Chair:</b> Peter Christie <b>Room:</b> Bay Trust Forum		
11.00 – 12.30pm	<b>Marquee Speaker</b> <i>Jennifer Ward-Lealand</i>		
12.30 – 1.30pm	<b>LUNCH AMONGST EXHIBITION</b>	<b>AUT Sponsored Lunch Session</b> <b>Chair:</b> Daniel O'Brien <b>Room:</b> Skellerup	<b>LBP Session – University of Otago</b> <b>Chair:</b> Cathy Chapple <b>Room:</b> Sigma
	<b>Chair:</b> Emma Webb <b>Room:</b> Bay Trust Forum		
1.30 – 2.30pm	<b>Keynote: The unique perspective that health should not be patient centred but environment centred</b> <i>Dr Ihirangi Heke</i>		

2.30 – 3.30pm	<b>CONCURRENT SESSION 1</b>			
	<b>Concurrent 1A</b> <b>Chair:</b> Blake Taylor <b>Room:</b> Bay Trust Forum	<b>Concurrent 1B</b> <b>Chair:</b> Jen Mephum <b>Room:</b> Skellerup	<b>Concurrent 1C</b> <b>Chair:</b> Chris Bloomfield <b>Room:</b> Opus International	<b>Concurrent 1D</b> <b>Chair:</b> Kelly Davison <b>Room:</b> Works Infrastructure
2.30 – 3.00pm	The intersection of racism and equity in Aotearoa New Zealand <b>Ricky Bell</b>	The place of inspiratory muscle training across various conditions: How reducing breathlessness frees our patients to do more with their lives! <b>Bernie Bissett</b>	ACC presentation	Optimising our use of telehealth while maintaining our professional energy <b>Fiona Graham</b>
3.00 – 3.30pm	Tulaga vae: Physiotherapy's Pacific past, present and future <b>Oka Sanerivi</b>	Preparation and support for physical activity engagement following CABG surgery: A survey of current practice in New Zealand (15 min) <b>Dr Emily Gray</b>  Perceptions of a physical activity and text messaging programme for adults with obstructive sleep apnoea (15 min) <b>Dr Sarah Rhodes</b>	Opportunities for enhancing health and performance in the female "athlete" <b>Jacinta Horan</b>	A hybrid model of rehabilitation in mild traumatic brain injury: A co-design process (15 min) <b>Prof Denise Taylor</b>  Use of telehealth video appointments for re-assessment of lymphoedema patients: Acceptability to patients (15 min) <b>Dr Gloria Paterson</b>
3.30 – 4.00pm	<b>AFTERNOON TEA AMONGST EXHIBITION</b>			
	<b>Chair:</b> Jacinta Horan <b>Room:</b> Bay Trust Forum			
4.00 – 5.00pm	<b>Keynote: Return to sport after musculoskeletal injury</b> <i>Dr Clare Ardern</i>			
5.00 – 7.00pm	<b>Welcome reception</b>			

## Day Rua / Two – Rāhoroi 10 Mahuru 2022 / Saturday 10 September 2022

TIME	SESSION				
8.15 – 8.30am	<b>Welcome and housekeeping</b>				
	<b>Chair:</b> Gisela Sole <b>Room:</b> Bay Trust Forum				
8.30 – 9.30am	<b>Keynote: Serious Pathology - Sharing the Journey</b> <i>Laura Finucane</i>				
	<b>Chair:</b> Grant Chittock <b>Room:</b> Bay Trust Forum				
9.30 – 10.10am	ACC presentation <i>Megan Main, CEO ACC</i>				
10.10 – 10.30am	PNZ Awards				
10.30 – 11.00am	<b>MORNING TEA AMONGST EXHIBITION</b>				
11.00 – 12.30PM	<b>CONCURRENT SESSION 2</b>				
	<b>Concurrent 2A</b> <b>Chair:</b> Peter Larmer <b>Room:</b> Bay Trust Forum	<b>Concurrent 2B</b> <b>Chair:</b> Jessie Snowden <b>Room:</b> Skellerup	<b>Concurrent 2C</b> <b>Chair:</b> Annalees Jones <b>Room:</b> Opus International	<b>Concurrent 2D</b> <b>Chair:</b> Janice Mueller <b>Room:</b> Works Infrastructure	<b>Concurrent 2E</b> <b>Chair:</b> Miranda Buhler & Witana Petley <b>Room:</b> Sigma
11.00 – 11.30am	Emerging: How the new health system is shaping and the role of physiotherapy <b>Martin Chadwick</b>	Optimising ageing <b>Prof Ngaire Kerse</b>	ACL non-surgical management: Challenging dogma <b>Kieran Richardson</b>	He kawa whakaruruhau ā matatau Māori: Māori cultural safety and competence standard Professional Boundaries Standard (including sexual and emotional), it can be a slippery slope <b>Physio Board</b>	<b>Fishbowl presentation</b> Children are not little adults but does everyone know that? (45 min) <b>Brigitte Eastwood</b>

## CONCURRENT SESSION 2 CONTINUED

11.30 - 12.00pm	<p>Using evidence to build back and neck pain explanations <b>Ben Darlow</b></p>	<p>Physical activity messaging for Kiwi blokes with acquired disability <b>Ally Calder</b></p>	<p>Physiotherapy treatment after anterior cruciate ligament reconstruction improves subjective ratings of knee symptoms and function (15 min) <b>Wayne Fausett</b></p> <p>Escalated Care Pathways - a vision for the future of Physiotherapy (15 min) <b>Dr Duncan Reid</b></p>	<p>Drivers and barriers to the development of Advanced Physiotherapy Practitioner roles in New Zealand (15 min) <b>Dr Leena Naik</b></p> <p>What matters most to newly qualified physiotherapists as they navigate their emerging professional identity? (15min) <b>Amy Neal, Vishaka Murthy</b></p>	<p>Tae Ora Tinana hosted Kōrero <b>Vaea Ulima Tofi</b></p>
12.00 - 12.30pm	<p>Co-designing an osteoarthritis patient guidebook for Aotearoa New Zealand: More than just pretty pictures (15 min) <b>Dr Daniel O'Brien</b></p> <p>Co-constructing a website for people with shoulder pain and health providers (15 min) <b>Dr Gisela Sole</b></p>	<p>What helps or hinders falls prevention in residential aged care (5 min) <b>Elizabeth Binns</b></p> <p>Cognitive and falls prevention exercise combined for people living in residential aged care (5 min) <b>Elizabeth Binns</b></p> <p>Outcomes of in-home strength and balance falls prevention programme (5 min) <b>Joanna King</b></p> <p>The Gait &amp; Balance App: A mobile solution for assessing balance (5 min) <b>Dr Sharon Olsen</b></p>	<p>Current perspectives of New Zealand physiotherapists on rehabilitation and return to sport following anterior cruciate ligament reconstruction: A survey (5 min) <b>Wayne Fausett</b></p> <p>Barriers and facilitators for physiotherapists engaging with the careway escalated care pathway pilot programme (5 min) <b>Dr Duncan Reid</b></p> <p>Barriers and facilitators encountered by physiotherapists when managing patients with rotator cuff tears (5 min) <b>Assoc Prof Dan Ribeiro</b></p> <p>Musculoskeletal chest pain prevalence in emergency department presentations: A retrospective case notes review (5 min) <b>Moreton Dacombe-Bird</b></p>	<p>Waka Hourua: A Bicultural Kaitiakitanga Model for Physiotherapy Practice and Professional Supervision (5 min) <b>Dianne Otene</b></p> <p>Utilizing Cultural Humility in the development of a Culturally Safe Workplace (5 min) <b>Witana Petley</b></p> <p>Facilitating student learning of supported self-management in healthcare practice (5 min) <b>Michael Gudgeon &amp; Libby McConnell</b></p> <p>"Someone Like Anyone Else": A Qualitative Exploration of New Zealand Health Professional Students' Understanding of Disability (5 Min) <b>Sadhana Ravichandran</b></p>	<p>Lessons Māori led early childhood centres can share to improve paediatric health service - perceptions of caregivers of Māori children attending Māori centred childcare (5 min) <b>Mieka Taylor</b></p> <p>Family centred care – what does it mean and why physiotherapists should care (5 min) <b>Lizz Carrington</b></p> <p>A conceptual model to enhance collaborative goal setting for children with disability in education (5 min) <b>Leanne Robinson</b></p> <p>International Classification of Function supporting a mindset change when working with longer term disability (5 min) <b>Leanne Robinson</b></p>

12.30 – 1.30pm	LUNCH AMONGST EXHIBITION	Special General Meeting (Sandra / PNZ) Room: Works Infrastructure		CRSIG Meeting Room: Sigma	
	Chair: Heather Griffin Room: Bay Trust Forum				
1.30 – 2.30pm	Keynote: Why physiotherapists need to consider mental health when supporting people with self-management Sharon Lawn				
2.30 – 3.00pm	CONCURRENT SESSION 3				
	Concurrent 3A Chair: Leigh Hale Room: Bay Trust Forum	Concurrent 3B Chair: Rory Christopherson Room: Skellerup	Concurrent 3C Chair: Michael Zo Room: Opus International	Concurrent 3D Chair: Ben Darlow Room: Works Infrastructure	Concurrent 3E Chair: Brigitte Eastwood Room: Sigma
2.30 – 3.00pm	Teamwork and conflict management: working constructively in the 'space between' people Jean Hay-Smith	Mobilizing transformative action in physiotherapy: privilege - critical allyship - collective liberation Stephanie Nixon	The effect of age, sex, thoracic kyphosis and height on acromiohumeral and coracohumeral distances - an ultrasonographic study (15 min) Stephanie Woodley  Subacromial Bursitis and Shoulder pain: Exploring the predictors for a negative anaesthetic response (15 min) Sarah Betteridge	Developing an interdisciplinary pathway of care for New Zealanders with temporomandibular disorders (15 min) Dr Carrie Falling, Matthew Dick  Evaluating the cervical spine in concussion. A scoping review of standardised concussion evaluation tools (15 min) Dr Ewan Kennedy	Impact of Person-Centred Care on delivery of the Diabetes Community Exercise Programme (DCEP) (15 min) Chris Higgs  Implementation of a lifestyle programme for people living with type 2 diabetes: Lessons learnt (15 min) Prof Leigh Hale

## CONCURRENT SESSION 3 CONTINUED

3.00 – 3.30pm	Digital technology: improving access to our expertise and our services <b>Sarah Mitchell</b>	LGBTQAI + Health: invisible barriers to access <b>Anna Mason-MacKay</b>	Clinicians' perspectives on interventions of a feasibility trial: an implementation-based process evaluation study (5min) <b>Assoc Prof Dan Ribeiro</b> Diagnosis and management of shoulder pain by New Zealand physiotherapists: a national survey (5min) <b>Assoc Prof Dan Ribeiro</b> Moving the wounded hand: the role of silicone in wound care (5min) <b>Ms Gail Donaldson</b>	Dysfunction of the Stress Response in individuals with Persistent Post-Concussion Symptoms: A Scoping Review (5 min) <b>Gerard Farrell</b> Predictive factors associated with outcomes for Low Back Pain patients managed within an Escalated Care Pathway (5 min) <b>Darragh Kenny</b> Safety Netting for Cauda Equina Syndrome. Development of Māori & Pasifika language specific red flag information (5 min) <b>Jackie Wickham</b>	Giving patients agency over their rehabilitation: The effectiveness of self-guided web-based interventions to improve physical activity for people with chronic health conditions: A systematic review and meta-analysis (5 min) <b>Nicola Saywell</b> High intensity interval training improves aerobic fitness and surgical risk stratification in abdominal cancer sufferers (5 min) <b>Dr Grant Mawston</b> A sub-maximal exercise test to predict aerobic fitness using ratings of perceived exertion in cancer sufferers taking beta-blockers (5 min) <b>Dr Grant Mawston</b>
<b>3.30 – 4.00pm</b>	<b>AFTERNOON TEA AMONGST EXHIBITION</b>				
	<b>Chair:</b> Gisela Sole <b>Room:</b> Bay Trust Forum				
4.00 – 5.00pm	<b>Keynote: Five levers for a good life: eat, sleep, move, breath, cold</b> <i>Prof Grant Schofield</i>				
7.00pm – Late	<b>Conference Dinner</b>				

# Day Toru / Three – Rātapu 11 Mahuru 2022 / Sunday 11 September July 2022

TIME	SESSION				
8.15 – 8.30am	<b>Welcome and housekeeping</b> <i>Conference MC</i>				
	<b>Chair:</b> Nicola Saywell <b>Room:</b> Bay Trust Forum				
8.30 – 9.30am	<b>Keynote: Is physical activity good or bad for the pelvic floor?</b> <i>Prof Kari Bo</i>				
9.30 – 10.30am	<b>CONCURRENT SESSION 4</b>				
	<b>Concurrent 4A</b> <b>Chair:</b> Gloria Paterson <b>Room:</b> Bay Trust Forum	<b>Concurrent 4B</b> <b>Chair:</b> David Rice <b>Room:</b> Skellerup	<b>Concurrent 4C</b> <b>Chair:</b> Stephanie Woodley <b>Room:</b> Opus International	<b>Concurrent 4D</b> <b>Chair:</b> Andy Schmidt <b>Room:</b> Works Infrastructure	<b>Concurrent 4E</b> <b>Chair:</b> Sarah Rhodes <b>Room:</b> Sigma
9.30 – 10.00am	Enhancing wellbeing by tackling burnout <b>Dr Fiona Moir</b>	Focussed Symposium Pain sensitivity assessment and clinical management in musculoskeletal disorders <b>Assoc Prof Niamh Moloney, Dr Martin Rabey , Dr Darren Beales</b>	Adapting a qualitative descriptive rehabilitation research method to support a Māori-centred approach (15 min) <b>Kate Charlesworth, hiannon Barlow</b>  Physiotherapist and patient perceptions of stratified acute low back pain care in New Zealand (15 min) <b>Dr Cathy Chapple</b>	Strategies to improve service level outcomes for low back pain in the emergency department (5 min) <b>Simon Davidson</b>	Variability of Cough Assist (MI-E) service provision across New Zealand for people with neuromuscular disorders (15 min) <b>Dr Meredith Perry</b>  Trials and tribulations of non-incremental, clinician-led practice change – Revolution, not evolution: two case studies (15 min) <b>Daniel Seller</b>



10.00 – 10.30am	<p>Management of women with pregnancy-related pelvic girdle pain: an international Delphi study (15 min)  <b>Dr Daniela Aldabe</b></p> <p>The experiences of physiotherapists working through COVID-19 lockdowns in Aotearoa New Zealand (15 min)  <b>Jennifer Mephram</b></p>		<p>Implementation of Tikanga Māori into clinical physiotherapy treatment. Experiences and Recommendations (5 min)  <b>Tali Wilson-Munday</b></p> <p>Implementation of a First Contact Musculoskeletal Physiotherapy Service in a New Zealand Emergency Department (5 min)  <b>Jackie Wickham</b></p> <p>Community Orthopaedic Triage: earlier assessment and intervention through physiotherapy-led Orthopaedic clinics (5 min)  <b>Catherine Willis</b></p> <p>Māori therapists' perspectives of device and programme requirements for effective upper-limb robotic rehabilitation following stroke (5 min)  <b>Kate Charlesworth, Rhiannon Barlow</b></p>	<p>We do it best: managing low back pain patients in an Emergency Department setting (5 min)  <b>Fiona Gutschlag</b></p>	<p>CAM We Do It? – Use of Cough Assist Machines in an Acute Setting (15 min)  <b>Vedanth Majaraj</b></p>
10.30 – 11.00am	MORNING TEA AMONGST EXHIBITION				

11.00 – 12.00pm		CONCURRENT SESSION 5			
	<b>Concurrent 5A</b> <b>Chair:</b> Ally Calder <b>Room:</b> Bay Trust Forum	<b>Concurrent 5B</b> <b>Chair:</b> Duncan Reid <b>Room:</b> Skellerup	<b>Concurrent 5C</b> <b>Chair:</b> Grant Chittock <b>Room:</b> Opus International	<b>Concurrent 5D</b> <b>Chair:</b> Dusty Quinn <b>Room:</b> Works Infrastructure	<b>Concurrent 5E</b> <b>Chair:</b> Elizabeth Binns <b>Room:</b> Sigma
11.00 – 11.30am	Focussed Symposium Supported self-management: why it's hot and what it's not <b>Prof Leigh Hale,</b> <b>Dr Meredith Perry,</b> <b>Dr Emily Gray</b>	Exercise in chronic pain conditions: how does it work, for whom, and how might we improve its effectiveness? <b>Assoc Prof David Rice</b>	Osteoarthritis: a side effect of living <b>Dr Daniel O'Brien</b>	Using real-world data to develop a research project: Case study from across the ditch (5 min) <b>Simon Davidson</b>  Strategies to improve service level outcomes for low back pain in the emergency department (5 min) <b>Simon Davidson</b>	Navigating the virtual world: Reliability of the triangle completion test in the real-world and in virtual reality (15 min) <b>Ruth McLaren</b>  Urinary incontinence management after stroke: An exploratory qualitative study of physiotherapy practices in Aotearoa New Zealand (15 min) <b>Dr Daniela Aldabe</b>

11.30 – 12.00pm		<p>Next generation physiotherapy: Functional activation using Virtual Reality in chronic pain management (15 min) <b>Cat Pollard</b></p> <p>Tailored versus standardized rehabilitation for patients with shoulder pain: a feasibility randomized controlled trial (15min) <b>Assoc Prof Dan Ribeiro</b></p>	<p>Does treatment received for hip or knee pain and osteoarthritis conform to guideline recommendations? (5 min) <b>Prof J. Haxby Abbott</b></p> <p>Service audit of optimisation of non-surgical intervention for osteoarthritic knee patients at Waitematā DHB (5 min) <b>Dr Leena Naik</b></p> <p>Learnings on the use of telehealth to deliver a multidisciplinary osteoarthritis optimisation pathway during COVID lockdown (5 min) <b>Lottie Matteucci</b></p> <p>Use of Physiotherapy Clinical Outcome Measurement in Telerehabilitation in New Zealand: A qualitative study (5 min) <b>Dr Nusratnaaz Shaikh</b></p>	<p>Strength training as treatment for low back pain: a scoping review (5 min) <b>Simon Davidson</b></p> <p>A scoping review of guidelines and pathways for managing low back pain in New Zealand <b>Dr Julia Hill</b></p> <p>Where do New Zealanders with low back pain seek healthcare? (5 min) <b>Dylan Kay, Jacob Gordon</b></p>	<p>The impact of desire-to-void and urinary incontinence on dual-task performance during gait on older women (5 min) <b>Dr Daniela Aldabe</b></p> <p>Visual Fixations and Visually induced dizziness: An exploratory study (5 min) <b>Prof Denise Taylor</b></p> <p>Autonomic dysfunction alters heart rate responses during non-contact boxing in Parkinson's disease (5 min) <b>Dr Grant Mawston</b></p>
	<p><b>Chair:</b> Peter Christie <b>Room:</b> Bay Trust Forum</p>				
12.00 – 1.00pm	<p><b>Marquee Speaker</b> <i>Cam Calkoen</i></p>				
1.00 – 1.15	<p><b>Conference closing</b></p>				
1.15pm	<p><b>ICE CREAMS TO FINISH</b></p>				

