



# Physiotherapy New Zealand Conference 2016

CONFERENCE HANDBOOK

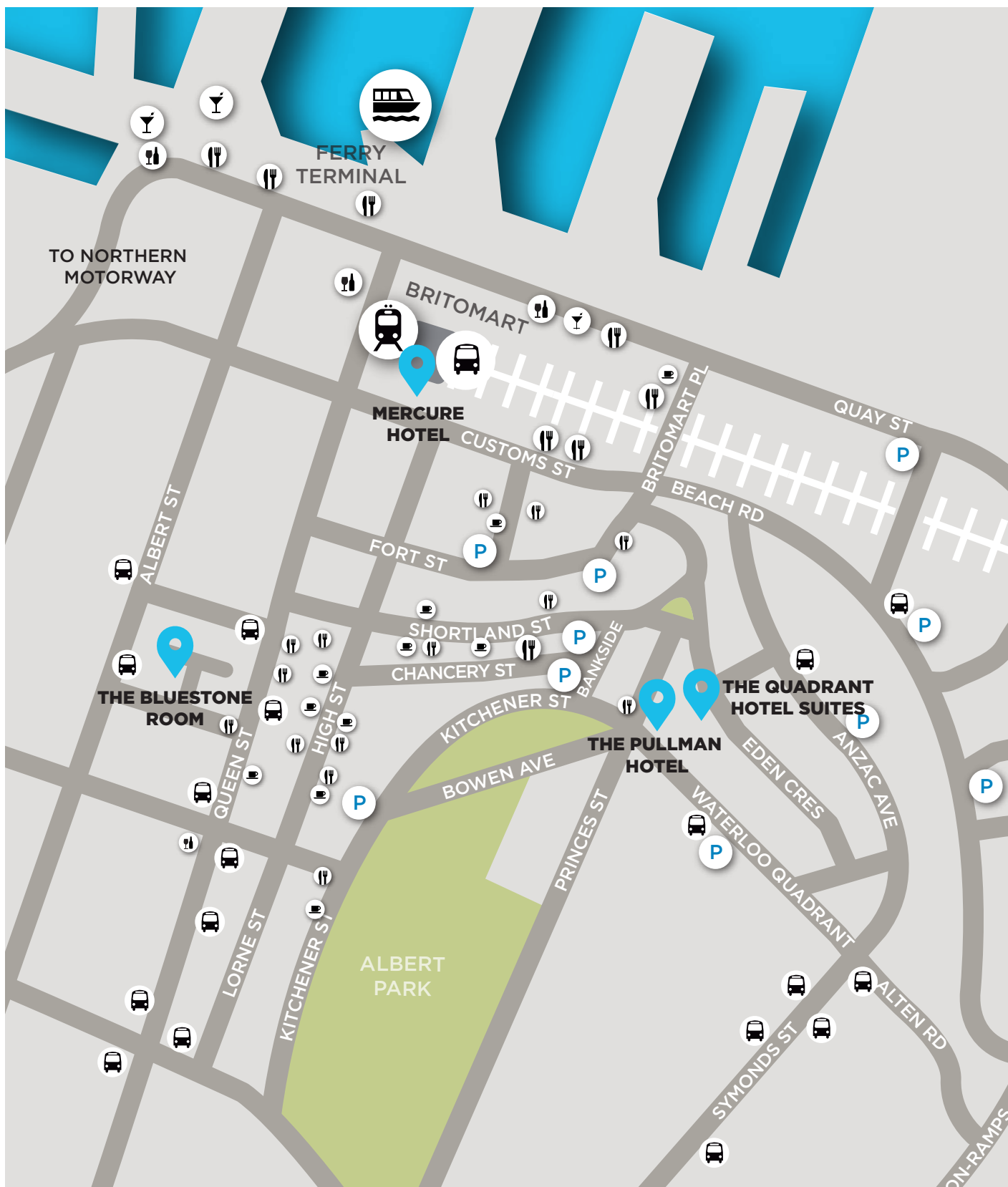
📅 16 - 18 SEPTEMBER 📍 AUCKLAND

---



Te Kaporeihana Āwhina Hunga Whara

**PRESENTING  
PARTNER**



## CONTACT US

Physiotherapy New Zealand  
PO Box 27 386  
Wellington 6141

Level 6, 342 Lambton Quay  
Wellington 6011  
New Zealand  
Phone +64 4 8016500

### Disclaimer

The presentation of an advertisement for a product or service in this or any other document presented at Conference; or the presentation of any product or service at the Conference does not constitute endorsement of that product or service by Physiotherapy New Zealand Incorporated or its Board, staff or contractors.

## FOREWORD FROM PRESIDENT

.....



Welcome to the Physiotherapy New Zealand Conference 2016. As we come together to learn, network and celebrate the very best of our profession here in New Zealand, I also welcome our international delegates and speakers who will help to make this such a memorable event.

I'd like to thank our conference committee, our Special Interest Groups, Tae Ora Tinana and our National Office for their hard work and dedication bringing the conference together. Developing a great programme, like the one we have on offer, requires a lot of thought and effort and we are fortunate to have their support. I'm delighted that there will be such a range of high quality speakers addressing everything from musculoskeletal and women's health to topics for business owners and those interested in specialisation. It is a great honour to have so many international speakers here, and in particular I would like to thank Emma Stokes, World Confederation for Physical Therapy President, for coming all this way to give her key note address.

I'd also like to thank our Presenting Partner ACC, sponsors and exhibitors. It's great to have such strong support from across the health sector and your generosity is appreciated.

This conference handbook includes details of the trade displays and all of our sponsors and supporters. I would encourage you to make the most of the next three days, enjoy the programme and our social events.

Nga Mihi

Ian d'Young  
President, Physiotherapy New Zealand

## VENUE DETAILS

### Pullman Hotel Auckland

Corner Princes Street and Waterloo Quadrant  
Auckland

09-353 1000

[www.pullmanauckland.co.nz](http://www.pullmanauckland.co.nz)



### EMERGENCY PROCEDURE

Pullman Hotel has prescribed fire and evacuating policies and procedures in place to minimise damage and injury in the event of a fire or other emergencies. They are equipped with smoke and heat detectors, fire hose reels, fire extinguishers and a fire sprinkler system to prevent, detect and combat fires in the hotel. If the alarm is activated, please evacuate the building immediately and proceed to the assembly point.

In case of an earthquake, Civil Defence NZ recommends that you “Duck, Cover, Hold”. Please remain where you are till the shaking stops then evacuate the building. When using the emergency exits, please ensure to form one line and walk down the stairs using the railings as a guide until you reach the assembly point. Hotel staff will be at strategic points to guide you.

Do not enter or attempt to use an elevator during an emergency. If stuck in an elevator do not attempt to force open stalled elevator doors, use the emergency phone to contact communication centre.

Staff and guests are only permitted to re-enter the building when the building warden, in conjunction with senior emergency services personnel on site, gives the ‘all clear’.

**Primary assembly point:** Directly in front of Pullman Hotel.



**Secondary assembly point:** Directly opposite Pullman Hotel’s main entrance, on the Auckland University grounds.



## PROGRAMME



.....

The Scientific Working Group have put together a jam-packed programme for this year's conference. Each day will start with the plenary sessions in Princes A, B and C rooms on the lobby level of the hotel. The programme then breaks into five streams for the rest of the day. Friday is the only day which will conclude with a plenary session.

In order for the programme to stay on time, please ensure you move quickly between sessions and take your seat at the next session quickly. We also ask that you also fill the seats in the front of the room first.

Morning tea, lunch and afternoon tea will all take place in the exhibition hall on the lower lobby level. Again we ask that you make your way quickly to your next session at the conclusion of each break.

**WORKSAFE**  
NEW ZEALAND | HAKI HAUAMARU  
AOTEAROA



**Safer.  
Healthier.  
Together.**

**1,900 New Zealand healthcare and social assistance workers were severely injured in 2015.**

**Reducing the risk of injury to workers in the healthcare sector not only benefits workers, families and businesses, it also reduces the risk of injury to people in their care.**

ACC and WorkSafe want to ensure that every person working in New Zealand comes home healthy and safe.

Our 'Reducing Harm in New Zealand Workplaces Action Plan' outlines how we'll work together to reduce injuries in the healthcare sector.

Find out how we can work together to make workplaces and communities healthier and safer for all New Zealanders.

**Read our plan at [www.acc.co.nz](http://www.acc.co.nz)**



# FRIDAY 16 SEPT 2016



TIME	SPEAKERS					
9:00am	Mihi Whakatau + PNZ President - response (Princes A, B, C)					
9:30am	Opening address, Chai Chuah - Director General of Health (Princes A, B, C)					
10:15am	Morning tea - Exhibition Hall, 10.15-10.40am					
ROOM	Princes A	Princes B	Princes C	Gallery 2	Gallery 3	Top of the Town
10:40am	Nicola Saywell Telerehabilitation after stroke using readily accessible telecommunication - quantitative trial into ACTIV (Augmented community telerehabilitation intervention).		Dr Lance O’Sullivan Innovation and how to improve Māori access to healthcare.	Assoc. Professor Helena Frawley Does pelvic floor muscle training help sexual function?		
11:00am						
11:20am	Adj. Professor Pieter Rossouw Physical recovery and emotional wellness – the neurobiological link.		Michael Roberts Health and Safety laws? (yawn) Are they for real? A “practical school” overview of the responsibilities myths and opportunities for physios.	Professor Dave Baxter Men’s health: A challenge for Physiotherapy?		
11:40am						
12:00	Lunch - Exhibition Hall, 12.00-1.00pm					
1:00pm	Nitika Kumari A systematic Review of Reviews: The role of the cerebellum in motor learning	Chelsea Cunningham Engaging with Māori youth for successful treatment compliance and outcomes. Positive messages to others and how to get enhanced results	Professor Jeremy Lewis The conundrum that is the shoulder.	Sharon Wilson Pelvic Health in NZ adolescents- the prevalence of urinary symptoms and pelvic floor knowledge in female adolescents	Jason Smith Leadership in Health Care	
1:20pm	Assoc. Professor Jenny McGinley Who and what needs to change? Current challenges in behaviour change interventions to enhance lifelong exercise habits in people with Parkinson’s			Assoc Professor Helena Frawley Rehabilitation following treatment for abdomino/pelvic cancer		
1:40pm	Sharon Olsen Brain computer interface driven paired associative stimulation: An investigation of the duration of neuromodulatory effects	Dr William Levack Learning from Māori with chronic lung disease: Improving the cultural responsiveness of pulmonary rehabilitation	Professor Jill Cook Relation between tendon structure, pain and function.			
2:00pm						
2:20pm	Gillian Davy The advantages and limitations of providing neurological physiotherapy via telerehabilitation and how to make a meaningful and clinical change	Ricky Bell Developing a new research framework of inquiry with an Indigenous population in regard to obesity	Dr Ben Darlow Getting moving when you have back pain: how people with back pain make decisions about activity and how physios can help.			
2:40pm	Dr Nada Signal What’s on the horizon? Advances in rehabilitation	Dr Sarah Mooney A weighty issue: meeting the exercise needs for people with heart failure and obesity				
3:00pm		Sarah Rhodes * Physical Activity and obstructive sleep apnoea hypopnoea syndrome: nothing to lose (except weight) and everything to gain	Jacqui Clark Trait anxiety and sensory profile characteristics in a chronic low back pain population with central sensitisation - Pilot study			
3:20pm	AFTERNOON TEA - Exhibition Hall, 3.20-3.40pm					
3:40pm						
4:00pm	Scott Pickering - CEO ACC (Princes A, B, C)					
4:20pm						
4:40pm	PNZ AGM (Princes A, B, C)					
5:00pm	Friday night Cocktail function - Exhibition Hall					

## SATURDAY 17 SEPT 2016 – MORNING



TIME	SPEAKERS					
8.45am	Professor Nadine Foster Stratified Care: matching patients to the right treatment with musculoskeletal pain (Princes A, B, C)					
9.30am	Professor Grant Schofield “Be the best you can be” - human potential and well-being (Princes A, B, C)					
10.15am	Morning Tea - Exhibition Hall, 10.15-10.40					
ROOM	Princes A	Princes B	Princes C	Gallery 2	Gallery 3	Top of the Town
10.40	Professor Emma Stokes Leadership in Physiotherapy	Dr Grant Mawston How does lumbar posture influence the way trunk muscles work?	Adj. Professor Pieter Rossouw The neuroscience of ageing – practical strategies to enhance neural activation and reduce the risk of neural degeneration.	10:30 - 12:30pm Assoc. Professor Helena Frawley** Implementation of clinical practice guidelines: Is evidence for pelvic floor muscle training for urinary incontinence and pelvic organ prolapse translating into clinical practice?	Lesley Anderson Lung Infection prevention post-surgery major abdominal with pre-operative physiotherapy (LIPPSMAcK POP) trail: a multi-centre randomised controlled trial	
11.00am					Sarah Elliott Development of critical care rehabilitation guidelines in clinical practice; a quality improvement project	
11:20am	Dr William Levack Contemporary perspectives on goal setting in rehabilitation: evidence, outcomes, and person-centredness	Dr Andy Franklyn-Miller Biomechanical Overload Syndrome	Dr Sue Lord Gait signatures in pathology and ageing: what do they tell us?		Daniel Seller Why is hyperinflation so uncommon in NZ ICUs?	
11:40am					Sarah Elliott Using EZPAP positive pressure device as a respiratory physiotherapy treatment within a district general hospital	
12.00pm	Dr Nada Signal The Rehabilitation Innovation Centre: A novel approach to rehabilitation technology development	Assoc. Professor Duncan Reid The incidence of Nordic skiing injuries and their relationship with functional movement patterns	Professor Lynley Bradnam Impairments in Gait, balance and stepping reactions in Cervical Dystonia		Thomas Bond Implementation of the Chelsea Physical Assessment outcome measure into the ICU and impact on physiotherapy assessment	
12.20pm	Lunch - Exhibition Hall, 12:20-1:20pm					

\* Discussion Forum

\*\* Embedded Workshop

# SATURDAY 17 SEPT 2016 – AFTERNOON



TIME	SPEAKERS							
ROOM	Princes A	Princes B	Princes C	Gallery 2	Gallery 3	Top of the Town		
1.20pm	<b>Michael Warburton</b> Hydrotherapy for the very old	<b>Michael Roberts**</b> “Yes you can!” How physios succeed in occupational health  A practical school primer of how physios can do great business in occ health	<b>1:00-1:40pm</b> <b>Assoc. Professor Peter Larmer*</b> Osteoarthritis model of care for NZ	<b>Professor Nadine Foster &amp; Professor Dave Baxter **</b>  Getting started on research.	<b>PANEL DISCUSSION</b> Ethical dilemmas encountered in practice <b>Professional Standards &amp; Ethics Committee</b>	<b>Dr Kimberley Haines **</b> Achieving Recovery Following Critical Illness Across the Care Continuum		
1.40pm	<b>Lynne Taylor</b> Use of active video games to improve mobility in aged care residents: a randomised controlled feasibility trial		<b>Professor Jill Cook</b> Rehabilitation of tendinopathy - differences for upper and lower limb					
2.00pm	<b>Dr Stephanie Woodley</b> A feasibility study to determine the effectiveness of a prehabilitation programme for patients awaiting total hip joint arthroplasty							
2.20pm	<b>Daniel O’Brien</b> An exploration of treatment options available to people with hip and / or knee OA in NZ						<b>Dr David Rice</b> Sensorimotor changes in people with osteoarthritis of the hand: A case control comparison	<b>Dr Gisela Sole</b> Framework for teaching clinical reasoning skills to under-graduate students and models for learning
2.40pm	<b>Nick Clode</b> Does physiotherapy 'prehabilitation' before hip and knee replacement surgery improve function and reduce pain?						<b>Professor Peter McNair</b> Effect of strength training on grip strength and function in people with hand OA: a systematic review and meta-analysis	
3.00pm	<b>Monica Skarin</b> Orthostatic Intolerance after total hip replacement surgery: Incidence, Risk factors and effect on length of stay	<b>Rosalind Parker</b> Does hand arthritis influence motor cortex excitability and motor skill learning?	<b>Dr Cathy Chapple</b> SCAN: A framework for engaging in clinical feedback					
3.20pm	Afternoon tea - Exhibition Hall, 3:20-3:40pm							
3.40pm	<b>Sandra Ferdinand</b> Patient and physiotherapists' priorities for rehabilitation in an inpatient spinal unit setting: A qualitative study	<b>Yanto Naude</b> The effectiveness of real-time biofeedback on spinal posture: A systematic review	<b>3:20 - 5:20pm</b> <b>Professor Jeremy Lewis **</b>  The dilemma of shoulder diagnosis - the rationale, use, successes and failures of the Shoulder Symptom Modification Procedure	<b>PANEL DISCUSSION</b> How to go about publishing <b>NZ Journal Physiotherapy Committee</b>	<b>ACC</b> Towards Trust - Better relationships, better outcomes	<b>Sarah Elliott *</b> Should students work weekends?		
4.00pm	<b>Kathryn Dwyer</b> Interactions with community health providers early after discharge from inpatient rehabilitation: the experience of individuals with spinal cord injury	<b>Hemakumar Devan</b> Spinal and pelvic kinemematics during gait in people with lower limb amputations, with and without low back pain: an exploratory study				<b>Richard Westney</b> (Humankind - formerly The HR Shop) Hiring the best team and managing them for top performance	<b>Sarah Fitzgerald</b> Physio 24/7: A one-stop digital tool box	
4.20pm	<b>Bridget Dickson</b> The intense trial: putting the patient first by all playing in the same sandpit	<b>Dr Mark Laslett</b> Diagnostic accuracy of 'directional preference' determination in relation to confirmed discogenic pain		<b>Professor Jean Hay-Smith</b> Physiotherapists conducting research with patients: Preparing for the experience of clinician-researcher dual role	<b>Daniel Seller</b> On-call physiotherapy service provision throughout NZ			
4.40pm	<b>Ally Calder</b> Wives, blokes with stroke, and the ubiquitous stickmen	<b>Dr Steve Tumilty</b> Neuro-endocrine response following a thoracic spinal manipulation - a randomised controlled trial		<b>Sarah Elliott</b> From practitioner to researcher: a threshold concept, a personal reflection on my own tug of war	<b>Dr Meredith Perry</b> Development of an Interprofessional Education Teaching Team			
5.00pm	<b>Dr Elisabeth Preston</b> A slinging match: Preventing shoulder subluxation after stroke						<b>Dr Meredith Perry</b> The Reliability and Validity of Interprofessional Education and Practice Instruments	
5.20pm								
7.00pm	Saturday evening social function - Blue Stone room							



## SUNDAY 18 SEPT 2016



TIME	SPEAKERS						
9.00am	Professor Emma Stokes Global Physiotherapy, an International perspective (Princes A, B, C)						
9.45am	NZIP Prize-Giving Professor Leigh Hale & Professor Emma Stokes (Princes A, B, C)						
10.00am	Conference Acknowledgements - Poroporoaki (Princes A, B, C)						
10.15am	Morning Tea - Exhibition Hall, 10.15-10.40						
ROOM	Princes A	Princes B	Princes C	Gallery 2	Gallery 3	Top of the Town	
10.40am	Dr Andy Franklyn-Miller 3D Biomechanics in Return to Play testing	Professor Ngaire Kerse Frailty and dementia; activity for older people with complex problems	Professor Nadine Foster The role of physiotherapy led vocational advice services in improving work outcomes for adults with musculoskeletal pain	Dr Jay Shah Chronic pain, myofascial trigger points and sensitisation: Integrating advancements in the pain sciences with evaluation and dry needling strategies	PNZ Professional Development Committee Workstream updates	Professor Rose Marie Rine Vestibular rehabilitation for children and adults with vestibular system impairment	
11.00am							
11.20 am	ACC Concussion in Sport. Your role.	Professor Leigh Hale Somebody's kindly following you along the line": supporting physical activity for people living with long term conditions.	Julia Ann Newsom Moving and Handling in Aged Care and Community. The physiotherapists role in this expanding area		Dr Kimberley Haines Translating Research into Practice: Closing the gap		Professor Rose Marie Rine Vestibular rehabilitation for children and adults with vestibular system impairment
11.40am			Amanda Hensman Crook A new role in primary care; A musculoskeletal practitioner				
12:00pm	Dr Steve Tumilty More or less? Treatment of Achilles tendinopathy	Verna Stavric What are the outcomes and views of people with mobility limitations after participating in a circuit class?	Leena Naik New Horizons for future physiotherapy roles: Orthopaedic Triage Physiotherapists		Assoc. Professor Peter Larmer Formal complaints against physiotherapists in NZ 2012-2015		
12:20pm	Lunch - Exhibition Hall, 12:20-1:20pm						
1.20pm	Nico Magni Blood flow restriction training for disuse: a systematic review and meta-anlaysis	Gillian Davy A high intensity interval training program driving change for people with multiple sclerosis	Professor Peter O'Sullivan Management of disabling back pain disorders.	Dr Panos Barlas Acupuncture for back and pelvic girdle pain in pregnancy	Janice Mueller Physiotherapy Regulation in Aotearoa - end to end and all the bits in between	Jane Hamer 24 hour postural management programmes	
1.40pm	Mandeep Kaur Movement patterns of the knee during gait following ACL reconstruction: a systematic review and meta-analysis	Dr Lynne Clay Can yoga be of benefit to my patients with neurological conditions? A systematic review and meta-analysis					Erine Lunn Paediatric physiotherapy bronchiectasis service: Improved care for children
2.00pm	Arlene von Aesch Physiotherapists' experiences of the management of ACL injuries	Alex Bevis Participants experiences of a mixed ability yoga series	Sean Sadler A systematic review and meta-analysis of prospective cohort studies investigating musculoskeletal risk factors for the development of low back pain	Harpreet Kaur Effect of Acu TENS on serum alkaline phosphatase	PANEL DISCUSSION Jeremy Lewis/ Peter O'Sullivan / Ben Darlow / NZ physiotherapy specialists The pathway to physiotherapy specialist		
2.20pm	Sharon Kearney ACL injury prevention in netball: New Initiative		Mark Latimer An audit of clinical outcomes in patients with Temporomandibular joint disorder treated using the Latimer technique	Dr Justin Heke Physical activity and its application for Māori health			
2.40pm	Sarah Scott "Not always a straight path": patients perspectives following ACL rupture and reconstruction						

## SOCIAL EVENTS

.....

### FRIDAY COCKTAIL FUNCTION

Join us on Friday evening for the cocktail function proudly sponsored by PhysioScholar. The function will run from 5pm till 7pm, in the exhibition hall, lower lobby level. This event provides you with a great opportunity to visit the conference sponsors. There will be complimentary drinks and nibbles at this event. You will not be issued a physical ticket, your name badge lanyards will get you into this event.

Proudly sponsored by PhysioScholar



### SATURDAY SOCIAL FUNCTION

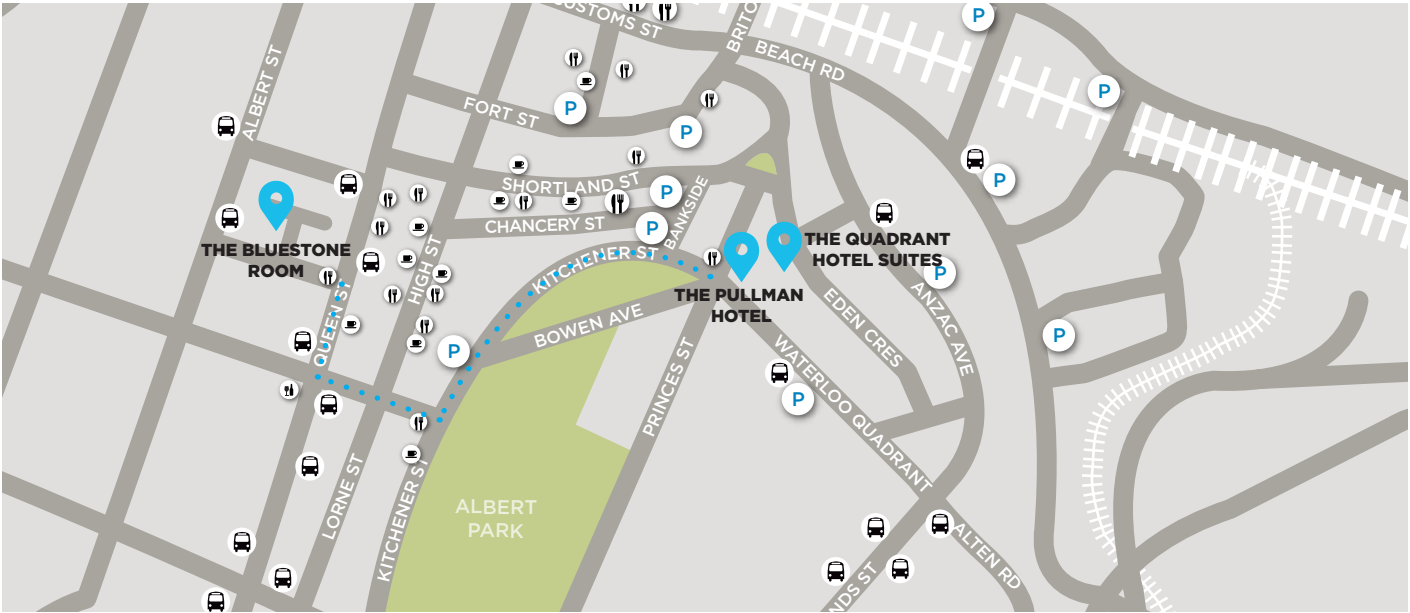
#### **The Bluestone Room, 9-11 Durham Lane, Auckland, 7pm - 11pm**

The Saturday night social function is being held at The Bluestone Room, in the heart of the Auckland CBD and a short walk from the Pullman Hotel. It is a great opportunity to catch up with friends and colleagues. Your ticket includes two drinks (a drink on arrival and one from the bar) and food for the evening. Further drinks will be available to purchase throughout the night.

Please note that you must have your social function ticket on you when you arrive. If you have registered for the social function, your ticket will have been attached to your lanyard upon collection from the registration desk.

**There are still some tickets available, please see the registration desk if you would like to purchase a ticket.**

DIRECTIONS TO EVENT VENUE



ACC  
SportSmart

BUMP  
FISTS NOT  
HEADS

Wear a helmet and  
protect the good times.

## SPECIAL INTEREST GROUPS ANNUAL GENERAL MEETINGS

.....

### CARDIOTHORACIC

Saturday 17 September  
12:20-1:20pm  
Gallery 1 - Lower lobby level

### NEUROLOGY

Sunday 18 September  
12:20-1:20pm  
Top of Town - 14 Floor

### NEW ZEALAND MANIPULATIVE PHYSIOTHERAPISTS ASSOCIATION (NZMPA)

Friday 16 September  
7:45-8:45am  
Top of Town - 14 Floor  
Please note, breakfast included.

### OCCUPATIONAL HEALTH

Saturday 17 September  
7:45-8:45am  
Top of Town - 14 Floor  
Please note, breakfast included.

### OLDER ADULT

Saturday 17 September  
12:20-1:20pm  
Top of Town - 14 Floor

### NEW ZEALAND ASSOCIATION OF HAND THERAPISTS (NZAHT)

Saturday 17 September  
5-7pm  
Connectivity Lounge - Lobby Level

## GENERAL INFORMATION

.....

### MOBILE PHONES

Please be considerate to presenters and other attendees by keeping phones and devices off, or switched to silent mode, during all presentations.

### NAME BADGE LANYARDS

For both security reasons, and to ensure admission into all conference sessions, catering breaks and the Friday social function, please wear your name badge lanyards at all times.



### PARKING

There are a few available options for parking during the conference, all is subject to availability. Pullman Hotel provides valet parking for \$40, and there is also competitive overnight parking rates available at the public car park situated below the hotel. Information about car parking in the area can be found by visiting Parkopedia: [www.parkopedia.co.nz/parking/auckland](http://www.parkopedia.co.nz/parking/auckland)

### REGISTRATION DESK

The registration desk is your first point of contact for any questions or issues you may have over the conference. The registration desk will be open the following hours:

**Thursday 15 September: 12pm–5pm**  
**Friday 16 September: 7:30am–5pm**  
**Saturday 17 September: 7:30am–5pm**  
**Sunday 18 September: 7:30am–1pm**

Alternatively keep an eye out for the conference team, who will be wearing green shirts. They will be available to assist you over the conference.

## GENERAL INFORMATION CONTINUED

.....

### REFRESHMENTS

Morning tea, lunch and afternoon tea will be held in the exhibition hall at the times scheduled in the conference programme. A buffet lunch will be available each day. Vegetarian and Gluten-free options will be available.

Proudly sponsored by AON



### SMOKING POLICY

Pullman Hotel is 100% smoke free. There is a designated smoking area outside of the building.



### TAXIS AND SHUTTLES

Green Cabs Ltd: 0508 447 336  
Corporate Cabs: 09 377 0773  
Auckland Taxi Co-op: 09 300 3000  
Super Shuttle: 0800 SHUTTLE or 09 522 5100

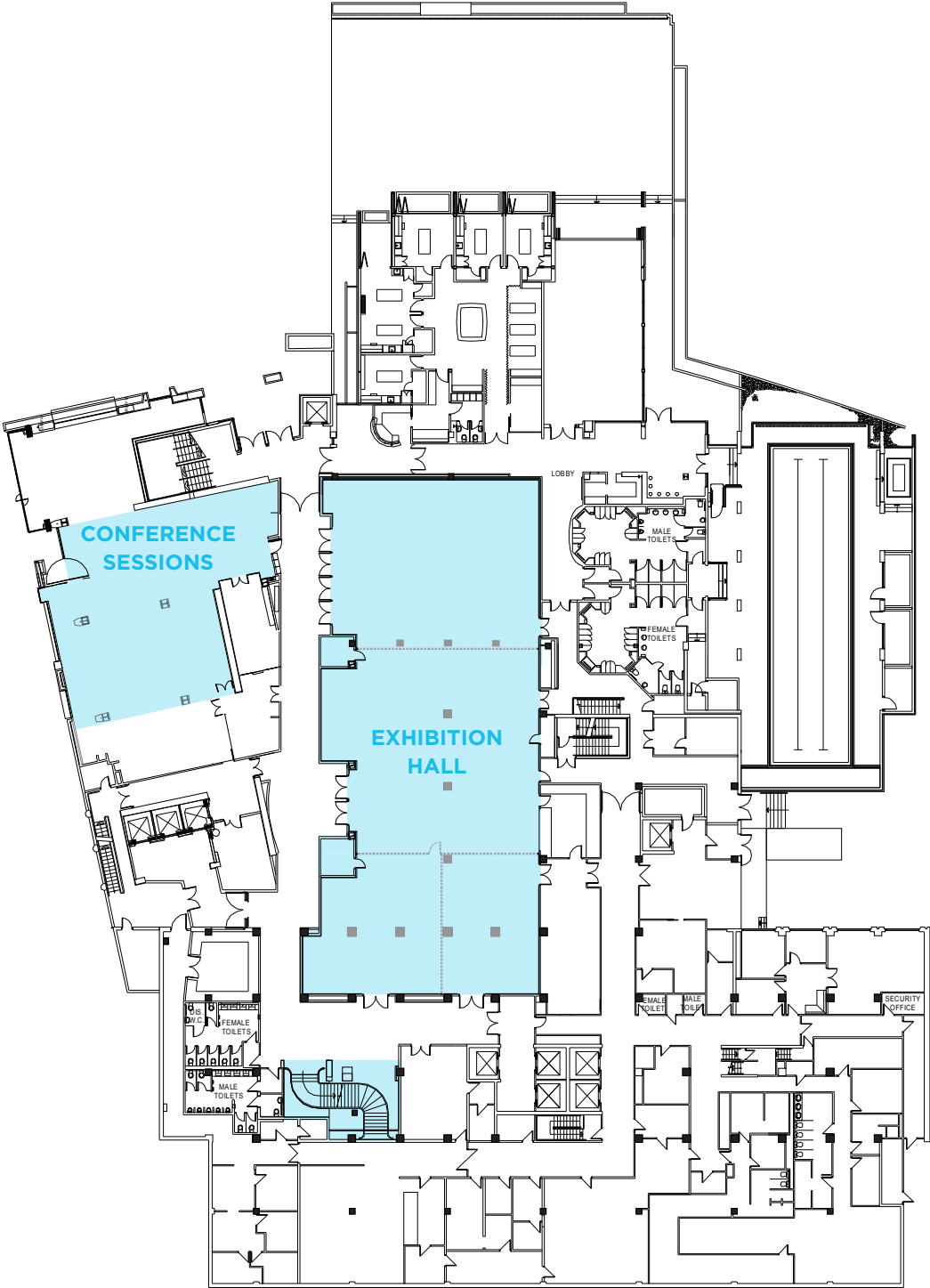
### WIFI

The WiFi dedicated to the conference (but accessible anywhere in the hotel) will be locked with the following password: **PHYSIO2016** (note: the password is not case sensitive).



.....

LOWER LOBBY LEVEL - CONFERENCE SESSION ROOMS  
AND EXHIBITION HALL



# SPONSORS & EXHIBITORS



## SPONSORS AND EXHIBITORS

---

The conference wouldn't be the same without the support from our presenting partner, sponsors and exhibitors. We encourage you to take time over the three days to visit all our stands in the exhibition.

## PASSPORT COMPETITION

---

Enter the Exhibitor Passport competition for an opportunity to win an Apple Watch. To enter, simply collect passport stamps by visiting at least 15 exhibitors during the conference. You'll find your passport competition card in your conference bag. Once you have collected your 15 stamps, complete your name and contact number and place it in the competition box located at the conference registration desk.



### Championing quality improvement in the health sector

The DAA Group is one of New Zealand's leading providers of quality and risk management assessment and evaluation services to the health and disability sector. As an established and trusted assessment and evaluation agency, we can help you through every step of the certification/accreditation process.

Working in partnership with you and your team, we will help you make the right choice to establish a standard for quality that your organisation will be proud of.



The DAA Group offers three streams of certification/accreditation:

- DAA Group Certification Audit
- EQulP Accreditation
- Ministry of Health Certification Audit

For accreditation and certification services, we are able to prepare a no-obligation proposal specific to your organisation. Contact us today to discuss your requirements.

**Christchurch**  
0508 246 776  
03 329 6477

**Wellington**  
0800 559 955  
04 499 0367

 [daagroup.co.nz](http://daagroup.co.nz)

# Help Shape Your ACC Levies

Every New Zealander is affected by levies and every two years you have an opportunity to have your say during levy consultation.



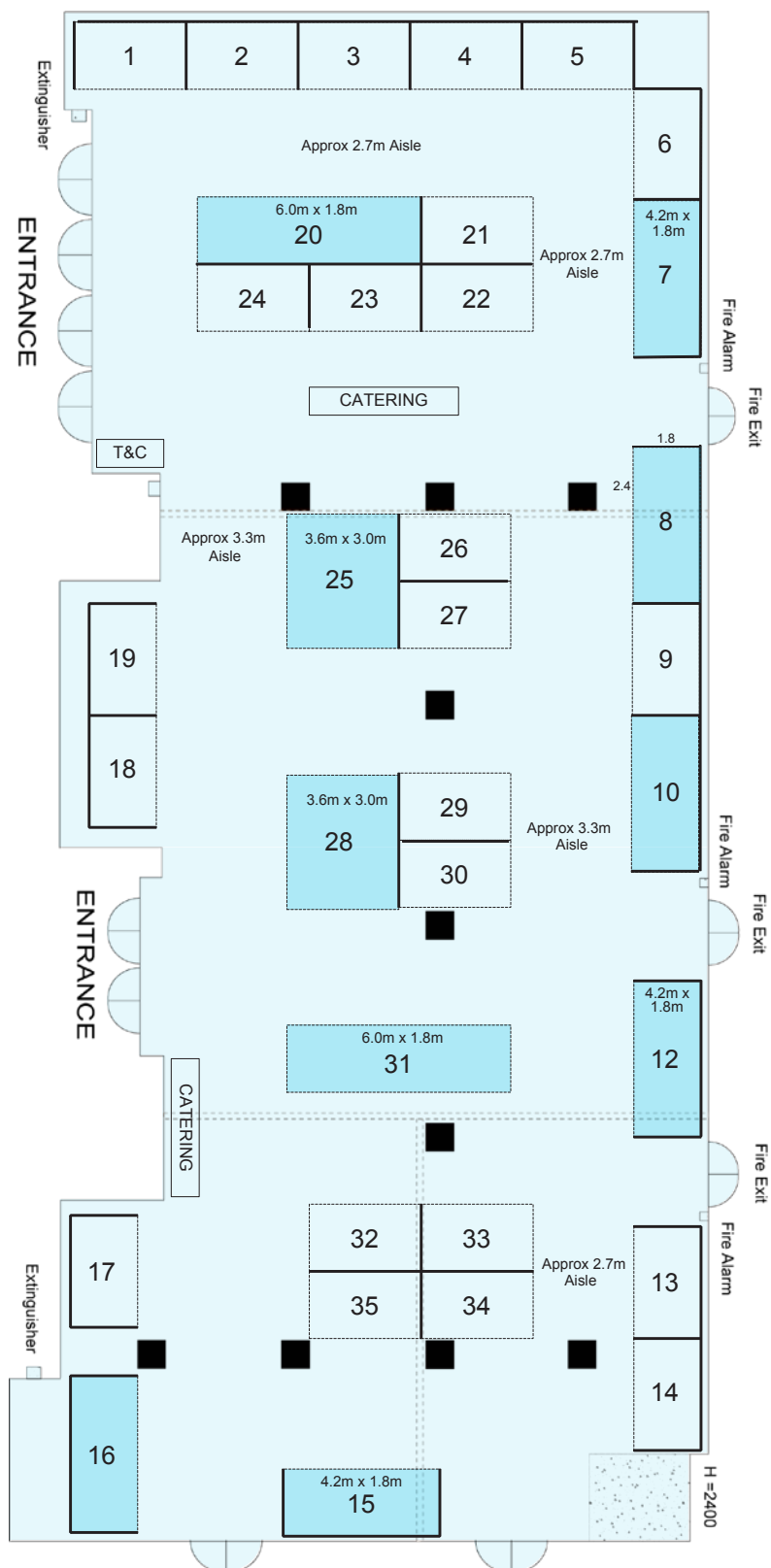
**Go online to [www.shapeyouracc.co.nz](http://www.shapeyouracc.co.nz)  
and let us know what you think.**

Your feedback is extremely valuable to us. It helps us to confirm our thinking on some of the proposals as well as challenge our thinking on others.

All feedback will be considered when we prepare our final recommendations to the Minister for ACC.

Levy consultation opens 21 September 2016 and closes 19 October 2016.

# EXHIBITION HALL MAP





## EXHIBITION DIRECTORY

.....

COMPANY NAME	STAND NUMBER
ACC	15
Active +	14
Auckland University of Technology (AUT)	12
Back in Motion	17
Beattie Matheson	23
Cardea Nutrition	21
DJO Global	28
Durable Medical Equipment (DME)	4
EBOS Sport	22
Foot Science International	18
Gensolve	8
Medtech	20
My Comfy PJs Ltd	13
Oov	32
Orthotic New Zealand	19
Patterson Medical	5
Phiten Performance	1
Physiotherapy Board	29
Restore Physiotherapy	9
Soar	16
Southern Cross Health	7
Steel Blue	2
TBI Health	30
The Athlete's Foot	3
Therapy Specialties	24
Tui Balm	33
University of Otago	6
USL Medical	34-35
Whiteley Allcare	31



**STEEL  
BLUE**  
100% COMFORT

#### CONTACT

 [steelblue.com](http://steelblue.com)

.....

## STEEL BLUE

Steel Blue are dedicated to providing the most comfortable work boots available. By utilising the latest technology, Steel Blue boots are similar in quality and flexibility to high-performance sport shoes. They guarantee this with a 30-day money back comfort guarantee.



#### CONTACT

 [backinmotion.com.au](http://backinmotion.com.au)

.....

## BACK IN MOTION

Back In Motion Health Group is Australia's leading allied health franchise with more than 100 physiotherapy locations across Australia. Renowned for their passionate and innovative vision, their successful business model brings a fresh approach to the industry and sets the benchmark for allied health private practice and healthcare franchising.



#### CONTACT

 [uslsport.co.nz](http://uslsport.co.nz)

.....

## USL MEDICAL

USL Medical, New Zealand owned and operated, is one of New Zealand's leading distributors of medical products into the healthcare market. USL Sport is a division of USL which specialises in the distribution of leading physiotherapy and sports medicine brands into the New Zealand market.



#### CONTACT

 [therapyspecialties.co.nz](http://therapyspecialties.co.nz)

## THERAPY SPECIALTIES

Therapy Specialties are a supplier of a range of splints and braces to the physiotherapy market. They specialise in hand therapy products and are an exclusive supplier of the PUSH and PSB range.

WHITELEY  
ALLCARE

*Your partner in healthcare,  
rehabilitation and performance*

Delivering the  
**best**  
from around  
the world



PHYSIOTHERAPY NZ CONFERENCE  
16TH-18TH SEPTEMBER, 2016, AUCKLAND

allcare

VASYLI  
Medical

comfort  
cool®

DYNAMIC Tape  
*Get serious!*

rthoSleeve



mindray

Mueller

[www.allcare.co.nz](http://www.allcare.co.nz)



0800 255 227



[sales@allcare.co.nz](mailto:sales@allcare.co.nz)



## CONTACT

 [tuibalms.co.nz](http://tuibalms.co.nz)

## TUI BALMS

Tui Balms is happy to be back at this year's Physiotherapy New Zealand Conference.

Visit our stall for your free sample and take advantage of our conference specials!

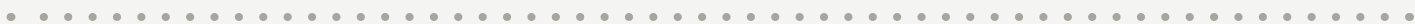
We offer a wide range to suit your massage needs: Balms for full-body massage as well as spot work. The Unscented Balm is now available in a convenient pump bottle as well as pots. Tui Cooling & Soothing Balm is excellent for inflammation relief. Warming & Easing Balm provides deep heat for more chronic aches and pains. The Myofascial Release Balm offers extra grip.

We also have a range of balms for personal care, including a natural decongestant, insect repellent, lip balms and baby balm.

Tui Balms is the supreme medium for massage enhancing grip, control and massage flow. A superior alternative to oils: No spills!

Tui Balms products are altogether natural and made in the South Island of New Zealand since 1984. We are a not-for-profit workers' co-operative and donate all profits to registered charities annually.

Visit our website for more information and to set up your trade account to access wholesale pricing for the entire range.



The Rehab Professionals

## CONTACT

 [pattersonmedical.co.nz](http://pattersonmedical.co.nz)

 [sales@pattersonmedical.co.nz](mailto:sales@pattersonmedical.co.nz)

 0800 102 090

## PATTERSON MEDICAL

Patterson Medical is the world's leading distributor of rehabilitation products. As both a distributor and manufacturer, we are at the forefront of product development and innovation. Introducing new and innovative technologies such as Richmar Hydra Therm, setting a new standard in Moist Heat Therapy, and GelShot for enhanced ultrasound treatment. We partner and offer the world's most innovative and leading brands including Game Ready, Saebo, Spirit Medical and the OPPO range of orthopaedic braces and supports.

We're your one-stop-shop for physiotherapy products and our warehousing capability means





we have the quality products you want and can usually ship same or next day. Our website is quick and easy to use. We offer industry pricing for health professionals as well as credit accounts - you can register for an account online and start shopping straight away.

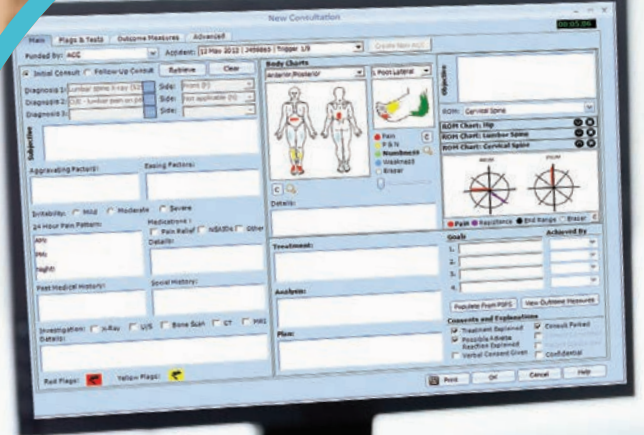
If you need assistance setting up a new practice, our professional team can help guide you and have you up and running fast. Our industry leading Metron brand has a complete range of exercise and therapy products, electrotherapy and practice treatment tables that are internationally recognised.



Visit us at **Stand 20** and discover the next generation of physio software.

## Intuitive, Customised and Connected.

-  SOTAP workflow
-  Autofill ACC details
-  Body charts, flags, tests and goals
-  Electronic claims & advanced forms





## CONTACT

☎ 021 881 954

## THE ORTHOTIC GROUP (TOG)

3.5 million orthotics over 30 years and the highest pedigree in the Orthotic industry, TOG (The Orthotic Group) is Canadian based with a New Zealand based representative. The human body is a dynamic system, so it needs a dynamic orthotic to match its movement. Introducing TOG's range of customised orthotics made of dynamic materials!

TOG are your exclusive source for in-clinic computerised gait analysis and custom orthotics - which work and can fit into virtually any shoe. Referring out for orthotics with hit and miss results? Then stop and do something different! TOG will demonstrate the difference, explain why you are losing clinical control of your patients' care, and show you how much prospective revenue you are missing out on.

Improve your clinical and economic outcomes by providing on-site gait analysis and custom

orthotics from within your own clinic. GaitScan™ helps you teach patients, observe gait, gather information.

TOG provides free access to our laboratory technicians, free clinical webinars, and local free training for you and your team on how to use the GaitScan™ software and equipment, and advise on which orthotics types to select. The TOG Laboratory Team does the rest for you!

Join us and get to grips with dynamic movement. We can teach you what to look for clinically when selecting an orthotic candidate in the first place at our Clinical Biomechanics Seminars that are held around New Zealand. Call Gill St Leger on 021 881 954 for five star products, after-sales service, seminars and in-service demonstrations



## CONTACT

💻 [theathletesfoot.co.nz](http://theathletesfoot.co.nz)

## THE ATHLETE'S FOOT

The Athlete's Foot is designed to ensure that all customers are fitted into a pair of shoes best suited to their anatomy, and for the intended purpose. Our staff have the products and knowledge to accommodate a medical diagnosis. Using any orthotics that a patient may have, and our knowledge of features, lacing and footwear technologies, we provide a perfect fit no matter how unique a person's feet may be.



## UNIVERSITY OF OTAGO



### CONTACT

 [otago.ac.nz/physio](http://otago.ac.nz/physio)

The University of Otago, School of Physiotherapy was established in 1913, making it one of the oldest physiotherapy schools in the world. We provide excellence in teaching, research, and clinical practice.

The Otago Bachelor of Physiotherapy (BPhty) is a prestigious four-year programme. Our BPhty is continually refined and improved, to keep in step with modern physiotherapy practice and the latest research.

Postgraduate physiotherapy programmes are designed to provide graduates with the necessary skill, knowledge, and expertise to meet current challenges. Physiotherapy is a dynamic and continually evolving health discipline and the demand for effective interventions requires clinicians to have high levels of

competence supported by strong research evidence. The School offers the following postgraduate options: Certificates, Diplomas, Clinical Masters, Masters by Research, and PhDs.

Research and knowledge transfer are integral parts of the School's activities. Our postgraduate and research programmes are managed through our dedicated Centre for Health, Activity, and Rehabilitation Research (CHARR). CHARR has a strong network of research partners, ranging from community groups to commercial partners and to national and international researchers. We look forward to chatting with conference attendees about options for future study, and about our latest research. We would also encourage our Alumni to come and catch up with us at our stand.

---

## ACTIVE+



### CONTACT

 [activeplus.co.nz](http://activeplus.co.nz)

Active+ is a multi-disciplinary company delivering services across the North Island. Our team includes physiotherapists, psychologists, occupational therapists, medical specialists and more. We have a growing franchise network of 21 clinics from Kaikohe to Palmerston North that deliver physiotherapy and multi-disciplinary rehabilitation services.

We are always seeking to recruit qualified physiotherapists to join our team. If you are interested in a current vacancy or are interested in working for us in the future, please send an updated CV through to our HR Manager [marc.burns@activeplus.co.nz](mailto:marc.burns@activeplus.co.nz)

Visit our website for further information on Active+ [www.activeplus.co.nz](http://www.activeplus.co.nz) or our careers page for regularly updated current vacancies [www.activeplus.co.nz/careers/](http://www.activeplus.co.nz/careers/)



## DURABLE MEDICAL EQUIPMENT LIMITED (DME)

### CONTACT

☎ [dme.co.nz](http://dme.co.nz)

✉ [sales@dme.co.nz](mailto:sales@dme.co.nz)

☎ 0800 115 222

Durable Medical Equipment Limited (DME) uses knowledge to provide solutions. We have a full and experienced clinical team just ready to talk to you today about our full and very extensive range of physiotherapy and restorative products. This covers well-known brands like TheraBand, PhysiPod, Restorative Medical, DM Orthotics to name a few.



### CONTACT

☎ [phitennz.com](http://phitennz.com)

## PHITEN PERFORMANCE

Phiten Performance is an importer and distributor of Phiten products from Japan. All Phiten products have a unique Aquametal technology that, research shows, enhances neural transmission through the body, resulting in improved physiological function. Phiten products can help the work of physiotherapists in the areas of pain management, injury recovery, joint mobility and improved muscle/tendon function.



**DONJOY**  
PERFORMANCE

# ENJOY THE RUN. AVOID THE PAIN.

Whether it's to prevent injury or come back from one, DonJoy Performance provides the bracing and compression products to help keep your patients **UP AND RUNNING.**



### WEBTECH™

Patented silicone web technology surrounds and suspends the joint to provide unrivaled performance in pain management, shock dampening and structural alignment.



### TRIZONE™

Unique hybrid design uses silicone banding on three knit patterns to combine compression, bracing, and heat regulation all in one sleeve for optimal support.



### ANAFORM™

Better performance through compression, mild joint support, improved heat retention and increased circulation/oxygenation.



MOTION IS MEDICINE

VISIT US AT BOOTH #28



#### CONTACT

 [oov.co.nz](http://oov.co.nz)

 [spidertech.co.nz](http://spidertech.co.nz)

## OOV

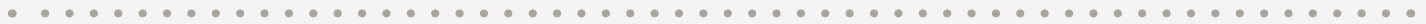
Oov NZ imports two superior health products into New Zealand.

The Oov is a training device that works through the limbic system to improve core stability, joint mobility, efficiency of movement and balance without the brain having to consciously engage with the exercises. It uses proprioceptive feedback and an unstable base of support to assess and correct movement patterns.

Until recently the Oov has been used in New Zealand mostly on the supine plane, but recent training and research has demonstrated how effective it is when used in other ways also. Even if you have seen the Oov before, do visit us and experience some different planes and slings. This device can be used in clinical settings to assess and improve movement one on one for the scapula, pelvis, spine, hip and

much more. It is also a great asset to Pilates and other rehabilitative exercise programmes, activating the core and repositioning the body without creating the need for bracing.

Spidertech Therapeutic Tape is the World's Number 1 Pre-cut Kinesiology Tape. Spidertech pre-cut designs and application system are the simplest and most effective way to treat muscular aches and strains. The use of pre-cut Spiders avoids unnecessary overlapping and provides a standardised application that you can use in the clinic or on the sports field and yet confidently send home with your client to apply themselves. Spidertech also comes in rolls and a Gentle range for sensitive or thin skin.



## TBI HEALTH



#### CONTACT

 [tbihealth.co.nz](http://tbihealth.co.nz)

Like all great kiwi companies, TBI Health was founded on a simple idea. When you get injured you want to know you are getting the right advice, the best treatment and that everyone is working together to help get it sorted. Our simple idea was to create a company with a huge team of health professionals whose sole purpose was to work together with clients to ensure they get the help needed, when they need it.

The link between our health and happiness can't be ignored. All our niggles and injuries are unique, but

sometimes the path to recovery can be just as stressful as the problem. This is what TBI Health has set out to solve.

Our vision is to lead the way in the delivery of rehabilitation in New Zealand. Our goal is to develop and provide a unique and innovative service that ensures that every one of our clients gets the best advice, treatment and customer service from the right person, at the right time and at the right place.

## CONTACT

 [physioboard.org.nz](http://physioboard.org.nz)

## THE PHYSIOTHERAPY BOARD

The Physiotherapy Board is the responsible authority for physiotherapists, established under the Health Practitioners Competence Assurance Act 2003 (HPCA Act). We set professional standards and monitor competence, continuing professional development and proper conduct of physiotherapists in the interests of public health and safety.



## BEATTIE MATHESON

Beattie Matheson Ltd. introduces Dr Cool, an innovative ice and compression wrap to the New Zealand market. Beattie Matheson is a long standing importer and distributor of premium-branded products which are mostly directed at active pursuits. These brands include Thorlos, LOWA outdoor boots, Shock Absorber sports bras and JanSport backpacks. Their brands are regarded typically as 'best in class', are differentiated and mostly have been scientifically proven to deliver real benefits to active consumers.

Postgraduate study with AUT

## SUPPORT YOUR PRACTICE DEVELOPMENT

AUT offers a wide range of flexible postgraduate study options to advance your practice and fast-track your career progression.

Be inspired and supported by highly respected physiotherapy, sports and rehabilitation researchers and teachers.

Choose from options including:

- Acupuncture
- MindBody Healthcare
- Moving and Handling
- Musculoskeletal Physiotherapy
- Older Adult: Health and Wellness
- Rehabilitation
- Sport and Exercise
- Vocational Rehabilitation

Contact our course specialists to discuss the right study option for you.



**AUT**

**0800 AUT UNI**  
[healthpostgraduate.aut.ac.nz](http://healthpostgraduate.aut.ac.nz)

# Best printing solutions for busy professionals

We have more experience than any other printer of providing easy to use print solutions for busy organisations, both large and small.

To discover how we can make your life easier, and save you money contact Peter Lloyd on 09 302 9100

**[www.soarprint.co.nz](http://www.soarprint.co.nz)**



The Power of Print



## MY COMFY PJS LTD

My Comfy PJs Ltd is the innovator of pillow pocket pyjamas. Superseding loose knee pillows, their pyjamas hold medical grade pillows that roll with the wearer in bed. Recommended by a growing number of physiotherapists in Australia, My Comfy PJs have received numerous five star reviews, including customers who are:

- pregnant
- undergoing post knee replacement rehab
- suffering from arthritis in the knees

They are available in womens, mens and maternity. Visit our website for more information.

### CONTACT

 [mycomfypjs.com](http://mycomfypjs.com)



# It's easy-peasy with Southern Cross Health Society Easy-claim



Easy-claim is a simple way for Southern Cross members to claim for eligible physiotherapy services at their Physiotherapist. There's no need for these patients to collect receipts and fill in claim forms. They can claim electronically on the spot.

Not only has Easy-claim proved to be great for

patient loyalty, it's free to set up and very easy to use. What's more, payments to your practice are processed overnight. So it's a real win-win.

To find out about Easy-claim for your practice, call **0800 700 053** or email **[easy-claim@southerncross.co.nz](mailto:easy-claim@southerncross.co.nz)**



Southern Cross Medical Care Society, Level 1, Ernst & Young Building, 2 Takutai Square, Auckland 1010

SOU0015bcg2



Gensolve

**PRACTICE MANAGER**

## WHY RUN YOUR BUSINESS WITH ONE EYE CLOSED?

- **MANAGE YOUR PRACTICE**  
Appointments, no-shows, attendance, sales
- **MANAGE YOUR CLINICIANS**  
Track & manage visits, retention & follow-ups
- **MANAGE YOUR FINANCES**  
Detailed revenue reporting, full balance sheets

PHONE: 0800 436 765 | EMAIL: [GPMS.SALES@GENSOLVE.COM](mailto:GPMS.SALES@GENSOLVE.COM)  
[WWW.GENSOLVE.COM](http://WWW.GENSOLVE.COM)



## CARDEA NUTRITION



**CARDEA**  
NUTRITION FOR HEALTH  
AND PERFORMANCE

### CONTACT

 [cardeanutrition.co.nz](http://cardeanutrition.co.nz)

Cardea Nutrition provides sports nutrition and general nutrition advice for active people of all ages and abilities. We work with college athletes, weekend warriors, Olympians and those who simply want to keep fit and healthy.

In a world where every week there is a new fad diet, a new nutrition 'expert,' or a new list of 'good' or 'bad' foods, it can be hard to know who to believe. Cardea's registered dietitians provide evidence-based nutrition advice to allow people to lead healthy lives and perform at their best.

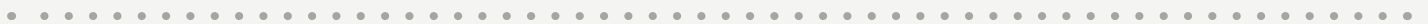
Our services:

We provide Skype-based one-on-one nutrition consultations and personalised meal plans. Previously the preserve of elite athletes, our service allows people to speak with their choice of NZ's top sports dietitians from the comfort of their own home. We offer convenient hours, including times before and after work and on weekends.

Our philosophy:

- We strongly believe that sports nutrition advice should be based on the latest scientific research to give athletes the best chance to perform at their best and stay healthy.
- We focus on ensuring athletes have balanced meals that include all food groups to fuel themselves for training and competition.
- Food should be enjoyed by everyone - including athletes! Whether it's a pre-workout snack, or a post-race meal, our dietitians make practical suggestions that are tailored to individual taste preferences.

Check out our website [www.cardeanutrition.co.nz](http://www.cardeanutrition.co.nz) for more information and like our Facebook page for weekly blogs on topical sports nutrition issues. We look forward to meeting you at the conference.



### CONTACT

 [ebossport.co.nz](http://ebossport.co.nz)

## EBOS SPORT

EBOS SPORT is part of EBOS Group, Australasia's largest diversified marketer, wholesaler and distributor of healthcare, medical and pharmaceutical products. Endeavour Consumer Health continually strives to find product solutions that will help its customers prosper and improve the quality of life for all New Zealanders.



## FOOT SCIENCE INTERNATIONAL

Formthotics are prefabricated, customisable orthotics, designed and manufactured for over 35 years in New Zealand by Foot Science International. Used by millions throughout the world to relieve foot, leg, hip and lower back pain, Formthotics provide the ultimate comfort and support in their day to day lives.

### CONTACT

 [footscienceinternational.com](http://footscienceinternational.com)



## RESTORE PHYSIOTHERAPY

Restore Physiotherapy specialises in pelvic health for men, women and children. Sharon Wilson draws on 12 years of experience and a Master's Degree in Clinical Physiotherapy to provide individualised consultancy and care. Through ongoing education and keeping up with research, Sharon has refined and personalised her practice, recently diversifying to include an online store offering a wide range of pelvic health products which are reinforced with excellent advice and support.

Sharon recognises that pelvic floor related dysfunction can be associated with other musculoskeletal conditions and may limit the effectiveness of rehabilitation. Patients experiencing incontinence or prolapse have been shown to limit exercise which may affect your ability to manage your patients. Thus, it is essential for physiotherapists to acknowledge

the role of the pelvic floor as part of a holistic approach. Restore Physiotherapy offers Skype consultations for patients and physiotherapists.

Sharon is very approachable, so please take the time to chat to her at her exhibition stand. Her products are both educational and self-help based. As a physiotherapist you can help you and/or your patients understand pelvic issues, manage symptoms and enhance treatment.

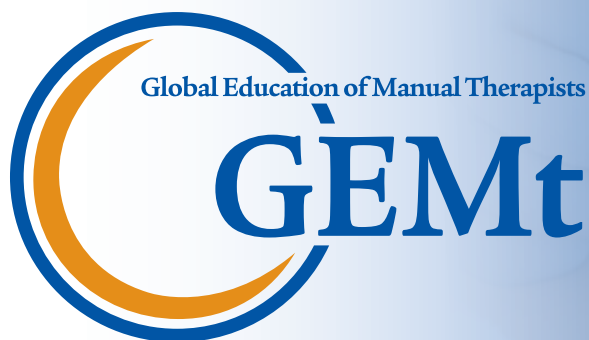
PNZ Conference sale now on:  
Order at the conference to receive discounts on all products. All books, CD's, DVD's and a range of other state of the art products are available to take home to avoid postage costs (limited stock available). Please ask about bulk discounts.

### CONTACT

 [restorephysio.co.nz](http://restorephysio.co.nz)

 [sharon@restorephysio.co.nz](mailto:sharon@restorephysio.co.nz)

 021 209 8814



World Class Educational Courses

Professional Instructors

Face to Face Learning

Ongoing Clinical Support

Money Back Guarantee

Memberships Available

Offsite & Regional Options

# DRY NEEDLING COURSES

*Applications for Pain Management and Sports Injuries*

These courses will  
**CHALLENGE**  
the way you view the human body!

Treatment techniques combining the **IMS** and **Trigger Point Models** maximising clinical outcomes.

*Experience what everyone is talking about and learn these new techniques to enhance clinical outcomes.*



## PRINCIPAL PRESENTER

Robert De Nardis  
*Physiotherapist*



## CO-PRESENTER

Dr Craig White  
*Osteopath*



## CO-PRESENTER

Brandon Kam  
*Physiotherapist*

## COURSES INCLUDE

*Fully Illustrated  
150 Page Course Manual  
Needle Starter Kit*

*Memberships Available  
Videos of all Techniques  
Ongoing Clinical Support*

*Full Catering*

*CPD Points Apply*

Accredited by:



AUSTRALIAN  
PHYSIOTHERAPY  
ASSOCIATION

## NEW ZEALAND COURSE DATES:

### LEVEL 1 :

Fri 9th Dec - Sun 11th Dec 2016

### LEVEL 2 :

Tues 13th Dec - Wed 14th Dec 2016

@ Auckland University of Technology, NZ

## CONFERENCE SPECIAL

Register for BOTH courses  
and receive **\$100 worth of  
needles PLUS 10% OFF**  
Early Bird price!

Register using this code: **NZ16**

**SAVE  
\$250!**

For more information visit our website or contact us via

TEL +61 3 9585 8100

EMAIL [courses@gemtinformat.com.au](mailto:courses@gemtinformat.com.au)

**REGISTER ONLINE @ [www.gemtinformat.com.au](http://www.gemtinformat.com.au)**



PREVENTION. CARE. RECOVERY.

Te Kaporeihana Awhina Hunga Whara

# CONCUSSION. RECOGNISE THE SIGNS.

**ACCSPORTSMART.CO.NZ**

**ACC**  
**SportSmart**