

# Physiotherapy Outcomes Study: Clinic Info Sheet

## What is it?

The aim of the physiotherapy outcomes study is to assess the benefits of capturing patient reported health outcomes at different stages of physiotherapy treatment. This will help determine the value of physiotherapy in improving the health and wellbeing of clients.

## Will participation in the study benefit me?

The information gathered from the surveys will help physiotherapists to understand and guide the best physiotherapy treatment for their clients.

## What clients are eligible?

- Clients need to be over 18 years old and seeking treatment for a new **musculoskeletal** condition.
- Clients are **NOT** eligible if they have been referred for, or are undergoing treatment under, an ACC rehabilitation contract (Concussion Service, Vocational Rehabilitation Services, Pain Management Service, Escalated Care Pathway, or Training for Independence).

*To help ensure only eligible clients join, this information has been included in all surveys.*

## What is involved?

Clients can choose to participate by:

- **Clicking on the survey link** that will be integrated into your initial appointment email (or text) and completing the initial survey regarding their condition and health, **prior to their first appointment (if possible)**. If on arrival at the clinic they have not completed the survey but wish to do so, you may also offer a QR code (for their own device) or clinic tablet to enable them to complete their initial survey while waiting for their appointment.
- Clients will be **sent follow up survey rounds** at set intervals after completion of their initial survey (6 weeks, 3 months and 6 months). These will be sent automatically through the survey provider (Cemplicity). Clinics and physiotherapists can help to increase uptake by encouraging patients to complete these follow up surveys.

Clients' participation is voluntary, and they can withdraw from future participation in the study by unsubscribing from the survey invitations at any time.

## Further Information

For further information please visit the PNZ website:

[pnz.org.nz/pnz-outcomes-pilot](https://pnz.org.nz/pnz-outcomes-pilot) or direct any questions to [outcomespilot@physiotherapy.org.nz](mailto:outcomespilot@physiotherapy.org.nz)

Information on this website includes:

### For Clinics and Physiotherapists

- Clinic Process Diagram – explaining the different steps in the process
- Clinic FAQs

### For Clients

- Client Information Sheet (1 pager which is the equivalent to this sheet for clients)
- Client Journey Diagram – explaining the different steps in their survey journey
- Client FAQs