

# Physiotherapy Outcomes Study: Client Info Sheet

## What is it?

The aim of the physiotherapy outcomes study is to assess whether information can be collected from people accessing physiotherapy, to evaluate how their health changes with treatment.

## Will participation in the study benefit me?

The information gathered from the surveys will help your physiotherapist to understand and guide the best physiotherapy treatment for you.

## How do I know if I am eligible?

- You need to be over 18 years old, and your condition affects your muscles, bones, tendons, ligaments, or joints.
- You are NOT eligible if you have been referred for, or are undergoing treatment under, an ACC rehabilitation contract\*\* (Concussion Service, Vocational Rehabilitation Services, Pain Management Service, Escalated Care Pathway, or Training for Independence).

*\*\*Please speak to reception or your physiotherapist if you are unsure if you are being treated under an ACC rehabilitation contract.*

## What will it involve?

If you choose to participate, you will be asked to fill out a short survey regarding your condition and health.

You will receive follow up survey invitations at 6 weeks, 3 months and 6 months following completion of your initial survey. This is so we can see if and how much your health condition has changed since undergoing physiotherapy treatment.

Your participation is voluntary, and you can withdraw from future participation in the study at any time.

## Who will have access to the information collected?

This study is covered under the Privacy Act, which means your personal information will be protected and only used for the purpose of this study.

- **Cemplicity NZ Limited** (survey provider) will hold your personal information for the duration of the study, after which time your personal information will be securely transferred to your Physiotherapy Clinic and deleted from Cemplicity's system.
- **Your Physiotherapy Clinic and Physiotherapist** will have access to your information and survey responses to enable them to guide your treatment.
- **Physiotherapy New Zealand** will have access to summary/aggregated information only, not your personal information.

For further information please visit the Physiotherapy New Zealand website:

[pnz.org.nz/pnz-outcomes-pilot](https://pnz.org.nz/pnz-outcomes-pilot) or direct any questions to [outcomespilot@physiotherapy.org.nz](mailto:outcomespilot@physiotherapy.org.nz)