

Conference **Handbook**

Puka Hui

14–16 September 2018
Dunedin



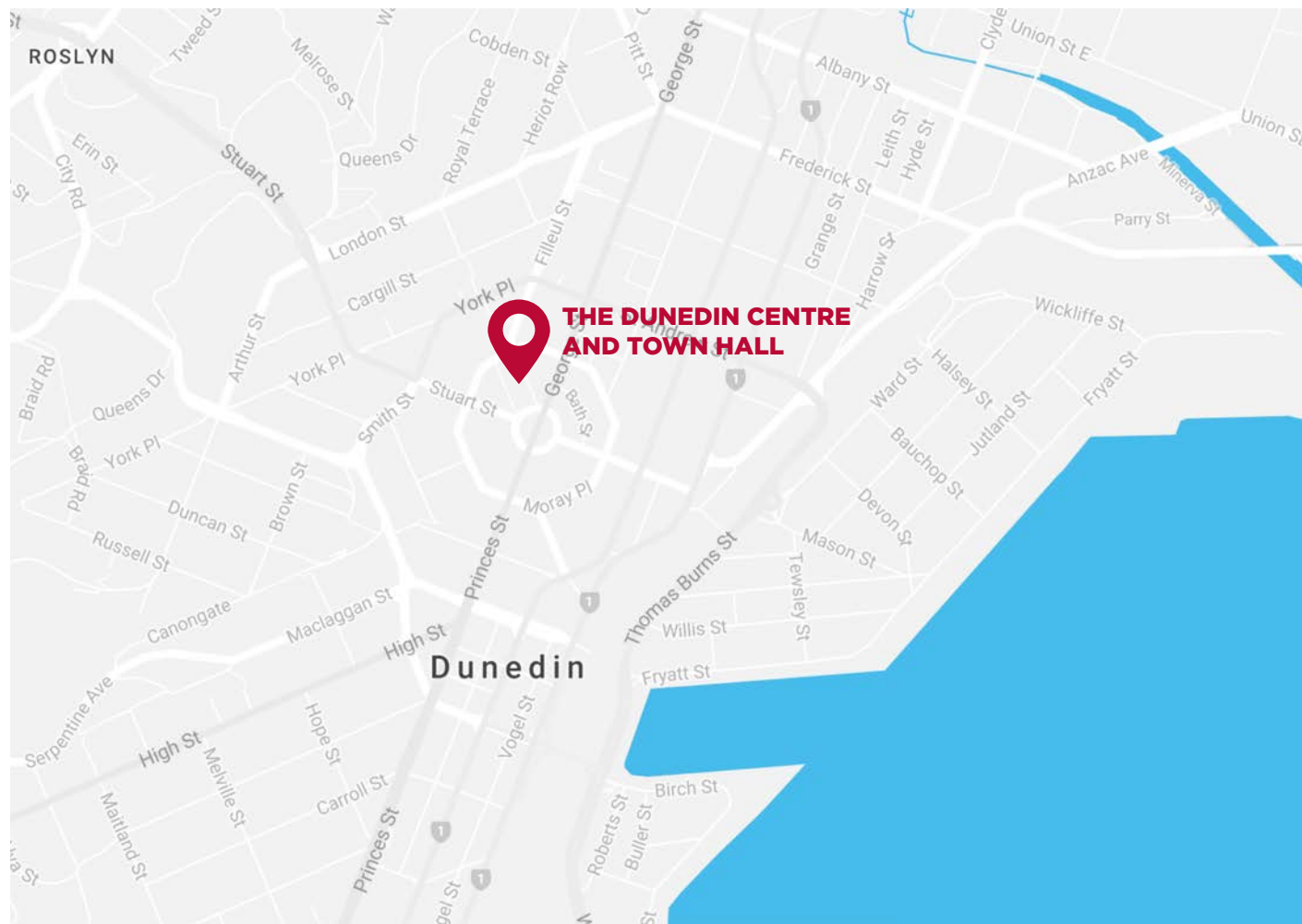
**Physiotherapy
Conference 2018**

PHYSIOTHERAPY NEW ZEALAND
Kōmiri Aotearoa



Te Kaporeihana Āwhina Hunga Whara

**PRESENTING
PARTNER**



CONTACT US

WHAKAPĀ MAI

Physiotherapy New Zealand
PO Box 27 386
Wellington 6141

Level 6, 342 Lambton Quay
Wellington 6011
New Zealand
Phone +64 4 8016500

VENUE DETAILS

KŌRERO MŌ TE WHAITUA

The Dunedin Centre

1 Harrop Street,
Dunedin
03 479 4396
dunedinvenues.co.nz

FIRE EVACUATION

In the event of an emergency and the alarm system sounds, please evacuate the building using your nearest exit. The meeting point at the Dunedin Centre is the Dunedin City Council carpark located on Harrop Street. Do not re-enter the building until the Head Warden has given you the all clear.

EARTHQUAKE

In the event of an earthquake please remain in the building. Move away from any equipment, windows and furniture and take immediate shelter under solid furniture. Follow instructions from the wardens.

DISCLAIMER

The presentation of an advertisement for a product or service in this or any other document presented at Conference; or the presentation of any product or service at the Conference does not constitute endorsement of that product or service by Physiotherapy New Zealand Incorporated or its Board, staff or contractors.

FOREWORD FROM PRESIDENT

KUPUTAKI NĀ TE TUMUAKI



Welcome to the Physiotherapy New Zealand Conference 2018. It's exciting to finally be at New Zealand's largest physiotherapy event here in Dunedin. This has been a year of change for PNZ and it's great to take stock of where we are and collectively celebrate the continued pursuit of excellence in our profession.

Thank you to everyone who has travelled to be here from around New Zealand, as well as all our international speakers and delegates from all the corners of the globe, making this a truly leading event in terms of the opportunity to learn from and network with colleagues.

Dunedin is a wonderful setting for our vibrant conference programme, designed by the Conference Programme Committee with something for everyone. I'd like to thank the Committee, Special Interest Groups, Branches, Tae Ora Tinana, National Executive and our PNZ Office for all their efforts in delivering this year's conference. The dedication to this event shown across PNZ demonstrates the commitment everyone has to work together for our members.

Thank you to our presenting partner ACC, as well as all our sponsors and exhibitors. Your support and ongoing work with PNZ is much appreciated.

Enjoy the next few days learning, networking and making new acquaintances and I look forward to catching up with as many of you as possible.

Nga Mihi

Liz Binns
President
Physiotherapy New Zealand

SPORTS CONCUSSION



- You do not need to be knocked out to be concussed, it can happen as a result of a blow to the head or the body.
- The signs and symptoms of concussion do not always show immediately, they can occur over the following days.
- It is important that return to work/education must be achieved before return to sport.

Visit our stand or find out more at
accsportsmart.co.nz/concussion

ACC SportSmart

PROGRAMME

WĀTAKA

Your Programme Committee has worked hard to bring you a conference with something for everyone. Registration is available from 3pm on Thursday 13 September and re-opens again from 7.30am on Friday, with the Conference opening Mihi Whakatau at 11am. The programme then comprises four parallel sessions on Friday and five on Saturday and Sunday.

For the programme to stay on time, please ensure you move quickly between sessions and take your seat promptly. We also ask that you fill the seats in the front of the room first.

Morning tea, lunch and afternoon tea will take place in the trade hall. Again, please make your way quickly to your next session at the end of every break.

Special thanks to this year's Programme Committee including Cathy Chapple, Sue Doesburg, Martin Kidd and Julie Reeve.

The conference registration desk will be open from 3pm on Thursday afternoon and from 7.30am on Friday, Saturday and Sunday.

In addition to room sessions, conference includes:

- The Saturday night social function at the Distinction Dunedin Hotel, from 7pm.
- A number of paid workshops, held pre and post conference.
- A PAANZ Qigong workshop and breakfast at the Chinese Gardens on Sunday morning.

Please note the programme is correct at time of publication but subject to change.

FRIDAY 14 SEPT

	Town Hall	Glenroy	Fullwood	Conference 1	Conference 2	Edinburgh
8.30am	Trade 8.30am – 6.20pm		ACC Fraser Wilkins & Shaun Westhead Physiotherapy Services Contract Redesign Workshop	Tae Ora Tinana Culturally Safe Physiotherapy Practice	Rosemary Mannering Mental Health SIG Workshop	
11.00am		Mihi Whakatau				
11.30am		Liz Binns/Leigh Hale Intro and Welcome				
12.00pm	Lunch 12pm – 1pm					
1.00pm		Professor Fiona Jones The secrets of working with <i>not</i> for patients				
2.00pm		Whiteley Allcare (10 mins)				
2.10pm		Professor David Baxter The Dunedin Multidisciplinary Health and Development Study: from early development to ageing well	Dr Hemakumar Devan Working towards loving the new me” Exploring experiences of two different approaches to pain self management	Dr Julie Reeve The physiotherapy management of the patient undergoing major abdominal surgery. What’s hot, what’s not?	ACC Allan Levett Integrity Services: Exploring ACC data together	
2.30pm			Nikita McGruer Māori lived experiences of Osteoarthritis: A kaupapa Māori qualitative study			
2.50pm		Dr Emma Wyeth Māori Injury Outcomes: Experiences and Pathways After Injury	Dr Ramakrishnan Mani Towards personalised pain treatments based on nociceptive pain profile	Claire Matheson Is Nasal High Flow (NHF) oxygen in the ward setting beneficial?	Mark Harris The influence of subjective training load on injury and illness in elite track cycling	
3.10pm				Emily Gray Perceptions and experiences of engaging in physical activity in adults following coronary artery bypass graft surgery	Dr Daniela Aldabe Can differences in active straight leg muscle activation predict pelvic girdle pain? A comparison between pregnant and non-pregnant women	
3.30pm	Afternoon Tea 3.30pm – 4pm					

- Invited Speakers
- Key Note Sessions
- ACC
- Kōrero
- Free Papers

FRIDAY 14 SEPT

	Town Hall	Glenroy	Fullwood	Conference 1	Conference 2	Edinburgh
4.00pm	Trade 8.30am – 6.20pm	Professor Paul Hodges New Ideas about Pain and the Motor System: New ideas for rehabilitation	Peter Lawrenson Iliocapsularis and pericapsular muscles of the anterior hip; an electromyographic investigation in gait	Dr Catherine Granger The role of exercise and physical activity in cancer survivorship	Dr Helen Harcombe Participation in work and activities following injury: what effect do subsequent injuries have?	
4.20pm			Dr Adam Semciw The immediate effect of foot orthotics on gluteus medius and minimus muscle activity in healthy young adults during gait		Professor Duncan Reid Knowledge and attitudes of secondary school students, referees, parents and doctors towards sports related concussion	
4.40pm		Tobias Hoeta Evidence for culturally valid pain assessment tools for Māori – A systematic review	Dr Melanie Bussey Muscle activity during active straight leg raise is associated with innominate mobility	Dr Grant Mawston The effects of a four week high-intensity interval training and home-based walking programme on the aerobic capacity and perioperative risk in a cancer patient undergoing Esophagectomy		
5.00pm		Abdullah Alqarni Assessment of central pain mechanisms in New Zealand physiotherapy clinical practice: An online survey	Dr Tania Pizzari Principle-based Approach to Managing Rotator Cuff Tendinopathy	Nicola Jepsen The Experiences of Accessing Health Care for Families of Children with Bronchiectasis in Counties Manukau, Auckland	Assistant Professor Kathryn Schneider Sport-related concussion: Athlete, sport and injury specific considerations	
5.20pm		Karen Meehan Physiotherapists’ perspectives on the use of advice and education for patients with rotator cuff-related pain		Kerstin McPherson A strengths based approach utilising the International Classification of Functioning for physiotherapy management for women with pelvic organ prolapse		
5.40pm		PNZ AGM				
6.20pm	Welcome Cocktails					
8.00pm						

Please note that this programme highlights the three main days of Physiotherapy New Zealand Conference 2018, from Friday 14 to Sunday 16 September. A number of additional paid workshops are also being held in the days immediately before and after these dates.

SATURDAY 15 SEPT – MORNING

	Glenroy	Fullwood	Conference 1	Conference 2	Edinburgh	Upper Green Room
7.00am			PVMH SIG: Breakfast Meeting			
7.30am				NZ Journal of Physiotherapy How to go about publishing?		
8.30am						
8.50am	Assistant Professor Kathryn Schneider An integrated approach to the management of concussion					
9.50am	Physiotherapists use of electronic information for CPD					
10.00am	Morning Tea 10am – 10.30am					Neurology SIG AGM
10.30am	ACC Stafford Thompson Clinical reasoning: Causation and ACC eligibility	Associate Professor Joanne Potterton Lessons learnt from a pandemic: What HIV has taught physiotherapists	Dr Dan Ribeiro The initial effects on shoulder muscle activity of shoulder mobilization with movement during shoulder abduction: a repeated-measures study on patients with pain-limited shoulder elevation	Lara Vlietstra Exercise interventions in healthy older adults with sarcopenia: A systematic review and meta-analysis		
10.50am				Dr Prasath Jayakaran Physical activity in individuals with a lower limb amputation	Nita Brown Stroke prevention for indigenous peoples requires a comprehensive multi-level integrated approach to reduce stroke incidence in Aotearoa	
11.10am	Dr Helen Harcombe Subsequent injuries in the 24-months following an Accident Compensation Corporation (ACC) entitlement claim injury among a general injury cohort	Dr Hilda Mulligan Falls prevention – What can we learn from older adults and their carers?	Marion Kennedy Inter-rater reliability of sonographic measurement of the acromiohumeral and coracohumeral distances and rotator cuff tendon thickness	Liam Miller An investigation of attitudes to exercise and barriers to physical activity in a cohort of adults with obesity		
11.30am	Hosam Alzahrani The effectiveness of lifestyle physical activity intervention compared to other interventions in the management of people with low back pain: a systematic review and meta-analysis of randomised trials	Professor Ngaire Kerse Depression in older people: beyond the biomedical model to multidisciplinary care	Dr Gisela Sole Biomechanics and Neurosciences: conflict or concordance for musculoskeletal disorders?	Dr Prasath Jayakaran Physical activity in individuals with early signs of hip/knee osteoarthritis – A Feasibility study	Professor Denise Taylor Navigating the world: why understanding spatial memory may help those with MCI as well as those with vestibular disorders	
11.50am	Trish Schlotfeldt The Cost Saving Potential of a Physiotherapy Service in the Emergency Department in the Management of Back Pain			Nicola Jepsen Patient characteristics and predictors of completion of a pulmonary rehabilitation programme in Counties Manukau, Auckland		
12.10pm	Lunch 12.10pm – 1pm			OCC Health AGM	NZMPA SIG AGM	OA SIG AGM

Invited Speakers

Key Note Sessions

ACC

Kōrero

Free Papers

Trade in the Town Hall from
8.50am – 6.20pm

SATURDAY 15 SEPT – AFTERNOON

	Glenroy	Fullwood	Conference 1	Conference 2	Edinburgh	Upper Green Room
1.00pm	Panel Chaired by Dr Margot Skinner Non-communicable diseases: Physiotherapists have the solution to the world's greatest health problem, but how do we get the world moving? Panel Participants: Professor Leigh Hale, Professor Haxby Abbott, Dr Catherine Granger and Associate Professor Nicola Kayes.	Panel Chaired by Dr Cathy Chapple How relevant is research to clinical practice? Panel Participants: Professor Dave Baxter, Professor Paul Hodges, Associate Professor Linda Woodhouse and Associate Professor Joanne Potterton.				
2.00pm	Professor Fiona Jones Applying person centred self- management in acute and multiple trauma; working with the ups and the downs	Dr Ewan Kennedy Comparing clinical reasoning of physiotherapy and medical students	Associate Professor Kate Webster Return to sport after anterior cruciate ligament reconstruction: risks, rewards and the research evidence	Dr Ben Darlow Living with osteoarthritis is a balancing act: an exploration of beliefs about knee pain in people with osteoarthritis	Dr Margot Skinner The global physiotherapy profession: are today's priorities fit for purpose in tomorrow's world?	
2.20pm		Natasha Lewthwaite Preparing physiotherapy students for clinical practice: a comparison between behaviourist and constructivist approaches		Miranda Buhler Impact of thumb base osteoarthritis: a qualitative study of patients' perspectives		
2.40pm	Professor Denise Taylor A decade on... have we increased the amount of arm activity our patients do in stroke rehabilitation	Associate Professor Nicola Kayes Co-creating health in physiotherapy: Moving beyond adherence, education and prescription	Mandeep Kaur Patients' perspectives of the outcome of anterior cruciate ligament reconstruction surgery: a qualitative study	Professor Haxby Abbott Osteoarthritis: models for delivering best-practice care	Dr Jonathan Warren Continuing Professional Development: Should it be compulsory?	
3.00pm	Allyson Calder Challenges for female partners supporting their blokes with stroke to participate in physical activity		Professor Peter McNair Electromyographic changes in anterior cruciate deficient (ACLD) knees during unexpected landings			
3.20pm	Afternoon Tea 3.20pm – 3.50pm					
3.50pm	Associate Professor Linda Woodhouse Advanced Practice Physiotherapists are essential members of primary care teams. Why aren't we there?					
4.50pm	Associate Professor Joanne Potterton Whose Norm is it Anyway? Challenges of developmental assessment in a multi-cultural society	Dr Bahram Sangelaji How behaviour change intervention mapping of a complex intervention can be useful to modeling and evaluation the whole programme; the story of improving the combination programme of Web- Based Physiotherapy and Blue Prescription	Dr Tania Pizzari Unravelling the Deep Hip Muscles – Implications for Rehabilitation	Michelle Hall Effects of dry needling trigger point therapy in the shoulder region on patients with upper extremity pain and dysfunction: a systematic review and meta-analysis	Dr Ewan Kennedy Towards integrated neck and concussion rehabilitation in New Zealand	
5.10pm		Dr Derek Sherwood Physiotherapists helping patients choose wisely				
5.30pm						CTSIG AGM 5.30 – 6.30pm

SUNDAY 16 SEPT – MORNING

	Town Hall	Glenroy	Fullwood	Conference 1	Conference 2	Edinburgh
8.30am	Trade 8.50am – 1.10pm	Professor Leigh Hale Person-centred care: lets include who really matters				
9.30am		Melissa Davidson Using palpation for the assessment of muscle 'tone' – how accurate are we?	Professor Denise Taylor New technologies for improving outcomes in Neurological Rehabilitation	Georgie Davidson Mindfulness meet Physio	Dr Meredith Perry Perceived accessibility and usability of urban parks by older adults with disability	Dr Catherine Smith Applying behaviour change interventions with physiotherapy clients – whose behaviour needs to change?
9.50am		Delena Caagbay Pelvic organ prolapse in Nepal: what is the prevalence, symptoms, quality of life and pelvic floor muscle function for women				
10.10am	Morning Tea 10.10am – 10.40am					
10.40am		Professor Paul Hodges More than the Floor: Integrating Ideas for disorders of Pain, Prolapse, Peeing & Puffing in Men & Women	Associate Professor Linda Woodhouse Economic Evaluation of Back Pain Triage Models of Care”	Chris Higgs What does 'work ready' look like?	Dr Stephanie Woodley Morphology and management of greater trochanteric pain syndrome	Sarah Rhodes Texting to support physical activity behaviour change in adults with obstructive sleep apnoea (OSA)
11.00am						Dr Divya Adhia Accuracy of the Fitbit Zip is affected by velocity and gait quality in stroke survivors
11.20am		Lou James Restoring health is much more than just removing disease – how can physiotherapists help the growing population of cancer survivors thrive?	Trish Schlotfeldt The Development of a Back and Neck Pain Pathway in a Metropolitan Hospital	Associate Professor Kate Webster Role of Psychology in Anterior Cruciate Ligament Rehabilitation	Dr Ben Darlow An international study of attitudes and confidence about best practice osteoarthritis care in the current and future health workforce	Dr Hemakumar Devan Do smartphone apps foster self-management support in people with persistent pain?
11.40am			Hosam Alzahrani The association between physical activity and low back pain: a systematic review and meta-analysis of observational studies		Nico Magni Exercise for hand osteoarthritis: Blood flow restriction vs high intensity strength training	Professor Denise Taylor TextNudge: a little nudge to stay active
12.00pm		Professional Development Committee Session				
12.10pm	ACC – CEO Scott Pickering					
1.10pm	Lunch 1.10pm – 2pm					

- Invited Speakers
- Key Note Sessions
- ACC
- Kōrero
- Free Papers

Please note that this programme highlights the three main days of Physiotherapy New Zealand Conference 2018, from Friday 14 to Sunday 16 September. A number of additional paid workshops are also being held in the days immediately before and after these dates.

SOCIAL EVENTS

KĀ KAUPAPA ŌPAKI

FRIDAY COCKTAIL FUNCTION

The Dunedin Centre, Trade Hall
Starting immediately after the PNZ AGM

Join us on Friday evening for the conference cocktail function. This event will be in the trade hall, following the Physiotherapy New Zealand Annual General Meeting, and is a great opportunity to visit the conference sponsors and catch up with colleagues. Your conference name badge lanyard will get you into this event, including complimentary drinks and nibbles.

SATURDAY SOCIAL FUNCTION

Distinction Dunedin Hotel,
6 Liverpool Street, starting at 7pm

We'll be taking inspiration from Dunedin's rich heritage on Saturday night and dining at the city's recently transformed Distinction Dunedin Hotel. What started out in 1937 as the Chief Post Office is now a luxury hotel and we've booked out their newest function room for dinner, including the unique experience of Dunedin's own Haggis Ceremony.

Given Dunedin is the celtic name for Edinburgh, with ties back to Robbie Burns, we'll be taking the opportunity to celebrate the region's Scottish roots. To get in the spirit, you're encouraged to wear your best tartan. However you choose to represent, whether it's more Bay City Rollers or Braveheart, you'll be suitably dressed for a great night.

If I work under ACC Cost of Treatment Regulations, how do I get a contract?

The ACC Physiotherapy Services Contract is an open contract. If you meet the requirements you're eligible to apply.

If you're interested in learning more, please register on the Government Electronic Tendering Services website (www.gets.govt.nz) and enter the GETS reference number: 19776520, "Physiotherapy Services 2018" to get an application pack for the ACC Physiotherapy Services Contract.

If you have any thoughts, ideas or questions about the ACC Physiotherapy Services Contract, please visit us at the ACC stand in the Exhibition Hall or email physiocontract@acc.co.nz.

SPECIAL INTEREST GROUPS ANNUAL GENERAL MEETINGS

HUI-Ā-TAU

.....

PELVIC, WOMEN'S AND MEN'S HEALTH

7.00am, Saturday 15 September
Conference Room 1
Breakfast included

NEUROLOGY

10.00am, Saturday 15 September
Upper Green Room

OLDER ADULT

12.10pm, Saturday 15 September
Upper Green Room

CARDIOTHORACIC

5.30pm, Saturday 15 September
Upper Green Room

OCCUPATIONAL HEALTH PHYSIOTHERAPY GROUP (OHPG)

12.10pm, Saturday 15 September
Conference Room 2

NEW ZEALAND MANIPULATIVE PHYSIOTHERAPISTS ASSOCIATION (NZMPA)

12.10pm, Saturday 15 September
Edinburgh Room

GENERAL INFORMATION

KŌRERO TUKUPŪ

Please be considerate to presenters and other attendees by keeping phones and devices off, or switched to silent mode, during all presentations.

REGISTRATION DESK

The registration desk is your first point of contact for any questions or issues you may have over the conference. It will be open from 3pm on Thursday afternoon and from 7.30am on Friday, Saturday and Sunday.

Alternatively keep an eye out for the conference team, who will be wearing staff name badge lanyards.

SMOKING POLICY

Smoking is prohibited inside the venue.
A designated smoking area is located
outside the main entrance on Harrop Street.

#PNZCONF2018

PNZ will be posting on Facebook (@PhysiotherapyNZ) and Twitter (@PhysioNZ) during Physiotherapy Conference 2018. Please follow our feed and tag your own posts using #PNZConf2018.

NAME BADGE LANYARDS

For both security reasons, and to ensure admission into all conference sessions, catering breaks and social functions, please wear your name badge lanyards at all times.

REFRESHMENTS

Morning tea, lunch and afternoon tea will be held in the trade hall at the times scheduled in the conference programme.

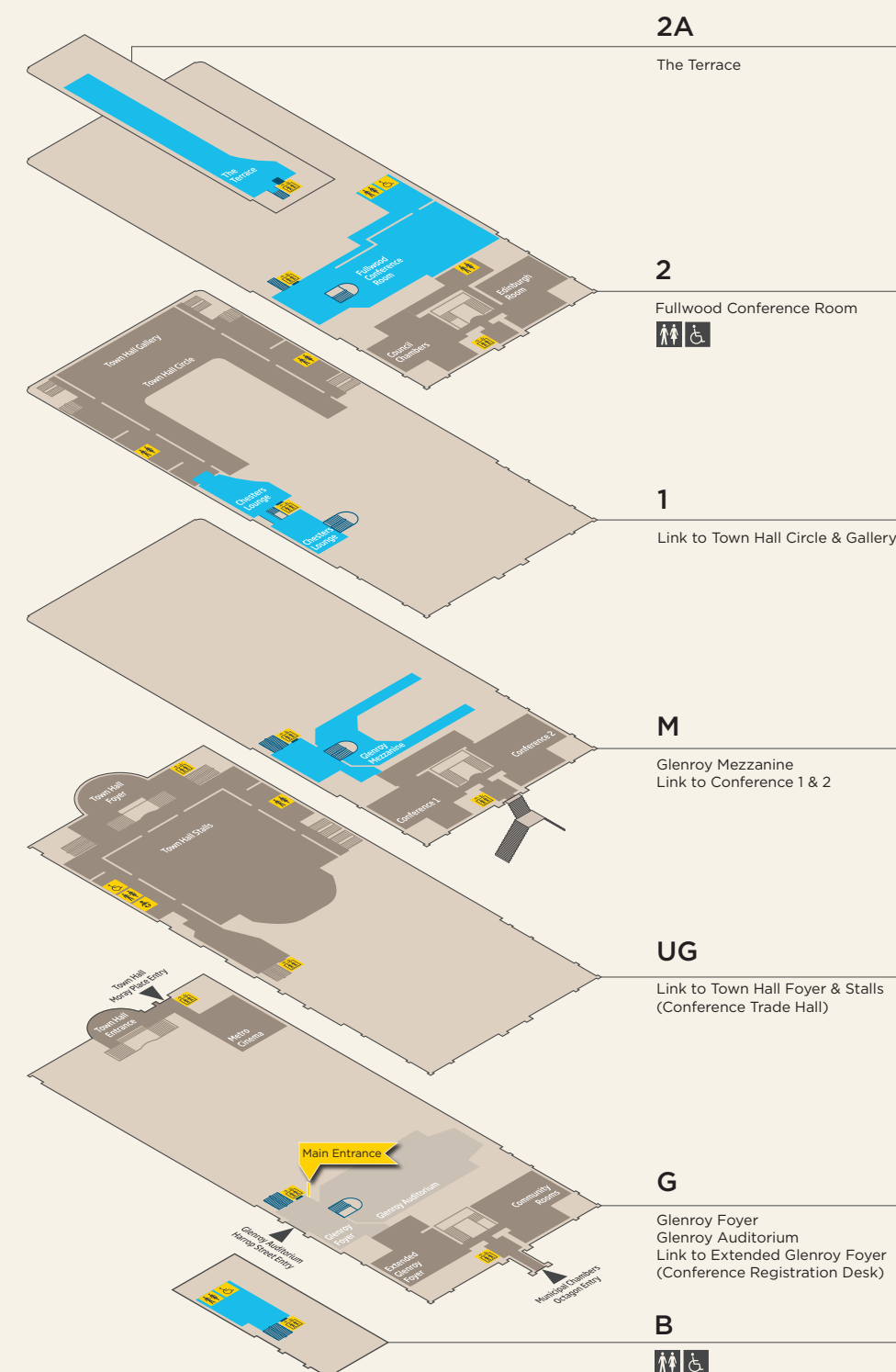
A buffet lunch will be available, with vegetarian and gluten-free options.

Morning and afternoon tea
is sponsored by Medtech.

WIFI

WiFi is available during the conference.
Please use PNZ2018 as both the Username
and Password.

THE DUNEDIN CENTRE & TOWN HALL



SPONSORS AND EXHIBITORS

KAITAUTOKO PŪTEA, KAIWHAKAATU

The conference wouldn't be the same without the support from our presenting partner, sponsors and exhibitors. We encourage you to take time over the three days to visit all our stands in the exhibition.

PASSPORT COMPETITION

Enter the Exhibitor Passport competition for an opportunity to win an Apple Watch. To enter, simply collect passport stamps by visiting at least 15 exhibitors in the trade hall during the conference. You'll receive a passport competition card with your name badge lanyard. Once you have collected 15 stamps, complete your name and contact number and place it in the competition box located at the conference registration desk.





2019 Certification Courses Open for Registration soon!

Polestar creates life-changing movement experiences by fusing Pilates, physical therapy, and mind-body energy systems, with facilities and courses worldwide.

Driven by science and evidence-based curriculum, professional leadership and a variety of specialties, Polestar applies Pilates exercises in helping people to restore, achieve and excel in physical fitness. Founded in 1992, Polestar is now taught in over 24 countries around the world.

Contact us now for more information and to register

POLESTAR®

Call Polestar Pilates NZ
on 09 – 3032211
E: info@polestarpilates.co.nz
W: www.polestarpilates.co.nz







Gensolve

PRACTICE MANAGER

WHY RUN YOUR BUSINESS WITH ONE EYE CLOSED?



- **MANAGE YOUR PRACTICE**
Appointments, no-shows, attendance, sales
- **MANAGE YOUR CLINICIANS**
Track & manage visits, retention & follow-ups
- **MANAGE YOUR FINANCES**
Detailed revenue reporting, full balance sheets

PHONE: 0800 436 765 | EMAIL: GPMS.SALES@GENSOLVE.COM

WWW.GENSOLVE.COM

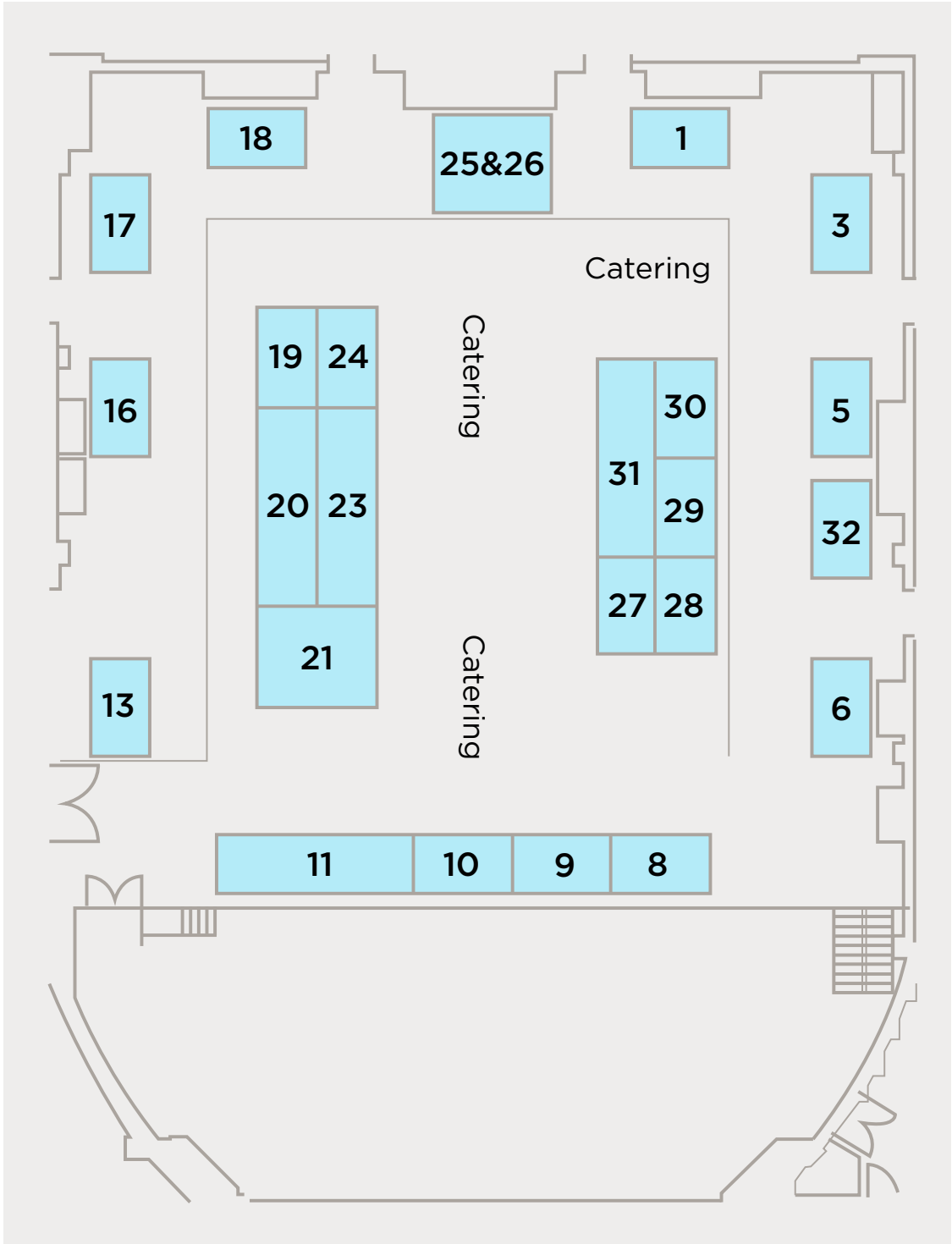
TRADE HALL

TE WHARE TAUHOKO

.....

EXHIBITION DIRECTORY

.....



COMPANY NAME

STAND NUMBER

ACC	25&26
Amtech Physio	31
AT Therapy	27
Cubro	5
D3 Tape	28
DJO Global	11
Elastoplast & Leuko	8
Fisher & Paykel Healthcare	18
Gensolve	17
Foot Mechanics	30
Medtech Global	6
Motion Health Group	13
Obex Medical	3
OrthoMedical	32
Orthotic Centre	9
Permobil	23
Physiotherapy Board of New Zealand	19
Pilates Reformer NZ	24
School of Physiotherapy Archival Display	29
Southern Cross Health Society	10
TBI Health	16
Tui Balms	1
University of Otago, School of Physiotherapy	20
Whiteley Allcare	21

EXHIBITORS



PRESENTING PARTNER

CONTACT
acc.co.nz

ACC

ACC provides New Zealanders with comprehensive, no-fault personal injury cover. We work closely with businesses and the community, to try to prevent injuries from happening and to make New Zealand a safer place. But when injuries do happen, we're here to help. We manage injury claims, coordinate services and work closely with health professionals to help get people back to living their life as quickly as possible.



CONTACT
amtech.co.nz

AMTECH PHYSIO

For over 15 years, our happy, close-knit family owned company has been a leading supplier within the Medical, Dental and First Aid markets. Now, our dedication to delivering the best is extended to the Physiotherapy industry! Exciting, right? We are committed to providing you with the best. With a wide range of physiotherapy products, excellent service and free freight to every corner of the country, we've got you covered.



CONTACT
attherapy.co.nz

AT THERAPY

At Therapy are a rehabilitation company specialized in the upper limb. We have a comprehensive range of products for splinting, bracing and casting. In addition, we are the exclusive distributors for the following ranges: Push Braces, Push Sports Braces, Genuine Theraband Products, Promedics, Rolyan and Spio. Please visit our stand to see the new range of Sports braces and the Spio range of compression garments.



CONTACT
cubro.co.nz

CUBRO

We're on a mission to enhance the quality of life for all. At Cubro, we've been enhancing the quality of life of the elderly and people with disabilities for over 35 years. And that's something we're very proud of. Everything we do is based on our shared belief that people have the right to enjoy a great quality of life, irrespective of age or ability. This belief drives us to search the globe to bring life-changing equipment and solutions, to empower all New Zealanders to live their best lives. We are privileged to have helped so many New Zealanders to live better lives and we look forward to partnering with you to help many more.

DISTANCELEARNING

POSTGRADUATE



WELLINGTON

Rehabilitation Teaching & Research Unit (RTRU)
Department of Medicine
University of Otago, Wellington

Start your Postgraduate study in Rehabilitation 2019

Specialists in Distance-Taught Postgraduate Courses in Inter-Professional Rehabilitation

"One of the great things about these qualifications is that you can study while you work. RTRU is based in Wellington, but we have students from all around New Zealand, from a wide variety of different professional backgrounds, all working together toward Postgraduate Certificate, Diplomas, Masters or PhD in rehabilitation."

A/Prof William Levack, Academic Head of the Rehabilitation Teaching and Research Unit (RTRU)



For further information or to enrol please contact:
Maggie McConville | Programme Administrator
Rehabilitation Teaching & Research Unit
University of Otago, Wellington
New Zealand
Email rtru@otago.ac.nz
Tel +64 4 385 5591
otago.ac.nz/wellington/departments/medicine/postgraduate/rehabilitation/
Facebook/studyrehabilitation



CONTACT

d3tape.com

D3 TAPE

d3 was established in 2010 to serve athletes, clubs, and their Physiotherapists, with affordable, quality, innovative sports strapping tape. We specialise in Rigid, EAB, Kinesiology, Cohesive and Athletic Cotton tapes, and associated first aid products. Stop by and talk to Mark or Craig, and see how d3 can better help you.



SILVER SPONSOR

DJO GLOBAL

DJO Global is a leading global developer, manufacturer and distributor of high-quality medical devices and solutions, used in both clinical and home care settings, for musculoskeletal and vascular health, rehabilitation, and pain management. DJO Global's products address the continuum of care from injury prevention to rehabilitation after injury or surgery, or through the progression of degenerative disease, helping people to keep moving and return to a healthier lifestyle. Our products are used by orthopedic specialists, spine surgeons, primary care physicians, pain management specialists, physical therapists, podiatrists, chiropractors, athletic trainers and other healthcare professionals. DJO Global's surgical division offers a comprehensive suite of reconstructive joint products for the hip, knee, shoulder and elbow. In addition, the Company's consumer division extends the DonJoy and Compex brands directly to athletes and consumers with its commercial lines of premium bracing, compression and performance products. DJO Global's core product lines include rigid and soft orthopedic bracing, hot and cold therapy, bone growth stimulators, vascular therapy systems and compression garments, electrical stimulators for pain management or muscle recovery and physical therapy products. DJO Global's products are marketed under a global portfolio of brands including Aircast®, Chattanooga™, CMF™, Compex®, DJO Surgical, DonJoy®, DonJoy Performance®, Dr. Comfort®, Exos®, and ProCare®. For additional information on the Company, please visit www.DJOglobal.com

CONTACT

djoglobal.com

permobil

Independence is a basic human right and for over 50 years Permobil has held fast to that belief. Passionate about better understanding our users' needs and improving their quality of life. Today, those solutions in New Zealand cover a large range of market leading quality product.

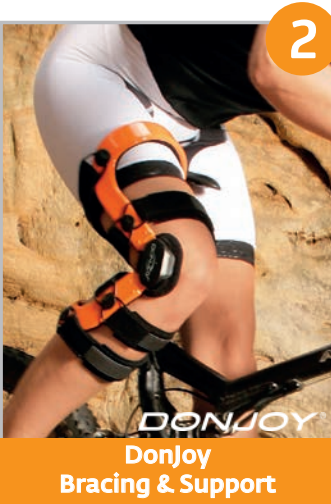
With 3 branches, rental divisions and Territory Managers scattered throughout New Zealand, we are ready to be of assistance.



0800.115.222 | sales.nz@permobil.com | permobil.co.nz



Introducing DJO Global's Comprehensive Product Range



Showcasing at the Physiotherapy NZ Conference, please come and visit us at stand #11&12 and check out our range of products. We hope you love them as much as Rafa does.





SPORT

SILVER SPONSOR

CONTACT
elastoplast.com

ELASTOPLAST & LEUKO

Beiersdorf Health Care (BHC) is a newly formed affiliate of Beiersdorf ANZ. Our brands include the market leading Elastoplast & Leuko Sports Medicine. Beiersdorf Health Care is delighted to be a Silver Sponsor attending this year's Physiotherapy Conference. We look forward to showcasing our brands Elastoplast & Leuko at Booth #8 and to further supporting Physiotherapy in New Zealand.



CONTACT
fphcare.com

FISHER & PAYKEL HEALTHCARE

Fisher & Paykel Healthcare is a world leader in medical devices and systems for use in respiratory care, acute care, surgery and in the treatment of obstructive sleep apnea.



CONTACT
footmechanicspodiatry.co.nz

FOOT MECHANICS

For over 21 years Foot Mechanics Podiatry has collaborated with physiotherapists to deliver exceptional treatment plans to our patients. We are specialists in treating lower limb pain and problems with a focus on sports biomechanics and gait analysis. Orthotic Therapy – Shockwave – ACC funded orthotics, moonboots, knee and ankle braces.



CONTACT
gensolve.showmypc.com

GENSOLVE NZ

Gensolve Practice Manager offers a complete end-to-end business solution for Allied Health Professions and delivers proven cloud-based technology that integrates patient, practice and business management. This cost-effective solution allows you to easily manage your business with one single application. Gensolve offers an integrated accounting services, product management and e-marketing tools so you can effectively manage your entire business, with no need for multiple software programs.



CONTACT
medtechglobal.com/nz/products-nz/allied-health-nz

MEDTECH GLOBAL

Medtech Global is a leading health information technology company. We provide advanced practice management software and state-of-the-art solutions that enable health professionals to provide improved care, and for patients to manage their health and well-being. Medtech Global empowers health across several geographic regions worldwide. It is widely recognised for its innovative leading-edge software solutions, its ability to securely share data and the enabling of clinical health information to be available when and where it's needed most.



CONTACT
motionhealth.co.nz

MOTION HEALTH GROUP

Motion Health is a unique franchise group of physiotherapy practices fuelled by a vision to bring optimal lifelong physical health to all New Zealanders. We enable practice owners to access the support of an international group to help them grow their business.



CONTACT
obex.co.nz

OBEX MEDICAL LTD

For over 35 years, Obex Medical has worked to ensure New Zealanders have access to world class medical technologies and to ensure patients receive best medical care. Our team is excited to introduce to New Zealand, unique foot and hand orthotics using the VACO12 technology. Visit us during this conference to learn more about the VACO range.



CONTACT
orthotics.co.nz

ORTHOTIC CENTRE

Being active is second nature here in New Zealand. But if you suffer from limited mobility or pain, you know it shouldn't be taken for granted. Orthotic Active understands that the entire human body needs to be healthy to work optimally. We don't create generic orthotic solutions; we take a holistic approach to every client to create the best orthotic recovery and management plan for your needs, no one else's.



SILVER SPONSOR

CONTACT
permobil.co.nz

PERMOBIL

For over 50 years Permobil has been passionate about better understanding our users' needs and improving quality of life. Today, those solutions include an extensive range of product including power wheelchairs, seating and positioning, power assist, and manual wheelchairs; we look forward to increasing access to care in New Zealand.

PILATES REFORMER
NEW ZEALAND

PILATES REFORMER NZ

Pilates Reformer NZ offers an extensive range of high quality Pilates equipment and accessories for physiotherapists and their studios. Our new range of Align Pilates Reformers has been integrated and designed to the growing demands of the client and instructor. Come visit our stand to see how we can grow your business.

CONTACT
pilatesreformer.co.nz

Elastoplast®

Silver Sponsor NZPA

NEW Bulk Length Rolls with NEW Dispenser Station



Size: 58cm x 18cm x 18cm

Elastoplast is now providing a quality range of Bulk Rolls which will service your ever increasing demand on these popular products.

This contemporary dispenser station **is yours free when you buy your opening order.**

Please visit the Elastoplast & Leuko booth for further details.



CONTACT

physioboard.org.nz

PHYSIOTHERAPY BOARD OF NEW ZEALAND

The Physiotherapy Board is a Responsible Authority established under the Health Practitioners Competence Assurance Act 2003. The principal purpose is to protect the health and safety of members of the public through mechanisms to ensure that physiotherapists are competent and fit to practise.



CONTACT

southerncross.co.nz

SOUTHERN CROSS HEALTH SOCIETY

Southern Cross Health Society is New Zealand's leading private health insurer and a not-for-profit friendly society. We have been taking care of the health of one in five kiwis to help them live healthier lives.



CONTACT

tbihealth.co.nz

TBI HEALTH

TBI Health provides a comprehensive range of physiotherapy, injury management and rehabilitation services. With clinics and services across New Zealand, we bring together one of the country's largest teams of health professionals supporting recovery at home, at work or within our national network of TBI Health clinics.



CONTACT

tuibalms.co.nz

TUI BALMS

Tui Balms are the Original Massage Balms. Economical solution for enhanced grip, control and massage flow. A superior alternative to oil. No more spills! Anti-inflammatory and Myofascial Release Balms available. Made in NZ since 1984 with altogether natural GE-free ingredients. All profits donated to NZ charities every year!



CONTACT

allcare.co.nz

WHITELEY ALLCARE

Based in beautiful Kumeu, in West Auckland, we help take care of the professionals who take care of others. We consider ourselves a lovely bunch, dedicated in supplying the country with a complete range of healthcare products. Being local, in New Zealand means, we're a phone call or a click away, and can provide punctual deliveries and a personal service.

For all your **PRACTICE ESSENTIALS**

For all your practice needs



BTL-6000 SWT EASY
Shockwave Therapy



Comprehensive range of braces & supports

Mueller



allcare™
ORTHO



Oppo



WHITELEY
allcare

0800 255 227 | allcare.co.nz