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# PHYSIOTHERAPY NEW ZEALAND ANNUAL REPORT 2012



**PHYSIOTHERAPY** NEW ZEALAND  
*Kōmiri Aotearoa*

MOVEMENT FOR LIFE

# CONTENTS

PRESIDENT'S REPORT	2-3
EXECUTIVE DIRECTOR'S REPORT	4-5
COMMITTEE REPORTS	6-9
Committee Membership for 2011	
Tae Ora Tinana	
Ethics Committee	
New Zealand Journal of Physiotherapy – Volume 39	
Scholarship Trust Fund	
M.L. Roberts Prize	
Physiotherapy New Zealand Medical Staffing Achievement Award	
WORKING PARTY REPORT	10
History	
BRANCH REPORTS	11-17
Northland	
North Shore	
Auckland	
Waikato   Bay Of Plenty	
Hawke's Bay	
Middle Districts	
Wellington	
Nelson   Marlborough	
Canterbury	
Otago	
Southland	
SPECIAL INTEREST GROUP REPORTS	18-25
Business	
Acupuncture	
Cardiothoracic	
Continence & Women's Health	
District Health Board Leaders	
Education	
Hand Therapists	
Manipulative Physiotherapy	
Neurology	
Occupational Health	
Older Adult	
Paediatric	
FINANCIALS	26-36

**COVER:** We celebrated the achievements of all our new physiotherapy graduates, who assure a bright future for the profession. Sophie Ryan, formerly a professional dancer, is one of those brand new physiotherapists.



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PHYSIOTHERAPY NEW ZEALAND | MOVEMENT FOR LIFE  
*Kōmiri Aotearoa*

## STRATEGIC OUTCOMES

1. HEALTHIER NEW ZEALANDERS THROUGH THE DELIVERY OF QUALITY PHYSIOTHERAPY SERVICES
2. A HEALTHY, SUSTAINABLE PHYSIOTHERAPY WORKFORCE THAT IS ALIGNED TO MEET THE HEALTH NEEDS OF THE POPULATION
3. PROMOTE THE VALUE AND UNDERSTANDING OF PHYSIOTHERAPY TO THE WIDER PUBLIC AND WIDER HEALTH SECTOR
4. A STRONG, VIBRANT SOCIETY THAT ADVANCES THE PROFESSION.

# ENERGY, VISION, DETERMINATION

Without energy, vision and determination to create change for the future direction and development of our profession, we may stagnate. Our strategic focus is providing a consistent, quality physiotherapy service to all New Zealanders. To achieve this we must work collaboratively with the wider health sector and build a relationship of trust and integrity.

In this report I am proud to give you an overview of our progress. The report is organised according to the outcomes expected in our strategic plan.

## Healthier New Zealanders through the delivery of quality physiotherapy services

This year we delivered another major contribution to quality, by totally revising our Standards of Practice. These support and complement the Aotearoa New Zealand Code of Ethics and Professional Conduct published in 2011. They give the profession valuable guidance on issues of concern.

We took the first steps towards ensuring that professional supervision will be available to all physiotherapists, by beginning to train a number of members to provide supervision training.

## A healthy sustainable workforce that is aligned to meet the health needs of the population

Early in the year I was delighted to sign the partnership agreement between National Executive and Tae Ora Tinana.

This is a milestone on the journey to promoting better health for whānau, hapu and iwi through physiotherapy.

Our collaboration with the Physiotherapy Board resulted in another exciting

development – a defined career pathway towards specialisation.

## Raise the awareness of the value and understanding of physiotherapy to the public and wider health sector

Following our advocacy efforts, ACC extended the ACC Physiotherapy Services contract (interim contract) for a further two years. The result is more stability around funding and time for consultation with ACC about any changes.

National Executive approved a bold work plan to develop infrastructure for informing the public and decision makers about the value of physiotherapy.

## Almost a full century

I am looking forward to our centenary in 2013: 100 years of physiotherapy in New Zealand. It will be a time for remembering our profession's beginnings and celebrating our current strengths, built up over the years. Who could have dreamed in 1913 of the credibility and diversity of our profession?

We all owe thanks to David Nicholls, Chair of the History Working Party, for devoting his abilities, energy and imagination over the last five years to building up a living

library of our past, to be available to everyone next year.

It reinforces our pride in our versatile, capable and essential profession.

## A strong, vibrant Physiotherapy New Zealand that aspires and leads the profession

This year has seen a long, thoughtful consultation process between National Executive and the Executive Committee of Physiotherapy Business/NZPPA, who have in turn consulted widely with their members. The result has been agreement that Physiotherapy Business/NZPPA should disband. In that case, the PNZ National Office will provide business support services to all PNZ members. An advisory committee will report to National Executive on all matters relating to business and private practice, so that the voice of physiotherapy business is still clearly heard.

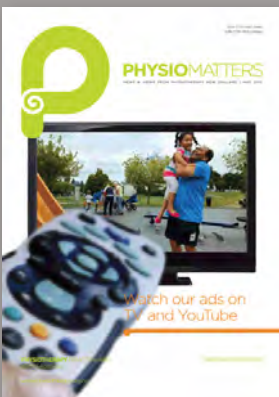
For half a century office holders and members of Physiotherapy Business/NZPPA have contributed their time, energy and expertise selflessly to advocate for business within physiotherapy and support private practitioners. On behalf of the profession I acknowledge and thank them all.

## Acknowledgements

I would like to acknowledge our team of National Executive members, and the kaitiaki of Tae Ora Tinana, who have selflessly given their time to enhance the development of our profession and improve opportunities within it. I also want to thank our CEO Karen McLeay and her team at PNZ National Office. They are all totally committed to demonstrating the value of physiotherapy.

Gill Stotter  
President

THE 2012 YEAR  
PORTRAYED IN  
PHYSIO MATTERS



## STRIVING TO MEET MEMBERS' NEEDS

### Membership

As always, I am very conscious of all the people who contribute to Physiotherapy New Zealand. I want to thank the Branch and Special Interest Group committees for so much time and expertise devoted to the interests of your profession.

At the end of the year we had 3,149 members, a 2% increase over 2011. Thank you to all members for your ongoing confidence. I am working to ensure we continue to justify that, by constantly improving our support for you.

Our membership survey this year showed a high level of satisfaction with our performance, and provided helpful insights into what we could do better and members want us to achieve, as summarised in the September Physio Matters. This information fed into National Executive's strategic planning.

### Basis of this report

This report complements the President's report, highlighting additional achievements by PNZ.

Thank you to my National Office team for their hard work and professionalism in carrying out all these tasks. I am grateful to Gill Stotter as President and all of National Executive for their guidance, making our direction clear.

### Raising awareness about physiotherapy

National Executive placed a high priority on this aspect of our work.

- The focus of our first public awareness push this year was respiratory physiotherapy. In collaboration with the Cardiothoracic SIG, we produced a variety of web- and paper-based marketing materials, as well as advertising on Māori TV, to show how valuable physiotherapy is for people with breathing problems.
- With Canterbury members, we also launched Recover with Physiotherapy,

a local drive, in the aftermath of the earthquakes, to raise awareness of their services to the public.

- An intensive website redesign project began this year, with the new site to launch in 2013. The new site will showcase the value of physiotherapy to the general public while still providing a comprehensive members only section. The website will become the central hub for all our future awareness work.
- Our online presence was improved this year by introducing a suite of social media tools including: Twitter, Pinterest and Scoop.it. We also encouraged members to upskill in this new area.
- We worked to develop our media profile further, with articles about the benefits of physiotherapy in relevant newspapers and magazines.

### Unity and leadership

A focus this year has been on building stronger connections between National Office and the Special Interest Groups (SIGs) and Branches, and amongst these groups.

- At the two Branch/SIG Leadership Seminars, the closer working relationships were very obvious. These seminars have proved invaluable for briefing our group leaders and seeking their views on possible actions. This year they gave us useful guidance about developing a career framework for physiotherapists, and for our 2013-2015 strategic plan.
- We provided finance advice and services and CPD registration services to Branches and SIGs,
- We communicated urgent and important news to members through PhysioXpress, and topical issues through social media.

### Advocacy

We concentrated on strengthened relationships, not only with ACC but also within the health sector – including with consumer groups such as the Asthma Foundation and Diabetes New Zealand. I am happy to say that we are now represented on the ACC consumer group, so that we can put forward matters of concern to patients.

### Conference

Our scientific conferences every two years, have always brought together top-quality international and New Zealand presenters to update members on a range of topics, both conceptual and practical. They have also provided an opportunity for New Zealand researchers to present their findings.

- Our "Expanding Horizons" conference and workshops certainly achieved these aims. Our survey of attendees showed very high satisfaction.
- Because numbers attending were down and as a result of our membership survey, we have begun to work with Special Interest Groups to examine different possibilities for future conferences – possibly a "superconference" – so that we can meet the stated needs of members.

### A hundred years

We have been preparing for the 2013 celebrations of 100 years of physiotherapy. A huge part of our preparation has been intensive development work on our History website.

As well as the more serious centenary events, I am sure there will be a great deal of fun when former colleagues gather together.

.....  
Karen McLeay  
Executive Director





WITHOUT PHYSIOTHERAPY I'D STILL BE THAT  
ASTHMATIC KID STRUGGLING TO BREATHE,"  
SAID MATTHEW WHEN WE FOCUSED ON THE  
BENEFITS OF PHYSIOTHERAPY FOR ASTHMA.

## COMMITTEE MEMBERSHIP FOR 2012

### National Executive

Gill Stotter, President  
Greg Knight, Co-Vice President  
Ian d'Young, Co-Vice President  
Dr David Nicholls  
Denis Kelly  
Karen Rasmussen

### Tae Ora Tinana

#### Kaitiaki

Lynda Kirkman – Chair  
Ricky Bell  
Katrina Bryant  
Maarama Davis  
Kate Haswell  
Andrea Havell  
Ann McKellar  
Karen Rasmussen  
Emma Webb  
Nathan Wharerimu

#### Kaumatua and Kuia

Matua Bill Barlow  
Whaea Pat Barlow

#### Ethics Committee

Andrew Jones – Chairperson  
Pat Cunniffe – lay representative  
Fy Dunford  
Ian d'Young  
Dr Meredith Perry  
Jess Radovanovich  
Heather Worley

#### Honorary Editorial Committee, NZ Journal of Physiotherapy

Associate Professor Leigh Hale  
– Editor  
Janet Copeland  
Dr Anna Mackey (since August)  
Dr Stephan Milosavljevic  
Dr Suzie Mudge  
Dr Stephanie Woodley  
Sarah Mooney  
Dr Meredith Perry  
Richard Ellis

### Finance Committee

Sheila Mann – Chair  
Gill Stotter – President  
Cheryl Hefford  
Greg Lynch  
Alan Laurenson – Lay representative

### ML Roberts Award Committee

Martin Chadwick  
Dr Elizabeth Hay-Smith  
Janet Copeland – Policy and  
Research Advisor

### Scholarship Trust Committee

Gill Stotter – President  
Greg Knight – Co-Vice President  
Dr Sandra Bassett  
Dr Barry Donalson  
Kate Haswell – Tae Ora Tinana  
representative  
Dr Gisela Sole  
Janet Copeland – Policy and  
Research Advisor



# TAE ORA TINANA

## Ma te kahukura ka rere te manu – With feathers a bird can fly.

The korowai (feathered cloak) is made to shield, embrace and encompass the wearer. Tae Ora Tinana aims to be the korowai supporting Māori physiotherapists and physiotherapy students throughout their training and careers.

## Committee members

Again I acknowledge the time and dedicated work of our kaitiaki serving PNZ and profession, providing an informed Māori perspective to our National Executive, and working to meet our objectives in support of Hauora Māori and the physiotherapy profession. We welcomed Nathan Wharerimu and Ricky Bell, representing Te Wai Pounamu and Te Taitokerau respectively and congratulate them and Emma Webb, on their postgraduate achievements this year. Haere rā and thanks to Leroy Lawrence and Emma; warm greetings to them and their whānau. We also express our appreciation to National office staff for supporting us.

## Activities and achievements

- Kaitiaki had kai with Māori physiotherapy students at Otago and AUT campuses, and met with staff there.
- Tae Ora Tinana's nominated speaker at PNZ Conference was Shirley Simmonds, Otago University Wellington, on "Equity and health" and kindly agreed to be featured in Physio Matters. Her son's image was used in World Physiotherapy Day promotions.
- Tae Ora Tinana has been researching ways to support Māori physiotherapists and physiotherapy students with a mentoring programme and further network development.
- Tikanga training for kaitiaki was led by Matua Wiremu Barlow, at Manukanuka o Hoturoa Marae, continuing to grow our knowledge of Ngā Iwi Maori and our waka.
- We achieved some new promotional work: a brochure and banner; and review of our webpages.

## Plans

- 2013 Hui-tauira (student hui) in Dunedin.
- Continue development of a Māori physiotherapist mentoring programme.
- Continue to work closely with National Executive on issues affecting Māori.
- Seek opportunities to contribute to Indigenous health forums both nationally and internationally.

.....  
Lynda Kirkman  
Kaitiaki and Chair

At tikanga hui



Emma Webb at graduation



Kaitiaki and students at Otago

## ETHICS

### Activities and achievements

During 2012, the Ethics Committee provided support in the review of the PNZ Standards of Practice following consultation with members. Following the review process, committee members wrote columns in Physio Matters. Subjects covered were: promoting members' consideration of the standards in their day-to-day practice; ensuring safe use of social media; and how the HPCA Act impacts on practice.

Members of the Ethics Committee also contributed to the ongoing development of an online resource, the Values Exchange, to gather a consensus-driven perspective on physiotherapy-related issues.

### Acknowledgements

This year saw the departure of two valuable members - Pat Cunniffe and Heather Worley. I would like to pass on the appreciation of the entire committee for their work over the years. Both brought considerable knowledge and expertise to discussions and provided both sure footing and food for thought in discussions. Pat's significant contributions were acknowledged with an honorary life membership of PNZ at the 2010 AGM.

### Plans

Discussions were held towards the end of the year regarding the future of the Ethics Committee. Three areas were identified where a committee would continue to add value: educative; development of position statements; and monitoring of responses given by Physiotherapy New Zealand staff members to queries on ethical issues. As a result, it has been proposed that the committee be disbanded and replaced by an Ethics and Professional Standards Committee. The composition and terms of reference for this committee will be determined after the 2013 AGM, if the committee is approved by members' votes.

.....  
 Andrew Jones  
 Chair

## JOURNAL NEW ZEALAND JOURNAL OF PHYSIOTHERAPY - VOLUME 40

It has been a productive and rewarding year for the journal.

### Honorary Editorial Committee

Leigh Hale, Editor; Janet Copeland, Associate Editor, "In Other Journals," "Out of Aotearoa;" Anna Mackey, Associate Editor, "Book Reviews;" Stephan Milosavljevic, Associate Editor, International Editorial Advisory Board; Suzie Mudge, Associate Editor, "Invited Clinical Commentaries;" Stephanie Woodley, Associate Editor, "Clinically Applicable Papers."

Towards the end of the year Sarah Mooney, Meredith Perry and Richard Ellis accepted invitations to join the Honorary Editorial Committee.

### Acknowledgements

We acknowledge and extend our thanks to Stephan Milosavljevic, for his significant contributions to the journal. Stephan has moved to Canada.

Sincere thanks to: Copy Editor Bryan Paynter, Janet Copeland, Amy Coote, the Honorary Editorial Committee, and journal reviewers. These people are invaluable in assisting the smooth running of the journal and I would like to express my gratitude to them for all their hard work. I also extend my thanks to all journal contributors. We congratulate Bryan for deservedly being awarded honorary life membership of PNZ.

### Activities and Achievements

Three issues of the journal were published in 2012, including:

- Twelve peer-reviewed articles.
- Two invited clinical commentaries.
- Five clinically applicable papers.
- Eleven book reviews.
- The "Hand Made History" continued with a historical paper and accompanying commentary in each issue.
- Conference abstracts were published from the Southern Symposium (November 2011) and the PNZ Biennial Conference (May 2012).

The Committee met three times via audio-conference and once face-to-face in Auckland. We updated the author's guidelines and the journal layout, and introduced a submission checklist to assist formatting and editing. We continued to refine the submission and peer review processes. Application for Medline access for the journal is still in progress.

.....  
 Leigh Hale  
 Editor

## SCHOLARSHIP TRUST FUND

The Scholarship Trust Fund was established in 1980 to promote, encourage and assist members carry out physiotherapy research and contribute to physiotherapy education in New Zealand.

### Recipients of awards

The Scholarship Trust Fund Selection Committee met on 12 November to consider the applications made to the fund. The following awards amounting to a total of \$20,000 were made.

### Research projects

#### Melissa Davidson

Development of a digital palpation scale for assessing muscle tension in the peripheral and pelvic floor muscles.

Awarded \$12,000

#### Heather Clark

The development and evaluation of a computer-based patient education programme as an adjunct to physiotherapy rehabilitation for shoulder injuries.

Awarded: \$8,000

.....  
Janet Copeland  
Policy and Research Advisor

## M.L. ROBERTS PRIZE

The M.L. Roberts Prize was established in 1983, named in honour of Miss Mary Louise Roberts, first Principal of the New Zealand School of Physiotherapy.

The prize of one year's membership of Physiotherapy New Zealand is awarded for the best research project carried out by a fourth-year physiotherapy undergraduate student or group of students from the two Schools of Physiotherapy.

In recognition of the different structure of the research component for fourth-year students at the University of Otago and AUT University, two awards are presented annually.

### Award winners

#### School of Physiotherapy, AUT University

Grace MacDonald  
Exploring engagement in rehabilitation for people with stroke

#### School of Physiotherapy, University of Otago

Shivani Ahuja, Shaun Clark, Elizabeth Morahan and Meari Ono  
The journey to recovery; Experiences and perceptions of individuals following stroke

.....  
Janet Copeland  
Policy and Research Advisor

## HISTORY

### Final year

This was the final year for our project to catalogue the history of physiotherapy in New Zealand, before the centenary in 2013.

Much of the year was spent in final editing of the oral histories and collating detailed summaries of each of the files, collating and scanning images for the website, and completing the work we've been doing at Archives New Zealand and the Hocken Library.

A lot of planning and preparatory work has gone into the website which has been built from the ground up with its own bespoke "look" and content management system. Earlier in the year National Executive decided that a new site was needed, and the work that had gone into collating material in the old content management system needed to be transferred over. A web development team was commissioned.

A huge amount of thanks must go to the National Office staff for organising the final stages of the project and making the site ready for its launch on 4 March 2013.

No project of this magnitude is ever complete, and it is poignant to look back to 2007 when we began to think about our decision not to try to write the definitive history of physiotherapy in New Zealand, but rather to secure the profession's history for others in the future. And so, if this five-year project has a legacy, it is probably that.

2013 will see us celebrating the completion of the project and looking forward to using the resource and sharing it with physiotherapists past and present. The site will be freely available to all. For this we are grateful for the inestimable support of PNZ and its members who allowed us to do this work in their name.

.....  
Dr David Nicholls  
Chair



Hip or knee exercises



Tilt Table



Leg Spring

OUR ELEVEN BRANCHES PROVIDE EDUCATION, NETWORKING AND LOCAL SUPPORT FOR ALL MEMBERS THROUGHOUT THE COUNTRY. BRANCH COMMITTEES ARE THE UNSUNG HEROES WHO MAKE THINGS HAPPEN.

## NORTHLAND

### Committee Members

Ben Gray, Chairperson; Holly West, Acting Secretary; Judith Bale, Treasurer; Edith Rotgans; Bernadette Luxford; Jill Coenra; Brian De Vetter; Dale Kent-Smith; Miranda Vriend; Neil Secker.

### Acknowledgements

Thanks to Vasantha Bjornholdt, Virginia Stanaway and Robyn Skerton (who resigned from the committee), for their contribution to PNZ in Northland. (Special thanks to Vasantha for long service.)

### Activities and Achievements

- April – AGM. Ian D’Young (Auckland physiotherapist) was the key speaker, presenting on setting up his rehabilitation service for people with haemophilia, and on his colleague Paul Birch’s community pulmonary rehabilitation pilot (ADHB).
- We continued to collaborate with the Northern Rural Nursing and Allied Health Consortium, whose training opportunities our mid- and far-north members regularly attend, including a presentation on “Opioids in Chronic Pain” by Dr Brigitte Gertoberens, Specialist Consultant in Anaesthesia and Pain, Auckland Regional Pain Service.
- We have tried to link more with our colleagues in neighbouring Branches this year. Eleven members travelled to the Auckland Symposium in August.
- Invitations continued to Medical Education (CME) meetings run by the Manaia PHO – for example in May a presentation on “Diabetes” by Dr Brandon Orr Walker, Ministry of Health Clinical Director of Diabetes & Cardiovascular Disease.
- September – a Peter McNair course on “Orthopaedic Rehabilitation,” in Kerikeri on the Saturday and Whangarei on the Sunday – maximising the number of members able to attend.

### Plans

- AGM in April.
- Two one-day courses on weekends – one with a musculoskeletal focus and one with a wider brief.
- We continue to keep the focus of the Northland Branch on providing training opportunities for our members and improving collaboration with other health and social services groups.

.....  
Ben Gray  
Chairperson

## NORTH SHORE

### Committee members

David Beattie, Chair; Jenny Mercer, Secretary; Vivienne Sheldon, Treasurer; Andrew Schmidt, Editor; Jennifer Anderson, Scholarship; Andrew Jones; Nicola Saywell

### Activities and achievements

We have had another busy year organising our clinical meetings for our members. We have strived to develop an ongoing education programme that is current, topical and entertaining.

- Orthopedic surgeon Tony Danesh-Clough, “Injury management for common foot and ankle injuries physiotherapists see in practice.”
- Kelly Sherrin, AUT Running Analysis Centre, on his methods of analysing gait and running; with Murray Jolly, Shoe Science, on latest barefoot/minimalist running technology.
- We celebrated the success and contribution of two physiotherapists who attended London 2012 Olympics: Alexis Pritchard, boxer; and Kirsty Robb, Bike NZ physiotherapist. Both speakers were an absolute credit to their sport, country and profession in the way they represented themselves and New Zealand in London 2012.
- Scholarship funding recipients Drs Grant Mawston and David Rice and Joshua Kim presented their latest research. These members of the North Shore Branch are working in some of the leading research being conducted at present in physiotherapy and our Branch is very proud to assist our members to continue their work.

Over the last few years our branch meetings have been a bit transient in their location. This year we have formalised our connection and relationship with AUT. The Akoranga and Millennium campuses have become our new ‘home.’ We feel that this is a wonderful fit for both parties with education as our common goal. Students, who have free admission to our meetings, progress to become members of the profession and PNZ.

### Plans

We look forward to 2013 and continued fellowship with our members.

.....  
David Beattie  
Chairman

## AUCKLAND

### Committee Members

Amanda Brown, Chairperson; Sandie Alexander, Secretary; Moira Fahy, Treasurer; Jenny Andrew; Laura Holder; Lynne O'Sullivan; Konnie Howat (resigned mid year); Paula Beck (resigned end of year); Thanks to Paula and Konnie for their contributions.

### Activities

We held four Branch meetings.

- In February, Verna Stavric (an Auckland Branch Scholarship fund recipient) presented "Physical Activity and Healthy Eating for Individuals Experiencing Disability."
- We combined the AGM in April with Mark Cranswick ADP (MT) speaking about "Chronic Pain."
- In August, National Executive member, David Nicholls presented Bryan Paynter with his PNZ Life Membership Award, followed by Christine Herzog presenting "Introduction to Cultural Competence in a Treaty Context."
- In October, Lesley Thornley and Sarah Butler presented "Professional Supervision: Why Bother?"

At our Auckland Branch Symposium in July, five presentations focused on, "Preparing physiotherapists for future healthcare needs." We also held four committee meetings.

### Achievements

In addition to our clinical evenings, Auckland Branch coordinated and subsidised two St. John's Basic Life Support (CPR) courses in May and September.

Congratulations to Christie Oldfield, Annabelle Borrie and Alison Elston who received assistance from the Auckland Branch Scholarship fund to attend courses and conferences.

The 2012 John Morris Memorial prize was awarded to fourth-year AUT student Anna Rankin. The Auckland Branch of Physiotherapy New Zealand prize, for "Leadership and Community Service in Year 3" at AUT, was awarded to

Rowan Parsons.

### Plans

In 2013, we aim to host a minimum of four Branch evening meetings, with speakers of general interest. We are considering another mid-year Symposium, with a theme relevant to both current healthcare policy and a broad range of physiotherapy areas. We will continue to offer the Basic Life Support courses.

The committee welcomes both greater member attendance at Branch meetings and suggestions for activities and speakers at our clinical evenings.

.....  
Amanda Brown  
Chairperson

## WAIKATO/BAY OF PLENTY

### Committee members

Kara Thomas, Chairperson; Julia Bridghouse; Abhi TikkiSETTY; Nicky Nunn; Renee Wood; Rachel Roberts; Charlotte Symmons; Sue Langdon

### Activities and achievements

Our new committee had support from past chairperson Nicky Nunn to build on the previous work implemented by the Branch.

A major success of the Branch has been continuing to build the clinical in-service programs held in Hamilton, Tauranga, Rotoura, Taupo, Whakatane and Te Aroha. There are large attendances in major centres and the regular group continues to attend and support each other in smaller centres. Networks within the profession have increased as a result.

Topics have included:

- Physiotherapy-specific discussions.
- Sporting and physiotherapy experiences of guest speakers.
- Local specialists and orthopaedic surgeons.
- Two full Branch meetings in February and November, focused on topics important to the members within the group, including
  - » Speakers from ACC about sharing their direction and information.
  - » PNZ Executive Director Karen McLeay regarding what's happening in Physiotherapy New Zealand.
  - » PNZ Communications and Marketing Manager Claire Hodds regarding communication and marketing in the profession.
  - » Rowing New Zealand physiotherapist Craig Newlands and Nikita Howarth, the youngest New Zealand Paralympics swimmer, sharing their experience of the London Olympics.

### Plans

- We will continue to hold clinical in-service programmes regularly in the smaller centres throughout 2013.
- The full Branch meetings were very worthwhile and informative events which we will continue to hold twice-yearly.
- Physiotherapy within New Zealand and the Waikato BOP Branch continues to be strong and the committee looks forward to working with members in 2013 and supporting physiotherapists within the Branch.

.....  
Kara Thomas  
Chairperson

## HAWKE'S BAY

### Committee members

Raewyn Newcomb, President; Angela McCamish, Secretary; Di Mackie, Treasurer; Leanne Wait; Colin Tutchen; Juliet Rawnsley; Rachel Kyle; Lee Anne Taylor; Dawn Birrell; Tony Snell; Craig Harrington; Shelley Fox; Louise Coughlan

### Acknowledgements

Sadly Johnie Johnston passed away in May 2012. She was a pioneer of physiotherapy services in both Hawkes Bay and nationally.

Thanks to Di Mackie for her service on the committee. Di intends to resign from her role after many years of commitment and hard work as secretary and more recently as treasurer. Rachel Kyle is also resigning from committee and her years of service is also greatly appreciated.

### Activities and achievements

- Reinvestment of branch term deposit, including setting up a new bank account.
- Submissions from the branch to PNZ on our branch history and awards.
- Trial of videotaping evening talks to include more geographically distant branch members.
- Attending PNZ Branch/SIG Leadership Seminars.

### Evening talks and Courses

We had a large turnout at all our evening talks and courses this year.

- May – Donna Johanson from Smith and Nephew on "Wound care" and Barbara Mawson on "Physiotherapy in Burma."
- July – Dr Steve Tumilty on "Eccentric exercise for achilles tendinopathy: how much is enough?"; Otago physiotherapy students presenting their research; Jill Collier on "Physioscholar."
- September – Carole Donolley on "An update on respiratory management" and Otago Physiotherapy students presenting their research.
- One-day course – Edmond Otis on "Stress, change and effective therapeutic communication."

### Plans

- AGM February 2013, along with our centennial celebrations.
- A trial of teleconferencing in 2013, to attempt to include our more distant members.
- Three engaging evening talks, on ethics, a cultural update; and a clinical talk.
- One musculoskeletal course.

.....  
 Angela McCamish  
 Secretary

## MIDDLE DISTRICTS

### Committee Members

Lorna Maurer, Chairperson; Sharon Taylor, Secretary; Vicki Rea, Treasurer; Jenny Christie; Katherine Rottier; Greg Sheffield; Anita Walsh; Andrea Rice; Lynne Powley; Claire Montgomery.

### Activities and Achievements

- In March we held our AGM in New Plymouth with a one-day "Floor and core" course presented by Mary O'Dwyer, which was well supported. It was good to have some new people join the previously small committee.
- Due to the wide geographic spread of the Middle Districts, local subgroups have been responsible for organising CPD activities.
- Wanganui has had two education evenings: "Non-surgical management of TA rupture;" and "Radiology of the ankle."
- Palmerston North has had three evening education meetings: "Cultural competence;" "COPD management in primary care;" and "Professional supervision."
- New Plymouth has organised two one-day workshops: an "Orthopaedic update;" and "Reflective practice." They have also had an education evening on "Reflective practice."
- Jenny Christie represented us at the PNZ Branch/SIG Leadership Seminar, and provided our committee with feedback on it.
- We have continued to have regular teleconferences, with the minutes being posted on the PNZ website.
- Members have been updated with Middle Districts news and activities by our newsletter.

### Plans

- We will be holding our AGM in Wanganui in April 2013, where Susan Reid will present a "Health literacy" workshop.
- Local subgroups will continue to organise local education and CPD opportunities.

.....  
 Lorna Maurer  
 Chairperson



## WELLINGTON

### Committee members

Sue Doesburg, Chairperson; Meredith Perry, Secretary; Beverly Karl, Treasurer; Louise Waghorn

### Acknowledgements

Thank you to the 2012 committee for their focused work to keep the Wellington Branch continuing. Beverly Karl and Louise Waghorn were farewelled following a number of years' service. New committee members Nick Clode and Julianne O'Donnell were welcomed to the newsletter editor and treasurer roles.

### Activities and Achievements

- A successful SPINE Pilates course in February. Dr Lynn Bardin, a physiotherapist from Austin Hospital in Melbourne, shared her knowledge, skills and passion with the 21 physiotherapists who attended.
- March – a presentation entitled "Smoking, drinking and brain blood flow: choose your vice but neither's nice" from Dr Karen Peebles.
- Dr Nevil Piers, a statistician, presented findings from the "Housing and Health Research programme" at the May branch meeting.
- Three committee members attended the PNZ "Expanding Horizons" conference in May, and two of the committee presented.
- In September, Ben Darlow, recipient of the 2011 Searchwell Trust, presented on his research, "Influences upon people's attitudes and beliefs about low back pain." Fourth-year physiotherapy students, Melissa O'Malley and Candace Wheately were also presented with the Wellington branch Community Service Award at this meeting, for their proactive work with local rugby clubs.
- Committee members attended the PNZ Branch/SIG Leadership Seminars. At the March seminar, an "Honouring Leadership" award was presented to the Branch for establishing the Wellington Branch Clinical Supervisors award.
- At the AGM in November, physiotherapist Greg Lynch presented on "Anterior Cruciate Ligament Rehabilitation – current concepts." The Clinical Supervisor award was presented to Camille McWhirter (HVDHB) and Wendy Crerar (C&CDHB).

### Plans

- Continue to organise interesting presenters for Branch meetings.
- Preliminary discussions indicate another course may be in the pipeline.

.....  
Sue Doesburg  
Chairperson

## NELSON/MARLBOROUGH

### Committee Members

Kate Gordon, Chair; Tracey Wilton, Secretary; Jeanette King; Jean Willy; Karin Aitken-Meehan; Edith Mertens; Liz Coke; Leonie van den Bergh, Jacqui Sinclair, Helen Macdonald.

### Activities and Achievements

We started the year with a triathlon, to boost the profile of the physiotherapy profession within our community.

In May we hosted a hip symposium with around 80 physiotherapists attending. We hosted two Mulligan Part B courses and one Part C. Six physiotherapists based in our area went on to become credentialed Mulligan Practitioners. The branch would like to thank Jillian McDowell and Brian Mulligan for their time.

Many members benefited from the Education fund.

- Yvonne Fergusson, to attend a conference on lymphedema.
- Bronwyn Tuck, to attend the NOI group conference. She also presented to a very high standard.
- Erica van Sint Annaland, to attend a women's health course. She reported in Motueka with a Skype link to Leonie in Blenheim.

Nelson Radiology hosted a very informative evening on the cervical spine. Unfortunately we could not offer a Skype link for the session.

Tracey Wilton is stepping down as secretary. She has been the glue binding our committee over the last seven years, and our current healthy financial position in the education fund is in large part due to her drive and determination.

### Plans

- In 2013 Lyndon Chandler will report on a physiotherapy and cycling course.
- Sharon Wilson will present on the overactive pelvic floor.
- Michael Monaghan has offered to teach on the elbow and foot.
- We will also have a CPR refresher course.
- At the AGM members voted to obtain a Skype Premium membership to enable our geographically spread branch to attend monthly meetings via the web.

.....  
Kate Gordon  
Chair

## CANTERBURY

### Committee members

Wendy Fulton, President (until June); Jo Nunnerley, President (from June); Sue Willems, Treasurer (until June); Tina McCormack, Secretary (until June); Wendy Fulton, Secretary/Treasurer (from June); Robyn Bayly, Primary Care Liaison Representative; Rene Templeton, Timaru members' representative; Meris Brandram-Adams; Tracey Pons; Joke van Staveren; Nicola Green; Ben Henderson (from September); Shaun Clark (from September).

### Acknowledgements

Thanks to National Executive and National Office for the continuing support to the Branch committee and members in many ways. The Earthquake support and liaison position finished in June and we thank Nicola Green who worked tirelessly in this role supporting many members.

### Activities and achievements

- March - Earthquake Initiative – “Recover with Physiotherapy” Launch – PNZ President Gill Stotter in attendance.
- PNZ Branch/SIG Leadership Seminar – Wendy Fulton attended.
- “Building Resilience” seminar – Graeme Nuttridge.
- June – AGM, and Mr Alex Malone, orthopaedic surgeon, “Research on AC joint dislocations.”
- August – PNZ Branch/SIG Leadership Seminar – Jo Nunnerley attended.
- September – World Physiotherapy Debate – six members debated the topic “Who is the Future of the Profession?”
- December – Allied Health Resource Network Function.

### Timaru Sub-Group

- June - Mr David Templeton, SCDHB orthopaedic surgeon, “Hip problems in children.”
- July – Pam Allen, “Incontinence.”
- August – Fiona Carter – “Manual Handling.”
- November – Associate Professor Stephan Milosavljevic, Otago School of Physiotherapy, “Building a research programme from clinical and community based observations.”
- World Physiotherapy Day 8 September – brunch at the new Caroline Bay Aquatic centre.
- 15 September – Pam Allan organised a team of physiotherapists to enter a “Fitness fundraiser for Cancer Rehabilitation.”

### Plans

- Emphasis on primary care initiatives underway in the Canterbury Health system.
- CPD plan for 2013 based on members preferences.
- Support to Timaru and West Coast members in their professional activities.

.....  
Jo Nunnerley  
President

## OTAGO

### Committee Members

Stephanie Woodley, Chairperson; Courtney Bennie, Secretary; Stafford Thompson, Treasurer; Chris Higgs, Education Officer; Sara Edwards, Marketing Liaison Officer; Cathy Chapple; Gina Isbister; and Mark Shirley.

This year has seen a number of changes on the committee as we bid farewell to Brett Woodley (who resigned at the end of 2011) and Amanda O'Reilly and Leica Claydon who both left during the year to pursue overseas employment and/or travel. We sincerely thank all three for their involvement and valuable contribution to the branch. Over the course of 2012, we welcomed Courtney Bennie, Sara Edwards, Mark Shirley and Stafford Thompson onto the committee.

### Activities and Achievements

- We hosted two weekend workshops which were fully subscribed and very well received by the registrants. Both provided evidence-based, thought-provoking information, and incorporated plenty of opportunities for practical sessions.
- In February, Dr Lynn Bardin, a consultant musculoskeletal physiotherapist from Melbourne, presented her work on the SPINE Pilates programme which is specifically designed for the treatment of low back pain.
- In September, Dr Jeremy Lewis visited Dunedin on the back of his keynote address at the New Zealand Association of Musculoskeletal Medicine conference in Wellington. At least 60 branch members were treated to an evening presentation on subacromial impingement syndrome, while Jeremy's workshop covered the anatomy, biomechanics, assessment and evidence-based treatment of the shoulder joint.
- We have also been fortunate that a variety of excellent speakers have presented at our branch meetings over the year.

### Plans

- We postponed our biennial Southern Physiotherapy Symposium, due in 2013, and instead will provide some sponsorship for the PhysioForward conference in April.
- We anticipate organising one or two short courses to facilitate the continued professional development of local members and welcome any suggestions from our membership regarding local initiatives, presentations, courses and workshops.

.....  
Stephanie Woodley  
Chairperson

## SOUTHLAND

### Committee Members

Anna Thompson, Chairperson; Ruth Nicholas, Treasurer; Kathryn Blain and Elvira Masters, Secretary; Jeff Walker; Kjersti Carmichael; Celia Tomlinson; Karyn Duthie; Kim Laurie.

Kathryn Blain resigned from the committee at the beginning of 2012 and we would like to thank her for her secretarial services and wish her the best with her relocation to Australia.

### Activities & Achievements

Education sessions have been extremely well attended this year.

- In February Kirsty Walker, physiotherapist for Bike NZ, spoke to us while the team was undergoing a pre-Olympic training session in Invercargill, about common cycling injuries and biomechanical deficits.
- We hosted our now annual update from three PhD students from Otago University in Gore. Topics covered included Concussion, Pilates and Quad bike vibrations.
- In June Paul Rae, a local orthopaedic surgeon, spoke to us about ACL reconstructive surgery.
- Our final education session was held in September with Mata Cherrington, co-ordinator of the Māori Health Unit at Southland Hospital. Mata gave a very informative "Cultural update" talk.
- In keeping with our plans from 2011, we held another social event this year which was well received. We combined our AGM with a pub quiz, with the winning team taking home the converted "Golden Goniometer."
- In addition to our education sessions we held three committee meetings.

### Plans

For 2013 we're going to continue with just four educational meetings per year, rather than overloading everyone, in a bid to keep our attendances high. We will also try to include another social evening. If we can find an appropriate speaker we would like to hold a weekend course as well.

.....  
Anna Thompson  
Chairperson

THIRTEEN SPECIAL INTEREST GROUPS SUPPLY RESOURCES AND EDUCATION TO PHYSIOTHERAPY NEW ZEALAND MEMBERS WHO SPECIALISE IN PARTICULAR AREAS OF EXPERTISE OR PRACTICE. INCREASINGLY, THE SPECIAL INTEREST GROUPS ALSO FEED INFORMATION TO THE REST OF THE PROFESSION WHO NEED TO IMPROVE THEIR UNDERSTANDING OF THESE AREAS.

# BUSINESS – FINAL REPORT

## PHYSIOTHERAPY BUSINESS/NEW ZEALAND PRIVATE PHYSIOTHERAPISTS ASSOCIATION

### Executive Committee Members

Jan Smith, Executive Chairperson; Emma Kingan; Kara Mulvein; Trevor Montgomery

### 2012 Acknowledgements

Thanks to Josephine Lange for five years in the role of membership support, and Jenny Lucy who stepped down from the Executive in May, for her contribution to the Executive Team.

### Activities and Achievements

- Early in 2012 the Executive restructured our operations to ensure a sound financial basis for the year. Staffing was downsized to one part-time business manager role, located at PNZ National Office in Wellington to develop a close working relationship.
- Beverley Richards as Business Manager supported members through a monthly eBusiness publication, a series of online webinars and individual advice over the phone.
- The Executive worked closely with the PNZ National Executive to develop a better way of providing support, information, resources and education to enable private practitioners to be successful in their business, and to extend this support to all members of PNZ.
- NZPPA Executive and the PNZ National Executive signed a Memorandum of Understanding which will secure the future for business support, and also establish a strong clear voice for private practitioners.
- We have worked with PNZ to develop the framework for a new Private Practice Advisory Group.

### Plans

- A Special General Meeting in late January 2013 to confirm approval of members for winding up the organisation as a separate entity and the transfer of valuable business support resources to PNZ, for access by all members.
- The Private Practice Advisory Group will be established in early 2013, providing input to the PNZ National Executive on issues such as strategic planning, policy, lobbying, advocacy, workforce issues, capability development, business support needs. This will be a clear channel of communication for the views of all private practitioners.

### 50 Years of Contribution

For over 50 years NZPPA has had a proud history of supporting physiotherapists in private practice. NZPPA has been particularly strong in areas such as accreditation support and in advocacy with ACC and other government areas. Working towards the winding up of NZPPA with so much history has been heart-wrenching. However, the consultative process has been thorough and collaborative with PNZ. The profession will be strengthened by the resources that Physiotherapy Business/ NZPPA brings to it and we private practitioners will have a stronger communication pathway within PNZ.

Many thanks and acknowledgement to all those who have been a vital part of NZPPA over the past half-century – you have achieved much on behalf of all private practitioners in New Zealand.

.....  
Jan Smith  
Executive Chairperson

## ACUPUNCTURE

### PAANZ (PHYSIOTHERAPY ACUPUNCTURE ASSOCIATION OF NEW ZEALAND)

#### Executive Committee Members

Guy Bailey, President; Trevor Montgomery, Treasurer; Jane Scoular, Registrar; Anne Macann, Education Officer; Susan Kohut; Jillian McDowell; Andrea Moses; Kirsty Speedy; Derek Timmins; Nikki Tse. Lynda Atkinson has joined the Executive Committee in July 2012.

#### PAANZ Education team

Anne Macann, Hamish Ashton, Guy Bailey, Karen Keith, Shirley Lamont, Linley Leuthard, Wendy Lockhart, Jill McDowell, Sandy Page, Robyn Vintiner. Gabrielle Friedrich has agreed to continue running courses on behalf of PAANZ.

Myriam Goos, PAANZ Administrator, is performing admirably.

#### Activities and achievements

Special thanks to the executive committee for extra work after the death of Diana Cox our previous administrator. Particular thanks to Susan Kohut for setting up and running the courses as well as entertaining the presenters.

#### Courses included:

- Annual Case Study Day (February)
- Acupuncture Upskilling (Hamilton, March)
- Women’s Health Endocrinology/Immune Systems – Elisabet Stener-Victorin (Auckland, March)
- Qi Gong (Paeroa, April)
- Workshop on Fundamentals of Musculoskeletal Pain – Thomas Graven-Nielsen (Wellington, May, after PNZ Conference)
- Register Day; Headaches; Women’s Health & Pregnancy (Queenstown, July)
- Sport Acupuncture (Dunedin, September)

#### Plans

In 2013 PAANZ offers the following courses:

- Val Hopwood PhD, world-renowned physiotherapy acupuncturist –courses in Queenstown and Rotorua. Both courses should be informative and enlightening.
- PAANZ four-day course refresher course – Auckland, May.
- Qi Gong – May, Paeroa – Gabrielle Friedrich.
- Register day and AGM – Auckland 22 June.
- Trevor Montgomery is to run a two-day Musculoskeletal Dry Needling course in June or July.
- Jillian McDowell and Trevor Montgomery are to run a “Dry Needling Professional Development” weekend in Auckland for PAANZ in October.
- Ted Pearson is to run a three-day course in October or November on refining our acupuncture needling technique.

.....  
Guy Bailey  
President

## CARDIOTHORACIC

#### Committee members

Karen Evison, Chairperson; Fy Dunford, Secretary; Sarah Butler, Web Page Editor; Victoria Galpin, Treasurer; Lynne O-Keeffe, Education Officer; Heather Argyle Database Secretary, Bridget Armour

#### Activities/Achievements

- Current membership is 102.
- We continue to provide courses. Our 2012 course, held post-conference with Dr Mark Elkins, was well attended and appreciated, as was the SIG AGM, held at lunchtime – probably the best attended and most participated in that we’ve had for many years.
- Various tasks such as reviewing documents, answering membership queries, running the scholarship process, supplying reports and representing the SIG at courses or meetings on a number of occasions.
- One of our more exciting issues to work with from start to finish was the PNZ-led respiratory awareness campaign. This took a lot of CTSIG time, but we were proud to be part of it. Our representatives used the promotional products at the Asthma Foundation conference held in Wellington.
- A recent Research Respiratory review published on asthma made no mention of physiotherapy. We put much effort into responding, and we now look forward to being part of the discussion next time the topic is covered.

#### Plans

- We continue maintaining and updating the CTSIG website and representing the CTSIG at various forums such as the PNZ- run Leadership Seminars and PNZ document reviews.
- The CTSIG scholarship process continues, with 1 recipient for 2012. We continue to support both schools of physiotherapy in the provision of an achievement award for “The fourth-year student who demonstrates best all-round clinical practice whilst undertaking a cardiorespiratory placement.”
- Our committee aims to engage relevant and dynamic speakers for courses, using feedback and ideas received from membership.
- We aim to find ways to better promote quality cardiorespiratory physiotherapy assessment and treatment for relevant populations.

.....  
Fy Dunford  
Secretary

## CONTINENCE AND WOMEN'S HEALTH

### Committee members

Ann McKellar, Chair; Melissa Davidson, Secretary; Trish Wrigley, Treasurer; Margie Humphreys, Newsletter; Julia Johnson, College representative; Ruth Broom, IOPTWH representative; Ann O'Leary; Carol Ramsden; Jill Wood; Vicki Holmes; Lisa Yates; Sharon Wilson; Justine Pole

### Acknowledgements

Committee members are an amazingly committed group of people who throw so much energy into their passion for women's health and continence, to benefit all members

Thanks to them all, especially Melissa for keeping us on track, Trish for her grasp of finances, and Ruth for her liaison with IOPTWH.

Many thanks to all those contributing to the newsletter and Margie for taking on this responsibility.

### Activities and achievements

- Our quarterly newsletter – recent research and book reviews
- We were represented at PNZ Branch/SIG Leadership Seminar
- The SIG had a very productive face-to-face meeting in Wellington in September
- We continue to flourish, passing the 100 mark
- Committee meetings are by Skype
- Basic continence course in Queenstown in April – well subscribed.
- Marg Sherman presentation in May at the PNZ Conference and post-conference workshop on prolapse
- Beth Shelly "Pelvic pain" workshop in Auckland in September – well attended with lots of useful information for dealing with this complex area of women's health.

### Plans

- Jill Boisannoff course August 2013
- Facilitating members' ongoing education
- Maintaining consistent standards
- Encouraging physiotherapists to enter this very interesting specialty

.....  
Ann McKellar  
Chair

## DISTRICT HEALTH BOARD LEADERS

### Committee members

Tracy Hogarty (Lower South), Chairperson; Dale Radford (Lower South); Kristine Nicol (Upper North), Secretary/Chairperson; Lindsay Pooley (Midlands); Sue Doesburg (Lower North), Treasurer; Elizabeth Wilkinson (South)

### Activities and Achievements

- There is a new membership process with National Office managing payment of subscriptions. An updated spreadsheet of financial members is provided to the committee.
- A review of SIG finances was completed by Les Buttermore the PNZ accountant.
- Dale Radford and Sue Doesburg attended a meeting at National Office to revise the PNZ Guidelines: For the use of physiotherapy assistants/support workers in February.
- Kristine Nicol attended a PNZ SIG/Branch Leadership Seminar in Wellington where a main topic was "Career Pathways."
- Tracy Hogarty, Dale Radford, Sue Doesburg and Elizabeth Wilkinson attended the Allied Health Scientific & Technical Conference "Shine the Light" In Christchurch.
- The 2012 conference and AGM were held in Invercargill, with a theme of "Joint Ventures."
- Additional committee members were elected at the AGM and subsequently there was a change of officers.

### Plans

The DHB Leaders SIG web page is to be developed in conjunction with National Office.

.....  
Tracy Hogarty/Kristine Nicol  
Chairpersons

## EDUCATION

### PHYSIOTHERAPY EDUCATION GROUP (PEG)

“Supporting and developing quality education throughout the physiotherapy profession.”

#### Executive

Daniel O’Brien, Chair; Meredith Perry, Secretary; Chris Higgs, Membership Secretary/Treasurer; David Nicholls; Erik Dombroski; Rene Templeton

#### Acknowledgements

Sonya Veale’s work as the PEG executive secretary since its inception was invaluable. We greatly appreciate all the time and effort that she has put into the group. Thanks to Dr Paul Hendrick who resigned to pursue an overseas work opportunity.

#### Activities and achievements

- PEG promoted and ran two reflective practice courses, facilitated by PEG executive member Dr David Nicholls. Still maintaining our intentions to offer these courses in smaller New Zealand towns, we ran these courses in Invercargill and New Plymouth. Both courses were well attended and the feedback very positive.
- We awarded our first educational scholarship. The executive asked for expressions of interest for a PEG member to attend the 2012 Australian & New Zealand Association for Health Professional Educators (ANZAHPE) Conference in Rotorua. PEG covered the registration costs through this scholarship, awarded to Sarah Mooney. Sarah thoroughly enjoyed the conference and her report was included in the August PEG newsletter.
- The Executive held six teleconference meetings during the year and discussed issues including the Physiotherapy New Zealand ‘superconference,’ changes to student membership for PNZ and peer supervision models.
- We published three e-newsletters in 2012 (April, August and December).

#### Plans

In 2013 PEG will be the first ‘fee-free’ special interest group in PNZ. We will survey members to identify speakers they want to hear at the super conference. We will continue to look for new and innovate ways to promote education in Physiotherapy in New Zealand.

.....  
Daniel O’Brien  
Chair

## HAND THERAPISTS

### NEW ZEALAND ASSOCIATION OF HAND THERAPISTS (NZAHT)

NZAHT members must belong to either Physiotherapy New Zealand or New Zealand Association of Occupational Therapists.

#### Committee Members

Moana Cameron, President; Emma Hedges, Secretary; Trish Brown, Treasurer; Gail Donaldson, Physiotherapy New Zealand representative

NZAHT has a number of other members with roles as regional representatives or in committees such as education and ACC.

#### Acknowledgements

Thanks to outgoing president Craig Hawkyard for a job well done under difficult circumstances.

#### Activities and Achievements

- A very successful annual conference was run by our Southern region in Dunedin with guest speaker Brigitte Rosen who presented on sensory retraining.
- Julie Rouse was made a Life Member of NZAHT in recognition of her outstanding service to the organisation over the past 20 years.

#### Plans

- A record 26 students have enrolled on the AUT Hand and Upper Limb (HAUL) already for 2013. There is a recommendation that the number be limited to 20 per year.
- Sue Sewell has resigned from her position as international representative and Eileen Carroll will take over this role at the Triennial Hand Congress in Delhi.
- NZAHT will once again combine with the Australian Hand Therapists in Melbourne 18-20 October 2013 for our Annual Conference.
- 2014 Conference is planned to be combined with the NZ Hand Surgeons, with the venue yet to be announced.

.....  
Gail Donaldson  
Physiotherapy New Zealand representative



## MANIPULATIVE NEW ZEALAND MANIPULATIVE PHYSIOTHERAPISTS ASSOCIATION (NZMPA)

### Committee members

Dusty Quinn, President; Richard Hopkins; Michelle Sintmaartensdyk; Richard Ellis; Jill Caldwell; Steve White (Co-opted)

### Activities and Achievements

#### Training Courses

- Four two-day MCEP courses were held in each of Auckland, Wellington (Cervical Spine) and Christchurch (Lumbar Spine).
- An Upgrade Course was held in Christchurch in August.
- Due to popular demand, Alison Grimaldi was invited back to New Zealand to run her "Hip and pelvis" course in Auckland and Dunedin in November.

#### Meetings

- Our AGM was in Christchurch in August.
- The Executive and other committees held regular meetings.
- We sent representatives to the two PNZ Leadership Seminars.

#### Newsletters

- We sent quarterly newsletters to members electronically. We have, however, decided to discontinue the newsletter in its current format and revert to electronic alerts and an information bulletin.

#### Liaison

- Steve White is our representative on the International Federation of Orthopaedic Manipulative Physical Therapists (IFOMPT) and serves as an ad hoc member on their Executive.
- Duncan Reid continues on the IFOMPT Executive.
- Duncan, Steve White and Richard Ellis attended the IFOMPT Conference in Quebec.

#### Acknowledgements

- PNZ for support.
- NZMPA committees, tutors and trustees for tireless work.

#### Plans

- The regular MCEP courses will take place in 2013. The South Island courses will move to Dunedin for two years.
- Our biennial scientific conference will be in Rotorua 24-25 August. Prof Bill Boissonnault, Dr Charles Aprill and Prof Peter O'Sullivan are keynote speakers. The Conference theme is "Piecing together the puzzle... Screening, Diagnosis and Categorisation in Musculoskeletal Physiotherapy."
- Andry Vleeming will return to present his Lumbopelvic Pain Course in Auckland in January.
- Jillian McDowell will run Mulligan courses for us in Palmerston North in April and November.

.....  
Dusty Quinn MMPty  
President

## NEUROLOGY

### Committee Members

Denise Lyness (Auckland), Chairperson; Louise Taylor (Auckland) until May 2012 then replaced by Tara Martin (Christchurch), Secretary; Anna McRae (Auckland), Treasurer; Sally Bowes (Tauranga), Marketing Representative; Todd Stretton (Auckland), Newsletter Editor; Kimberley Donovan (Nelson); Kath Reed (Katikati); Leigh Hale (Dunedin); Lynette Lulich (Auckland)

### Acknowledgements

I would like to take this opportunity to thank the NSIG committee members of 2012 for their hard work and commitment.

I would also like to thank the National Office for their support throughout 2012.

### Activities and Achievements

#### Grants

Four members were awarded grants. Next year's grant applications are due by October 2013 and we welcome new applications.

#### PNZ Conference 2012 pre-conference workshop; AGM

Unfortunately the 2012 AGM attendance was poor and not enough for a quorum. Efforts are underway with PNZ to develop new strategies for improving attendance at conference and at future AGMs ('Superconference').

We invited Pamela Duncan to present a pre-conference workshop entitled "Integrating care across the continuum – implications for physical therapy practice." Despite low turnout for the workshop, it was well received.

#### Plans

- Plans are now formalised for our Neurosymposium in May 2013 in Wellington. Exciting international and national speakers will be presenting on the theme "Participation for Life." We look forward to this event.

### Challenges and objectives

- To ensure the NSIG continues to provide members with support to further their neurology interests within physiotherapy.
- To update NSIG website and maintain a high standard of information provided to its members.

.....  
Denise Lyness  
Chairperson

## OCCUPATIONAL HEALTH OCCUPATIONAL HEALTH PHYSIOTHERAPY GROUP

### Committee members

Kurt Thomas, Chairperson; Wayne Hudson, Treasurer; Melinda McKenzie, Secretary; Mark Shirley

Fiona Gardner, Leigh Keefe. Retired during the year: Robyn Abbey, Kirsty Powell, Jeannie Glasgow, Nick Clode

### Activities and Achievements

- 2012 saw the introduction of the new ACC Vocational Services Contract and a new way of working for us all under a supplier model. Unfortunately this has seen some of our very experienced and knowledgeable occupational health physiotherapists no longer working under the ACC system. It has also seen a growth of our membership to 320 members.
- The tendering process and time prior to awarding of the contracts has been challenging for a lot of our members but has also been an exciting time where collaboration has occurred.
- Our committee has had the challenge of responding to ACC's qualification requirements for the Vocational Services providers and ACC has softened their position slightly on this.
- We organised and planned a successful conference and workshop with a wide range of speakers in Wellington and invited occupational therapists and occupational health nurses as we felt it is important to work with all health professionals who have the common goal of assisting workers to participate in work.
- Our group has been represented at the PNZ Branch/SIG Leadership Seminars and PNZ superconference meetings and presented at the New Zealand Occupational Medicine Specialist Conference about our role in the occupational health team.

### Plans

- Organise a conference in Wellington.
- Actively participate in discussions with other SIGs regarding a combined PNZ superconference.
- Continue with our monthly teleconferences to discuss any issues that arise relating to our group
- Communicate and review issues and information with our membership.

.....  
Kurt Thomas  
Chairperson

## OLDER ADULT PHYSIOTHERAPY FOR THE OLDER ADULT

### Committee members

Liz Binns, Chairperson; Nateele Taylor, Secretary; Karen Porteous, Treasurer; Ann Newsom; Frances Hadfield

### Activities and achievements

- PNZ convened a focus group meeting to work up the issues raised by members regarding physiotherapy service in the residential aged care setting. Outcomes included:
  - » Physiotherapy in Residential Care: Adding quality years is an information guide for members to use when promoting physiotherapy services in residential care to other health professional and funders.
  - » Agreement that PNZ will lobby at a high level for physiotherapy services in residential care.
- Ann Newsom represented the SIG on the Physiotherapy Assistant Focus Group run by PNZ, ensuring that we had a voice. The PNZ Guidelines: For the use of physiotherapy assistants/support workers are now ratified and available on the PNZ website.
- PNZ wrote to residential care owners enclosing these two documents and outlining the importance of physiotherapy in residential care.
- The committee has continued with the housework. In 2012 that was reviewing and updating the SIG rules.
- There were no applications to the Scholarship fund this year. The committee decided to purchase a registration to the NZ Association of Gerontology Conference, Ineke Riley-Stol was our recipient of this.
- The annual study day/AGM was held in Auckland. Two of our members (Jesse Snowdon and Tara Martin) presented for the day on Parkinson's Disease.

### Plans

- To contribute to the revised PNZ conference model.
- To continue communicating with our members and providing educational and networking opportunities.

.....  
Liz Binns  
Chairperson

## PAEDIATRIC

### Committee members

Helen Thorne, Chairperson; Bev Hoskins, Correspondence Secretary; Julian O'Hagan, Treasurer, Catherine Coull, Minutes Secretary; Anna Mackey; Sam Cartwright; Hilda Mulligan; Madeline Sands; Jane Hollister; Celia Reid; Margaret Davidson; Gabriella Albers-Greenway; Jane Noakes; Vanessa Carrington Librarian

Gaela Kilgour, Larissa Scott, Debbie Little and Judith Graham resigned, but we welcomed two new members to the committee.

### Activities and achievements

- We organised two courses:
  - » One-day Ethics course (Auckland) – very well attended. Great feedback including calls for it to be run in other centres.
  - » Four-day “If You Can’t Breathe You Can’t Function” course presented by Mary Massery (Christchurch) – great feedback from the 35 participants. We plan to have her back soon.
- We participated in PNZ Leadership Seminars.
- Hilda continues to represent NZ on the IOPTP.
- Study awards are available twice a year. However we had applications for only one round of awards. Sam Cartwright and Bev Hoskins were supported to attend the Australasian Academy of Cerebral Palsy and Development Medicine Conference. Their feedback is on the PSIG member pages of the website.
- Student prizes have been given to students at AUT and Otago University.

### Plans

- Two two-day courses in May 2013 (Christchurch/Auckland). Iona Novak (OT) and Cathy Morgan (PT) from Australia are presenting on classification and interventions for movement disorders, goal setting, and treatments for hyper- and hypotonia.
- Included in the membership fee for 2013 is an individual subscription to Pediatric Physical Therapy Journal. This will be reviewed during the year.
- Our website subcommittee continues to revise the information on our page of the PNZ website and liaise with PNZ about the new website, blogs, and use of Facebook.
- We are committed to supporting PNZ with the Super-SIG conference and look forward to working with other SIGs to produce a high quality conference.

.....  
Helen Thorne  
Chairperson

## SPORTS

### SPORTS PHYSIOTHERAPY NEW ZEALAND

### Committee Members

Dr Angela Cadogan, President; Michael Borich, Secretary; Dr Gisela Sole, Treasurer and Education Committee Chair; Dr Tony Schneiders, IFSPT Board and SPNZ Representative; Hamish Ashton, Website and IT Manager; Bharat Sukha, Awards Committee Chair; David Rice, Jim Webb

### Acknowledgements

Dr Tony Schneiders led SPNZ as President through a period of strong growth. Mark Cartman gave many years of service to the Executive. Thanks to all the Executive, Aveny Moore (Bulletin), Stephanie Ashton (Publisher), Chelsea Lane and Dr Grant Mawston (Education Committee) and all the Special Projects team who contribute to the Bulletin.

### Activities and Achievements

- Membership of SPNZ now exceeds 800 and continues to grow.
- SPNZ Symposium “Preparation, Practice, Performance” – March 2012 in Tauranga, attended by over 230. Professor Jill Cook proved a popular keynote speaker.
- Dr Lynley Anderson, in collaboration with SPNZ, is currently developing a Code of Ethics and Professional Conduct for sports physiotherapists in recognition of the unique ethical and professional issues encountered in sports physiotherapy practice.
- An Education Committee was established, with Dr Gisela Sole as Chairperson. The committee is currently planning a series of sports physiotherapy, physical activity and exercise prescription courses for 2013.
- We continue to consolidate ties with the International Federation of Sports Physical Therapy (IFSPT.) Dr Tony Schneiders serves on the IFSPT Board and represents SPNZ on IFSPT matters.
- Hamish Ashton oversaw the redevelopment of our website that now includes a Public Resources section and a “Find a Sports Physio” resource.

### Plans

- Complete and disseminate the Sports Physiotherapy Code of Ethics.
- Rollout of SPNZ Education Courses:
  - » Immediate Care and Sports Trauma Management
  - » Sideline Assessment and Management
  - » Promotion and Prescription of Physical Activity and Exercise.
- Continue planning for the 2014 SPNZ Symposium.

.....  
Dr Angela Cadogan  
President

THE FINANCE COMMITTEE OVERSEES THE FINANCIAL MANAGEMENT OF PHYSIOTHERAPY NEW ZEALAND, REGULARLY MONITORING ALL EXPENDITURE, WITH THE MANDATE TO ENSURE PNZ REMAINS IN A STRONG FINANCIAL POSITION.

# FINANCIAL REPORT FOR THE YEAR ENDED 31 DECEMBER 2012

.....  
The consolidated financial statements represent the combined financial activities of the New Zealand Society of Physiotherapists Inc (trading as Physiotherapy New Zealand), the Scholarship Trust fund and the Physiotherapy New Zealand Branches.  
.....

## Physiotherapy New Zealand

### Surplus

The net surplus after tax was \$67,389. Revenue from subscriptions was \$1,193,098, an increase of \$53,831 over the previous year. Operating revenue is more than that received in 2011 because a conference was held in 2012. Conferences are held every two years. Expenditure has increased due to the conference expenditure and the employment of additional staff. Some of the salary increase has been offset by a reduction in marketing expenditure, where in 2011 a marketing consultant was used.

### Balance Sheet

Accumulated funds and reserves were \$1,719,939 as at 31 December 2012. Working capital was \$973,151 as at 31 December 2012.

The market value of investments as at 31 December 2012 was \$745,124, an increase of \$40,308.

## Scholarship Trust

The Scholarship Trust Fund had a total income of \$176,326. Income was significantly increased because of a \$100,000 bequest from the estate of WJ Johnstone. Only \$20,035 was allocated for grants in the year ending 31 December 2012. The result of the above exceptional items has resulted in a significant profit for the Trust of \$141,295. The market valuation of the investment portfolio (cash, bonds and equities) at 31 December 2012 was \$1,320,578, an increase of \$90,404. Scholarship Trust Equity is \$1,019,211.

My thanks go to committee members Cheryl Hefford, Alan Laurenson (lay person), Greg Lynch and Gill Stotter for their time and commitment to the work of the committee.

.....  
**Sheila Mann**

Chairperson

Finance Committee

# INDEPENDENT AUDITOR'S REPORT

To the Members of New Zealand Society of Physiotherapist Incorporated and Group

## Report on the financial statements

We have audited the financial statements of New Zealand Society of Physiotherapist Incorporated and Group on pages 3 to 10, which comprise the statement of financial position as at 31 December 2012 and the statement of financial performance, statement of movements in equity for the year then ended, and a summary of significant accounting policies and other explanatory information.

### National Executive's responsibilities

The National Executives are responsible for the preparation of financial statements in accordance with generally accepted accounting practice in New Zealand and for such internal control as the National Executive determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

### Auditor's responsibilities

Our responsibility is to express an opinion on these financial statements based on our audit.

We conducted our audit in accordance with International Standards on Auditing (New Zealand). Those standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation of financial statements that present fairly the matters to which they relate in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control.

An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates, as well as evaluating the presentation of the financial statements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion. Other than in our capacity as auditor we have no relationship with, or interests in New Zealand Society of Physiotherapist Incorporated and Group.

### Opinion

In our opinion, the financial statements on pages 29 to 36 present fairly, in all material respects, the financial position of New Zealand Society of Physiotherapist Incorporated and Group as at 31 December 2012 and its financial performance, for the year then ended in accordance with generally accepted accounting practice in New Zealand.

### Other Matter

The financial statements of New Zealand Society of Physiotherapists Incorporated and Group for the year ended 31 December 2011 were audited by another auditor who expressed an unqualified opinion on those financial statements on 31 March 2012.



Grant Thornton New Zealand Audit Partnership

Wellington, New Zealand

28<sup>th</sup> March 2013

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**NZ SOCIETY OF PHYSIOTHERAPISTS  
FINANCIAL STATEMENTS (CONSOLIDATED)  
FOR THE YEAR ENDED 31<sup>ST</sup> DECEMBER 2012**

		<b>GROUP</b>		<b>PARENT</b>	
	<b>Note</b>	<b>2012</b>	<b>2011</b>	<b>2012</b>	<b>2011</b>
		<b>\$</b>	<b>\$</b>	<b>\$</b>	<b>\$</b>
<b>INCOME</b>					
Operating Revenue	13	1,757,043	1,560,025	1,590,779	1,416,732
Interest Received		123,474	130,200	64,459	47,480
Dividends Received		36,043	20,368	11,731	1,954
<b>Total Income</b>		<b>1,916,560</b>	<b>1,710,593</b>	<b>1,666,969</b>	<b>1,466,166</b>
<b>LESS EXPENDITURE</b>					
Salaries		590,981	473,300	590,981	473,300
Presidential Honorarium and Expenses		18,039	19,807	18,039	19,807
Audit Fees		19,419	13,679	12,644	7,847
Bank Charges and Commissions		26,875	26,236	26,772	26,225
Office Rental		48,352	47,483	48,352	47,483
Printing and Stationery		43,751	54,644	43,026	54,644
Newsletter Costs		79,857	108,877	79,857	108,876
PPI Insurance Premiums		156,460	157,158	156,460	157,158
Capitation Fees		-	-	26,160	26,095
Conference Expenses		115,833	-	115,833	-
Scholarship Awards		28,369	68,022	-	-
Marketing		75,358	136,373	70,453	135,740
Depreciation	7	11,686	15,316	11,333	14,788
Journal Costs		39,104	37,169	39,104	37,169
Other Expenses		431,731	458,472	332,943	285,351
<b>Total Operating Expenses</b>		<b>1,685,815</b>	<b>1,616,536</b>	<b>1,571,957</b>	<b>1,394,483</b>
Realised/Unrealised Loss on Investment		10,114	(75,335)	(6,076)	(7,289)
<b>NET SURPLUS/(DEFICIT) BEFORE TAXATION</b>		<b>240,859</b>	<b>18,722</b>	<b>88,936</b>	<b>64,394</b>
Taxation Expense	5	(21,547)	(13,479)	(21,547)	(13,479)
Over Provision for Income Taxation Prior Year					
<b>NET SURPLUS TRANSFERRED TO ACCUMULATED FUNDS</b>		<b>219,312</b>	<b>5,243</b>	<b>67,389</b>	<b>50,915</b>

**NZ SOCIETY OF PHYSIOTHERAPISTS (CONSOLIDATED)  
STATEMENT OF MOVEMENTS IN EQUITY  
FOR THE YEAR ENDED 31<sup>ST</sup> DECEMBER 2012**

	<i>Note</i>	<b>GROUP</b>		<b>PARENT</b>	
		<b>2012</b>	<b>2011</b>	<b>2012</b>	<b>2011</b>
		<b>\$</b>	<b>\$</b>	<b>\$</b>	<b>\$</b>
Net Surplus/(Deficit) After Taxation		219,312	5,245	67,389	106,173
Total Recognised Revenues and Expenditure Accumulated Funds		219,312	5,245	67,389	50,915
Trust Equity Introduced	14	41,501	-	-	-
<b>ACCUMULATED FUNDS AT START OF YEAR</b>		<b>2,888,506</b>	<b>2,883,260</b>	<b>1,652,550</b>	<b>1,601,635</b>
<b>ACCUMULATED FUNDS AT END OF YEAR</b>		<b>3,149,319</b>	<b>2,888,506</b>	<b>1,719,939</b>	<b>1,652,550</b>



**NZ SOCIETY OF PHYSIOTHERAPISTS (CONSOLIDATED)  
STATEMENT OF FINANCIAL POSITION  
AS AT 31<sup>ST</sup> DECEMBER 2012**

		<b>GROUP</b>		<b>PARENT</b>	
	<i>Note</i>	<b>2012</b>	<b>2011</b>	<b>2012</b>	<b>2011</b>
		<b>\$</b>	<b>\$</b>	<b>\$</b>	<b>\$</b>
<b>ACCUMULATED FUNDS AND RESERVES</b>					
Accumulated Funds		3,149,319	2,888,506	1,719,939	1,652,550
<b>TOTAL ACCUMULATED FUNDS AND RESERVES</b>		<b>3,149,319</b>	<b>2,888,506</b>	<b>1,719,939</b>	<b>1,652,550</b>
Represented by;					
<b>CURRENT ASSETS</b>					
Bank Accounts	4	1,351,781	1,474,311	843,383	941,799
Investments	8	146,610	103,974	21,088	-
Accounts Receivable		23,803	14,155	16,238	14,155
GST Refund Due		10,834	21,710	10,834	21,710
Income Tax Refund Due		-	-	-	-
Prepayments		77,986	75,423	77,778	74,313
Stock on Hand		12,451	7,834	12,451	7,834
Other Current Assets		1,889	13,027	484,080	488,949
<b>Total Current Assets</b>		<b>1,625,354</b>	<b>1,710,434</b>	<b>1,465,852</b>	<b>1,548,760</b>
<b>CURRENT LIABILITIES</b>					
Accounts Payable		39,787	33,058	39,786	26,213
Taxation Payable	5	7,090	6,093	7,090	6,093
Accruals		75,690	127,265	55,334	70,459
Branches		-	360	175,677	88,917
NZSP-Waikato BOP Branch		-	324	-	-
Income in Advance		214,814	195,997	214,814	195,997
Waikato Event 1		-	4,170	-	-
<b>Total Current Liabilities</b>		<b>337,381</b>	<b>367,267</b>	<b>492,701</b>	<b>387,679</b>
<b>WORKING CAPITAL SURPLUS/(DEFICIT)</b>		<b>1,287,973</b>	<b>1,343,167</b>	<b>973,151</b>	<b>1,161,081</b>
<b>NON CURRENT ASSETS</b>					
Plant, Property & Equipment	6	108,862	27,169	108,144	26,098
Investments	8	1,752,484	1,518,170	638,644	465,371
<b>Total Non-Current Assets</b>		<b>1,861,346</b>	<b>1,545,339</b>	<b>746,788</b>	<b>491,469</b>
<b>NET ASSETS/(LIABILITIES)</b>		<b>3,149,319</b>	<b>2,888,506</b>	<b>1,719,939</b>	<b>1,652,550</b>

President Gill Stotter

Executive Director Aileen McLean

Dated this 28<sup>th</sup> Day of March 2013

# NZ SOCIETY OF PHYSIOTHERAPISTS (CONSOLIDATED) NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31<sup>ST</sup> DECEMBER 2012

## 1. STATEMENT OF ACCOUNTING POLICIES

These Financial Statements have been prepared to record the financial position and performance of the New Zealand Society of Physiotherapists Inc, which is registered as an incorporated society, branches of the New Zealand Society of Physiotherapists and, its subsidiary, the New Zealand Society of Physiotherapists Scholarship Trust, which is registered as a Trust. These Financial Statements are general purpose financial statements and have been prepared in accordance with generally accepted accounting practice.

### Measurement Base

The accounting principles recognised as appropriate for the measurement and reporting of earnings and financial position on an historical cost basis have been used, with the exception of certain items for which specific accounting policies have been identified.

### Specific Accounting Policies

The following specific accounting policies which materially affect the measurement of financial performance and the financial position have been applied.

#### (a) Differential Reporting

Under paragraph 4.23 of the Framework for Differential Reporting, NZ Society of Physiotherapists (Consolidated) qualifies for differential reporting as it is not publicly accountable and it is small. NZ Society of Physiotherapists (Consolidated) has taken advantage of all available differential reporting exemptions.

#### (b) Fixed Assets & Depreciation

All fixed assets are recorded at cost less accumulated depreciation. The entity has the following classes of fixed assets.

##### Depreciation Rates

Furniture & Fittings	14.4-33%
Office Equipment	6.5-60%
Website	60%
Computer Equipment	39.6-60%

Depreciation has been calculated using the diminishing value method, based on the estimated useful life of the asset.

#### (c) Foreign Currencies

Transactions denominated in foreign currencies are converted at the exchange rate current at the transaction date. Foreign currency receivables and payables are converted at exchange rates current at balance date. Foreign exchange gains or losses are included as income or expenses respectively in the Statement of Financial Performance.

#### (d) Basis of Consolidation

The Group financial statements consolidate the financial statements of the Society and all entities over which the Society has the power to control the financial reporting and operating policies.

#### (e) Goods and Services Taxation

These financial statements have been prepared on a GST exclusive basis, except for debtors and creditors and all transactions of the Scholarship Trust, which are GST inclusive. The Scholarship Trust is not registered for GST.

#### (f) Income Tax

The Society is a non-profit body and therefore pays income tax on its investments and transactional income. A standard \$1,000 deduction has been applied in accordance with section DV8 of the Income Tax Act 2007.

# NZ SOCIETY OF PHYSIOTHERAPISTS (CONSOLIDATED) NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31<sup>ST</sup> DECEMBER 2012

## (g) Inventories

Inventories are recognised at the lower of cost, determined on a first in first out basis, and net realisable value.

## (h) Investments

Equity investments and perpetual fixed interest securities are carried at the lower of cost and market value. Other fixed interest securities are stated at costs less impairment with the premium or discount on purchase being amortised on a straight line basis.

## (i) Receivables

Receivables are stated at their estimated realisable value. Bad debts are written off in the year in which they are identified.

## (j) Changes in Accounting Policies

There have been no changes in accounting policies. All policies have been applied on bases consistent with those used in previous years.

## (k) Revenue

Revenue is recognised on an accrual basis in the period to which it relates. Revenue received for the following accounting period is treated as Income in Advance

## 2. AUDIT

These financial statements have been subject to audit, please refer to Auditor's Report

## 3. CONTINGENT LIABILITIES

At balance date there are no known contingent liabilities. (2011: nil)

## 4. CASH AND CASH EQUIVALENTS

	GROUP		PARENT	
	2012	2011	2012	2011
	\$	\$	\$	\$
Bank	675,242	543,906	296,680	210,139
First NZ Capital Cash Accounts	172,244	276,173	42,408	231,658
Term Deposits	504,295	654,232	504,295	500,000
<b>TOTAL CASH AND CASH EQUIVALENTS</b>	<b>1,351,781</b>	<b>1,474,311</b>	<b>843,383</b>	<b>941,797</b>

# NZ SOCIETY OF PHYSIOTHERAPISTS (CONSOLIDATED) NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31<sup>ST</sup> DECEMBER 2012

## 5. TAXATION

As the Scholarship Trust is non-taxable, the following taxation relates solely to the Society. The Scholarship Trust is registered with the Charities Commission and is therefore exempt from Income Tax.

	2012	2011
	\$	\$
Taxable Income	77,953	47,480
Allowable Society Deduction	(1,000)	(1,000)
<b>ASSESSABLE INCOME</b>	<b>76,953</b>	<b>46,480</b>
Taxation thereon at 28%	21,547	13,479
Resident withholding Taxation Paid	20,966	5,056
Provisional Tax paid	-	5,000
Prior Year Balance Brought Forward	(6,509)	(2,670)
<b>Total Taxation to Pay/ (Refund)</b>	<b>7,090</b>	<b>6,093</b>

## 6. PROPERTY, PLANT AND EQUIPMENT

	GROUP		PARENT	
	2012	2011	2012	2011
	\$	\$	\$	\$
<b>Furniture and Fittings</b>				
At Cost	35,106	36,320	35,106	34,200
Less Accumulated Depreciation	(21,386)	(18,636)	(21,386)	(18,107)
	<b>13,720</b>	<b>17,684</b>	<b>13,720</b>	<b>16,093</b>
<b>Office Equipment</b>				
At Cost	11,428	11,428	11,428	11,428
Less Accumulated Depreciation	(10,679)	(10,307)	(10,679)	(10,307)
	<b>749</b>	<b>1,121</b>	<b>749</b>	<b>1,121</b>
<b>Website</b>				
At Cost	66,735	-	66,735	-
Less Accumulated Depreciation	-	-	-	-
	<b>66,735</b>	<b>-</b>	<b>66,735</b>	<b>-</b>
<b>Computer Equipment</b>				
At Cost	92,717	68,587	92,717	68,587
Less Accumulated Depreciation	(69,236)	(61,554)	(69,236)	(61,554)
	<b>23,481</b>	<b>7,033</b>	<b>23,481</b>	<b>7,033</b>
<b>Presidential Chain/ Honour Board</b>				
At Cost	3,459	1,851	3,459	1,851
Less Accumulated Depreciation	-	-	-	-
	<b>3,459</b>	<b>1,851</b>	<b>3,459</b>	<b>1,851</b>
<b>Total Property, Plant and Equipment</b>	<b>108,144</b>	<b>27,689</b>	<b>108,144</b>	<b>26,098</b>

# NZ SOCIETY OF PHYSIOTHERAPISTS (CONSOLIDATED) NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31<sup>ST</sup> DECEMBER 2012

## 7. DEPRECIATION EXPENSE

	GROUP		PARENT	
	2012	2011	2012	2011
	\$	\$	\$	\$
Furniture and Fittings	3,631	4,445	3,278	3,917
Office Equipment	372	561	372	561
Computer Equipment	7,683	10,112	7,683	10,112
Website	-	198	-	198
<b>Total Depreciation</b>	<b>11,686</b>	<b>15,316</b>	<b>11,333</b>	<b>14,788</b>

## 8. INVESTMENTS

	GROUP		PARENT	
	2012	2011	2012	2011
	\$	\$	\$	\$
<b>Current</b>				
First NZ Capital Portfolio	146,610	100,000	21,088	-
Other	-	3,974	-	-
<b>TOTAL CURRENT INVESTMENTS</b>	<b>146,610</b>	<b>103,974</b>	<b>21,088</b>	<b>-</b>
<b>Non Current</b>				
First NZ Capital Portfolio	1,752,484	1,518,170	638,644	465,371
<b>TOTAL NON CURRENT INVESTMENTS</b>	<b>1,752,484</b>	<b>1,518,170</b>	<b>638,644</b>	<b>465,371</b>
<b>TOTAL INVESTMENTS</b>	<b>1,899,094</b>	<b>1,622,144</b>	<b>659,732</b>	<b>465,371</b>
<b>MARKET VALUE OF INVESTMENTS</b>	<b>2,195,536</b>	<b>1,934,990</b>	<b>745,124</b>	<b>704,816</b>

## 9. OPERATIONAL LEASE COMMITMENTS

### Database Licenses:

Due within one year	-	2,982	-	2,982
Due greater than one year.	-	-	-	-
	-	<b>2,982</b>	-	<b>2,982</b>

### Office Rental

Due within one year	48,352	48,352	48,352	48,352
Due greater than one year.	-	48,352	-	48,352
	<b>48,352</b>	<b>96,704</b>	<b>48,352</b>	<b>96,704</b>

# NZ SOCIETY OF PHYSIOTHERAPISTS (CONSOLIDATED) NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31<sup>ST</sup> DECEMBER 2012

## 10. CAPITAL COMMITMENTS

At balance date the web site is still being developed. A capital commitment of \$60,000 existed at balance date. (2011: nil)

## 12. RELATED PARTIES

In accordance with SSAP 22 para 5.1 (a) and para 5.1 (b), the following disclosures are made: During the period there have been material transactions between the Group and related parties as follows: The Trust holds investment funds belonging to NZSP Waikato BOP Branch of \$35,886. (2011: \$34,275)

## 13. OPERATING REVENUE

	GROUP		PARENT	
	2012	2011	2012	2011
	\$	\$	\$	\$
Conference Income	77,557	-	77,557	-
Newsletter Advertising	60,919	64,011	60,919	64,011
PPI Insurance Premiums	191,778	188,034	191,778	188,034
Subscriptions Received	1,193,098	1,139,267	1,193,098	1,139,267
Sundry	233,691	168,713	67,427	25,420
<b>Total Operating Revenue</b>	<b>1,757,043</b>	<b>1,560,025</b>	<b>1,590,779</b>	<b>1,416,732</b>

## 14. TRUST EQUITY

During the 2012 year the Canterbury Trust was consolidated with the Group for reporting purposes with equity of \$41,501 introduced.





**PHYSIOTHERAPY** NEW ZEALAND  
*Kōmiri Aotearoa*

MOVEMENT FOR LIFE