

PNZ Physiotherapy Outcomes Study Membership Update - March 2024

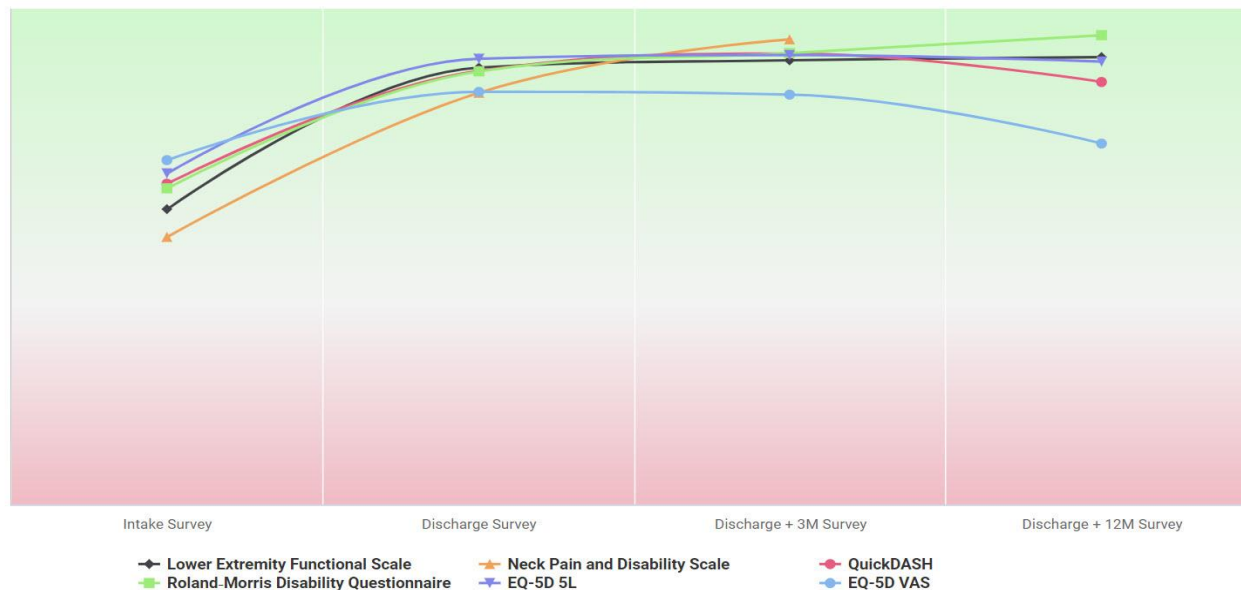
The Physiotherapy Outcomes Study is a scoping study to ascertain the viability and benefits of capturing patient reported physiotherapy outcomes in real-time at different stages of physiotherapy treatment. The study is now at full capacity with 30 clinics on board including two Te Whatu Ora sites.

Data from the first year shows clinically meaningful improvements across all outcome measures following physiotherapy. These changes remain stable 3 months after discharge.

Below are images of the reporting portal demonstrating trends of the national aggregate data for Version 1 of the systems Patient Reported Outcome Measures (PROMs) across set timepoints. Participating clinics can view this data, alongside their own individual clinic outcomes.

Aggregate view of 5 patient PROMs

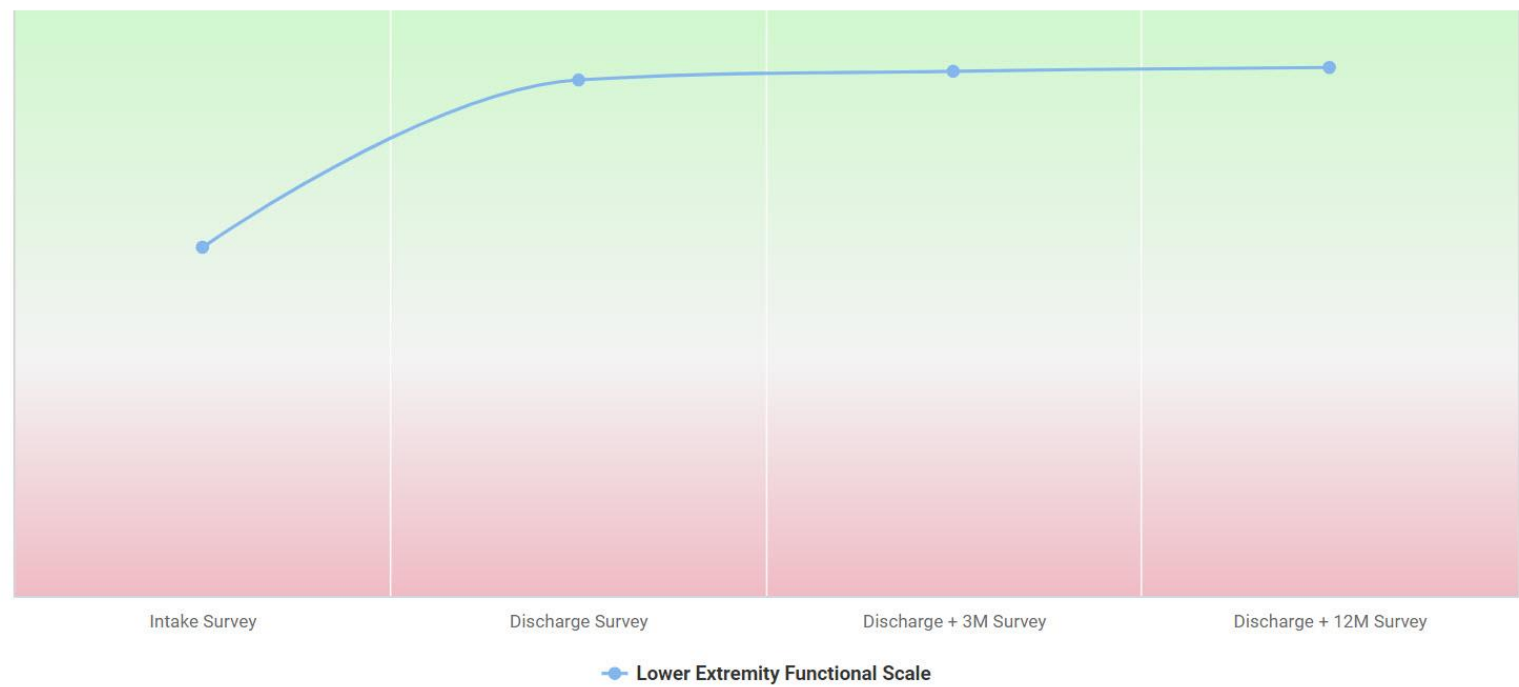
PROM score progression over the patient journey



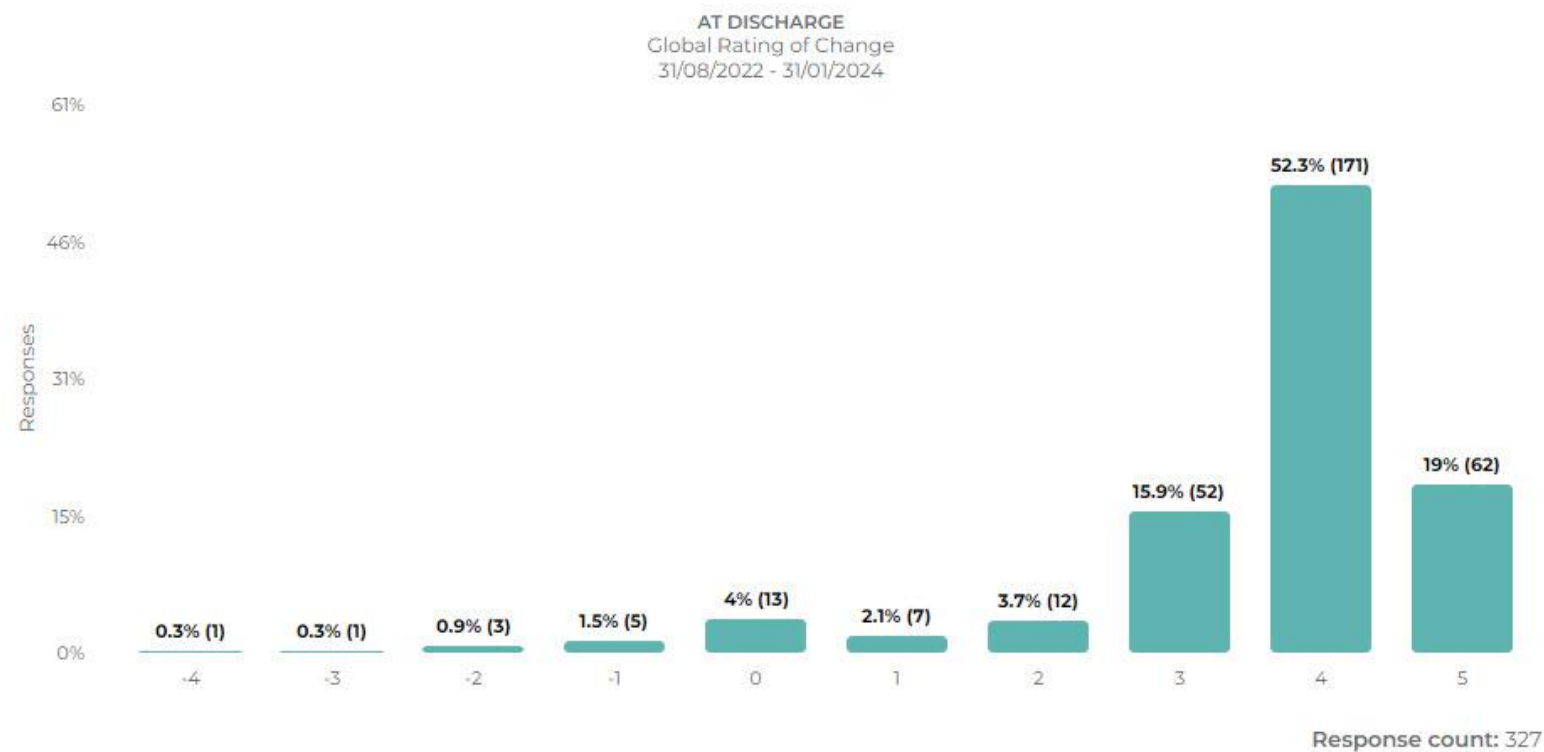
Each individual outcome measure can be viewed by the physiotherapist.

Lower Extremity Functional Scale

PROM score progression over the patient journey

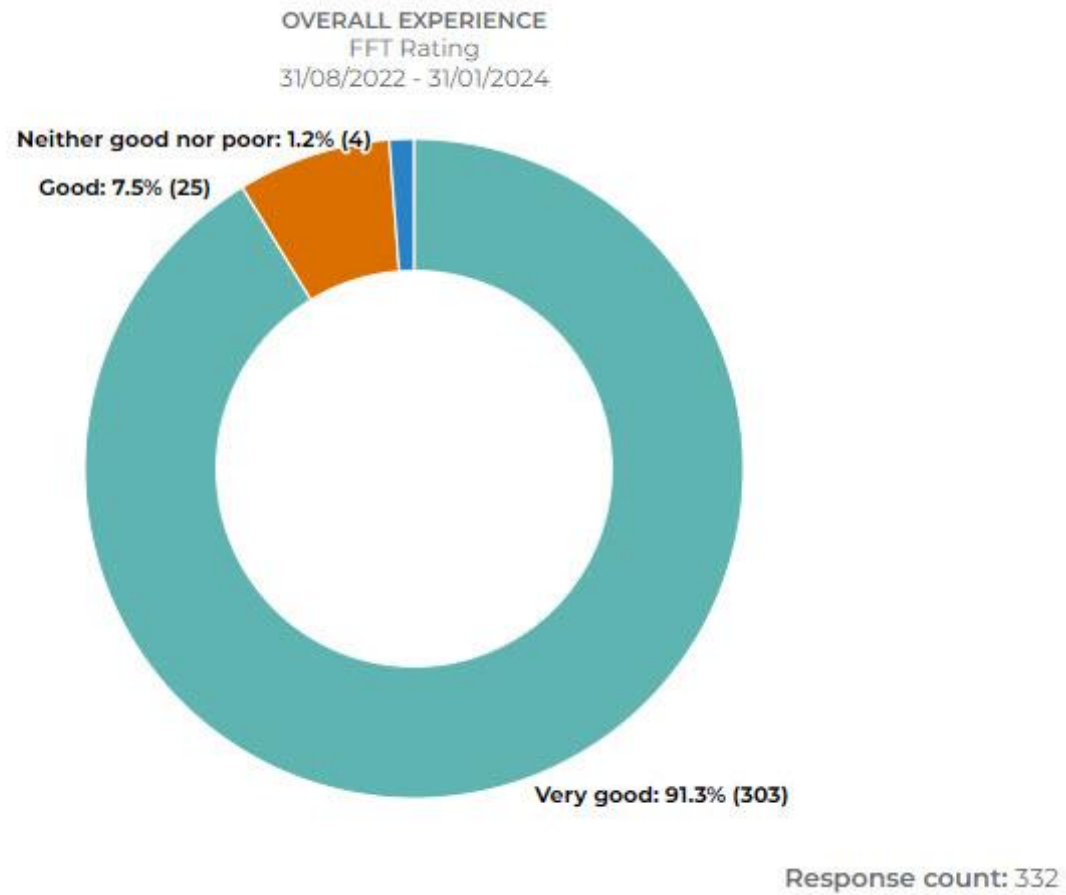


Global Rating of Change (GROC)



NHS Friends and Family Test

The Patient Reported Experience Measure (PREM) is positive with no responses in the 'poor', or 'very poor' categories.



Version 2 of the system is now being utilised by all clinics and has addressed the technical challenges encountered in Version 1. A new dashboard that enables clinics to see the national data set, alongside their own clinic's outcomes is now live. This includes an equity dashboard. Details of this will be published in the April edition of Physio Matters.

Next Steps

The Study is now in its second year evaluating whether a system to collect physiotherapy outcomes data is sufficiently feasible and useful for practices.

The second year aims to gather sufficient data to demonstrate consistent, sustainable outcomes across public and private clinics and determine the potential value of a National Physiotherapy Outcomes Registry.