

PNZ Executive Nominee: Kirstin Glasgow



I am a passionate physiotherapist with a keen interest in the future of the physiotherapy profession.

I have 19 years of experience as a musculoskeletal physiotherapist mostly in private practice. I have worked in South Africa, the NHS in the United Kingdom and private practices and District Health Boards (DHBs) around New Zealand (both in the North and South Island) including owning my own sole practice in Auckland. I recently completed my Masters in Health Science, where my research study looked at musculoskeletal physiotherapists treating the 'more than biomechanical' in private practice – a grounded theory study.

I strongly believe that physiotherapists have many unrecognised skills beyond our biomechanical practice but that these skills need to be acknowledged and valued.

I am currently working at Whanganui DHB, both as the senior outpatient physiotherapist and as the Physiotherapy Professional Lead. This Professional Lead role is responsible for ensuring professional standards are maintained to the highest level, facilitating service quality improvement and providing professional direction and strategic advice for physiotherapy across the organisation. I am a member of the PNZ SIG District Health Board (DHB) Leaders group. I also have a basic grounding in critical theory and am a member of the Critical Physiotherapy Network (CPN).

Health care is evolving, and I believe physiotherapy will have a fundamental role to play in the future of health care. I believe this is an exciting time for the physiotherapy profession with many opportunities to expand, both into community health and specialisation. I would love to be part of this development. With my diverse experience in private practice, DHBs and academia, I feel could bring a broad perspective to the PNZ Executive in order to facilitate a cohesive approach for the future of physiotherapy in New Zealand.