



**Functional Examination and Treatment of Temporomandibular utilising using Mobilisation with Movement**

**Date:** Saturday 20 and Sunday 21 April 2024

**Presented by:** Mark Oliver

On completion of this course, participants should:

- Have a good understanding of the applied anatomy of the orofacial bony, ligamentous, and neuromuscular systems as they relate to the TMJ
- Have an appreciation of relevant neuroscience and pain neuroscience relating to the TMJ and orofacial region
- Have an understanding of the etiology of TMJ neuromusculoskeletal disorders
- Have a good understanding of how whole-body function and posture can contribute to TMJ dysfunction
- Be aware of the current literature related to physical examination and treatment of the TMJ (up-to-date reference list provided)
- Have a good understanding of the Mulligan concept of MWM and its clinical reasoning process
- Be able to confidently perform an essential evaluation of the TMJ and related orofacial musculature
- Be able to perform basic TMJ MWW and self-MWM treatment techniques
- Be able to design and implement individualized neuromuscular exercise and “brain game” programs for the TMJ and, when indicated, integrate them into a whole-body exercise program
- Have an appreciation of how physical therapists should fit into a multi-disciplinary team treating TMD

- Be aware of other relevant forms of treatment for orofacial pain and dysfunction in a biopsychosocial context.

**Participants must:**

- Have a sound knowledge of human anatomy, biomechanics, and neurophysiology
- Be fully aware of the contraindications to manual therapy and adhere to appropriate examination and treatment guidelines
- Comply with the most critical Mulligan Concept guideline - when applying an MWM technique, if it elicits pain, DO NOT PROCEED
- Possess competent handling and communication skills to facilitate patient compliance with instructions
- Treat other participants with the same care and respect accorded to patients
- Take personal responsibility for any conditions you may have that might be exacerbated by practicing manual therapy skills - INFORM YOUR FELLOW PARTICIPANTS